



# Congressional Statistics, 2022

*Old-Age (retirement), Survivors, and Disability Insurance (OASDI)*—popularly referred to as Social Security—provides monthly benefits to an eligible worker and family members when the worker elects to start receiving retirement benefits or when the worker dies or becomes disabled. A worker’s lifetime covered earnings largely determine the amount of benefits received.

**Table 1.**  
**Number of OASDI beneficiaries in current-payment status and total monthly benefits, December 2022**

Congressional district	Number of beneficiaries						Total monthly benefits (thousands of dollars)			Number of beneficiaries aged 65 or older
	Total	Retired workers	Disabled workers	Widow(er)s and parents	Spouses <sup>a</sup>	Children <sup>b</sup>	All beneficiaries	Retired workers	Widow(er)s and parents	
Iowa	677,020	516,300	73,109	36,905	14,768	35,938	1,161,578	949,491	63,561	544,423
1	174,430	133,691	18,370	9,523	3,993	8,853	299,075	245,428	16,472	140,951
2	169,614	128,518	19,134	9,044	3,802	9,116	289,005	235,259	15,479	134,861
3	161,093	122,070	18,606	8,230	3,027	9,160	285,173	232,706	14,417	127,707
4	171,883	132,021	16,999	10,108	3,946	8,809	288,325	236,099	17,194	140,904
All areas <sup>c</sup>	65,994,457	48,587,883	7,604,098	3,840,827	2,113,864	3,847,785	111,421,667	88,679,497	6,324,926	52,052,807

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; and U.S. Postal Service geographic data.

a. These beneficiaries receive payment on the record of a worker who is retired or disabled.

b. These beneficiaries receive payment on the record of a worker who is retired, deceased, or disabled.

c. Includes beneficiaries in the 50 States, District of Columbia, American Samoa, Guam, Northern Mariana Islands, Puerto Rico, U.S. Virgin Islands, and foreign countries.

**Supplemental Security Income (SSI)** is a federal cash assistance program that provides monthly payments to low-income aged, blind, or disabled persons in the 50 States, the District of Columbia, and the Northern Mariana Islands.

**Table 2.**  
**Number of recipients of federally administered SSI payments and total monthly payments, December 2022**

Congressional district	Number of recipients							Total monthly payments (thousands of dollars)				Number of recipients with OASDI <sup>a</sup>
	Total	By type			By age			Total	Aged	Blind	Disabled	
		Aged	Blind	Disabled	Under 18	18–64	65 or older					
Iowa	49,429	2,987	597	45,845	7,789	33,243	8,397	31,444	1,185	351	29,908	16,658
1	12,397	659	149	11,589	2,052	8,400	1,945	7,961	252	90	7,619	4,222
2	14,704	834	149	13,721	2,485	9,790	2,429	9,452	297	91	9,064	4,831
3	12,926	982	183	11,761	1,924	8,481	2,521	8,328	460	107	7,761	4,115
4	9,402	512	116	8,774	1,328	6,572	1,502	5,704	177	63	5,464	3,490
All areas <sup>b</sup>	7,542,222	1,138,100	64,393	6,339,729	997,109	4,195,789	2,349,324	4,910,154	569,774	43,223	4,297,157	2,530,634

SOURCES: Social Security Administration, Supplemental Security Record, 100 percent data; and U.S. Postal Service geographic data.

a. Includes persons who are receiving both SSI payments and Social Security benefits.

b. Includes recipients in the 50 States, District of Columbia, and Northern Mariana Islands.

For technical information about the data processing, e-mail [statistics@ssa.gov](mailto:statistics@ssa.gov).

**Social Security Administration**

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