



Social Security disability payments are modest.

Muscular Dystrophy

Disability payments represent the vast majority of the total income for many beneficiaries.

Social Security pays an average monthly disability benefit of only \$1,146, barely enough to keep a recipient above the current poverty guidelines of \$11,490 annually. These modest payments make a huge difference in the lives of people who can no longer work, allowing them to meet their basic needs and the needs of their families.



For more information, please visit:
www.socialsecurity.gov/disabilityfacts

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