Introduction
On September 1, 2003, a new Social Security agreement became effective, replacing the original U.S.-Norwegian agreement that has been in effect since July 1, 1984. The agreement improves Social Security protection for people who work or have worked in both countries. It helps many people who, without the agreement, would not be eligible for monthly retirement, disability or survivors benefits under the Social Security system of one or both countries. It also helps people who would otherwise have to pay Social Security taxes to both countries on the same earnings.

The agreement covers Social Security taxes (including the U.S. Medicare portion) and Social Security retirement, disability and survivors insurance benefits. It does not cover benefits under the U.S. Medicare program or the Supplemental Security Income program.

This booklet covers highlights of the agreement and explains how it may help you while you work and when you apply for benefits.

The agreement may help you, your family and your employer

- While you work—If your work is covered by both the U.S. and Norwegian Social Security systems, you (and your employer, if you are employed) would normally have to pay Social Security taxes to both countries for the same work. However, the agreement eliminates this double coverage so you pay taxes to only one system (see pages 2-5).
• **When you apply for benefits**—You may have some Social Security credits in both the U.S. and Norway but not have enough to be eligible for benefits in one country or the other. The agreement makes it easier to qualify for benefits by letting you add together your Social Security credits in both countries. For more details, see the section on “Monthly benefits” beginning on page 5.

### Coverage and Social Security taxes

Before the agreement, employees, employers and self-employed people could, under certain circumstances, be required to pay Social Security taxes to both the United States and Norway for the same work.

Under the agreement, if you work as an employee in the United States, you normally will be covered by the United States, and you and your employer will pay Social Security taxes only to the United States. If you work as an employee in Norway, you normally will be covered by Norway, and you and your employer pay Social Security taxes only to Norway.

On the other hand, if your employer sends you from one country to work for that employer or an affiliate in the other country for five years or less, you will continue to be covered by your home country and you will be exempt from coverage in the other country. For example, if a U.S. company sends an employee to work for that employer or an affiliate in Norway for no more than five years, the employer and the employee will continue to pay only U.S. Social Security taxes and will not have to pay in Norway.

If you are self-employed and reside in the United States or Norway, you generally will be covered and taxed only by the country where you reside.

Special coverage rules apply to people working on the Norwegian Continental Shelf (oil exploration activities, for example). Write to either address on pages 4 and 4 for specific information.

**NOTE:** In addition to retirement, disability and survivors benefits, Norwegian Social Security taxes cover several other programs including unemployment and work accident insurance and certain benefits for unwed mothers. As a result, workers exempted from Norwegian Social Security coverage by the agreement pay no Social Security taxes for these programs and generally cannot receive benefits from them. If the agreement exempts you from Norwegian coverage, you and your employer may wish to arrange for alternative benefit protection.

### Summary of agreement rules

The following table shows whether your work is covered under the U.S. or Norwegian Social Security system. If you are covered under U.S. Social Security, you and your employer (if you are an employee) must pay U.S. Social Security taxes. If you are covered under the Norwegian system, you and your employer (if you are an employee) must pay Norwegian Social Security taxes. The next section explains how to get a form from the country where you are covered that will prove you are exempt in the other country.
### Your work status

<table>
<thead>
<tr>
<th>Coverage and taxes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>You are working in Norway:</strong></td>
</tr>
<tr>
<td><strong>For a U.S. employer who:</strong></td>
</tr>
<tr>
<td>• Sent you to work in Norway for five years or less</td>
</tr>
<tr>
<td>• Sent you to work in Norway for more than five years</td>
</tr>
<tr>
<td>• Hired you in Norway</td>
</tr>
<tr>
<td><strong>For a non-U.S. employer</strong></td>
</tr>
<tr>
<td><strong>For the U.S. government and you are a:</strong></td>
</tr>
<tr>
<td>• U.S. national</td>
</tr>
<tr>
<td>• Norwegian national</td>
</tr>
<tr>
<td><strong>You are working in the U.S.:</strong></td>
</tr>
<tr>
<td><strong>For an employer in Norway who:</strong></td>
</tr>
<tr>
<td>• Sent you to work in the U.S. for five years or less</td>
</tr>
<tr>
<td>• Sent you to work in the U.S. for more than five years</td>
</tr>
<tr>
<td>• Hired you in the U.S.</td>
</tr>
<tr>
<td><strong>For a non-Norwegian employer</strong></td>
</tr>
<tr>
<td><strong>For the Norwegian government and you are a:</strong></td>
</tr>
<tr>
<td>• Norwegian national</td>
</tr>
<tr>
<td>• U.S. national</td>
</tr>
<tr>
<td><strong>You are self-employed and you:</strong></td>
</tr>
<tr>
<td>• Reside in the U.S.</td>
</tr>
<tr>
<td>• Reside in Norway</td>
</tr>
<tr>
<td><strong>If this table does not seem to describe your situation and you are:</strong></td>
</tr>
<tr>
<td>• Working in the U.S.</td>
</tr>
<tr>
<td>• Working in Norway</td>
</tr>
</tbody>
</table>

**NOTE:** As the table indicates, a U.S. worker employed in Norway can be covered by U.S. Social Security only if he or she works for a U.S. employer. A U.S. employer includes a corporation organized under the laws of the United States or any state, a partnership if at least two-thirds of the partners are U.S. residents, a person who is a resident of the U.S. or a trust if all the trustees are U.S. residents. The term also includes a foreign affiliate of a employer if the U.S. employer has entered into an agreement with the Internal Revenue Service (IRS) under section 3121(l) of the Internal Revenue Code to pay Social Security taxes for U.S. citizens and residents employed by the affiliate.
Certificate of Coverage

A certificate of coverage issued by one country serves as proof of exemption from Social Security taxes on the same earnings in the other country.

Certificates for employees

To establish an exemption from compulsory coverage and taxes under the Norwegian system, your employer must request a certificate of coverage (form USA/N 101) from the U.S. at this address:

Social Security Administration
Office of International Programs
P.O. Box 17741
Baltimore, MD 21235-7741
USA

If preferred, the request may be sent by FAX to (410) 966-1861. Please note this FAX number should only be used to request certificates of coverage.

No special form is required to request a certificate but the request must be in writing and provide the following information:

• Full name of worker;
• Date and place of birth;
• Citizenship;
• Country of worker’s permanent residence;
• Worker’s address in Norway, if known;
• U.S. and/or Norwegian Social Security number;
• Name, relationship and date of birth of family members accompanying the worker;
• Date of hire;
• Country of hire;
• Name and address of the employer in the U.S. and Norway; and
• Date of transfer and anticipated date of return.

In addition, your employer must indicate if you remain an employee of the U.S. company while working in Norway or if you become an employee of the U.S. company’s affiliate in Norway. If you become an employee of an affiliate, your employer must indicate if the U.S. company has an agreement with the IRS under section 3121(l) of the Internal Revenue Code to pay U.S. Social Security taxes for U.S. citizens and residents employed by the affiliate and, if yes, the effective date of the agreement.

Your employer can also request a certificate of U.S. coverage for you over the Internet using a special online request form available at www.socialsecurity.gov/coc. Only an employer can use the online form to request a certificate of coverage. A self-employed person must submit a request by mail or fax.

To establish your exemption from coverage under the U.S. Social Security system, your employer in Norway must request a certificate of coverage (form N/USA 2) from Norway at this address:

National Insurance Administration
International Affairs Division
N-0241 Oslo
NORWAY

The same information required for a certificate of coverage from the United States is needed to get a certificate from Norway except that you must show your Norwegian social insurance number rather than your U.S. Social Security number.

Certificates for self-employed people

If you are self-employed and would normally have to pay Social Security taxes to both the U.S. and Norwegian systems, you can establish your exemption from one of the taxes.

• If you reside in the United States, write to the Social Security Administration at the address on page 4; or
• If you reside in Norway, write to the National Insurance Administration at the address on page 4.
Be sure to provide the following information in your letter:

- Full name;
- Date and place of birth;
- Citizenship;
- Country of permanent residence;
- U.S. and/or Norwegian Social Security number;
- Name, relationship and date of birth of family members accompanying you;
- Address in Norway, if known;
- Nature of self-employment activity;
- Dates the activity was or will be performed; and
- Name and address of your trade or business in both countries.

**Effective date of coverage exemption**

The certificate of coverage you receive from one country will show the effective date of your exemption from paying Social Security taxes in the other country. Generally, this will be the date you began working in the other country.

Certificates of coverage issued by Norway should be retained by the employer in the United States in case of an audit by the IRS. No copies should be sent to IRS unless specifically requested by IRS. However, a self-employed person must attach a **photocopy** of the certificate to his or her income tax return each year as proof of the U.S. exemption.

Copies of certificates of coverage issued by the United States will be provided for both the employee and the employer. It will be their responsibility to present the certificate to the Norwegian authorities when requested to do so. To avoid any difficulties, your employer (or you, if you are self-employed) should request a certificate as early as possible, preferably before your work in the other country begins.

If you or your employer request a certificate of coverage, you should read the Privacy Act and Paperwork Reduction Act statements at the end of this booklet.

**Monthly benefits**

The following table shows the various types of Social Security benefits payable under the U.S. and Norwegian Social Security systems and briefly describes the eligibility requirements that normally apply for each type of benefit. If you do not meet the normal requirements for these benefits, the agreement may help you to qualify (see page 9).

We should point out that Norway pays benefits through a two-tier program: the first tier pays a basic pension based on residence; and the second tier pays an earnings-related supplementary pension. If you have not lived or worked in Norway long enough to qualify for benefits under one or both of these programs, U.S. Social Security credits may help you become entitled.

This table is only a general guide. You can get more specific information about U.S. benefits at any U.S. Social Security office or by calling our toll-free number at **1-800-772-1213** or by visiting Social Security’s website at [www.socialsecurity.gov](http://www.socialsecurity.gov). You can get more detailed information about the Norwegian system by writing to the Norwegian address on the inside cover of this publication or by visiting the Norwegian Social Security system website at [http://ffu.trygdeetaten.no/](http://ffu.trygdeetaten.no/).

Under U.S. Social Security, you may earn up to four credits each year depending on the amount of your covered earnings. The amount needed to earn a work credit goes up slightly each year. For more information, see *How You Earn Credits* (SSA Publication No. 05-10072).

Under the Norwegian system, credits are measured in years known as “pension point years.” To simplify the information in the table, U.S. requirements are also shown in years of credits.
### Retirement or old-age benefits

<table>
<thead>
<tr>
<th>United States</th>
<th>Norway</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Worker</strong>—Full benefit at full retirement age.*</td>
<td><strong>Worker</strong>—</td>
</tr>
<tr>
<td>Reduced benefit as early as age 62. Required</td>
<td><strong>Basic</strong>: Age 67 with at least three years of residence in Norway.</td>
</tr>
<tr>
<td>work credits range from one and one-half to 10</td>
<td><strong>Supplementary</strong>: Age 67 with at least three years of coverage after 1966.</td>
</tr>
<tr>
<td>years (10 years if age 62 in 1991 or later).</td>
<td></td>
</tr>
</tbody>
</table>

### Disability benefits

<table>
<thead>
<tr>
<th>United States</th>
<th>Norway</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Worker</strong>—Under full retirement age*</td>
<td><strong>Worker</strong>—</td>
</tr>
<tr>
<td>can get benefit if unable to do any</td>
<td><strong>Basic</strong>: Age 18 to 67 with three years of credits (i.e., residence)</td>
</tr>
<tr>
<td>substantial gainful work for at least a year.</td>
<td>immediately preceding onset of disability. Must have at least 50 percent loss of work capacity. Benefit not payable outside Norway unless also entitled to supplementary pension or residence in Norway for 20 years after age 18.</td>
</tr>
<tr>
<td>One and one-half to 10 years credit needed,</td>
<td><strong>Supplementary</strong>: Same as basic except three years of earnings above a base amount after 1966 is needed and the benefit is payable outside of Norway.</td>
</tr>
<tr>
<td>depending on age at date of onset. Some recent</td>
<td></td>
</tr>
<tr>
<td>work credits also needed unless worker is blind.</td>
<td></td>
</tr>
</tbody>
</table>

### Family benefits to dependents of retired or disabled people

<table>
<thead>
<tr>
<th>United States</th>
<th>Norway</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Spouse</strong>—Full benefit at full retirement age*</td>
<td><strong>Spouse</strong>—</td>
</tr>
<tr>
<td>or at any age if caring for the worker’s entitled</td>
<td>**Supplement paid to worker if supporting a</td>
</tr>
<tr>
<td>child under age 16 (or disabled before age 22).</td>
<td>spouse who does not receive own pension.</td>
</tr>
<tr>
<td>Reduced benefit as early as age 62 if not</td>
<td></td>
</tr>
<tr>
<td>caring for a child.</td>
<td></td>
</tr>
<tr>
<td><strong>Divorced spouse</strong>—Full benefit at full</td>
<td><strong>Divorced spouse</strong>—Payable under certain conditions.</td>
</tr>
<tr>
<td>retirement age.* Reduced benefit as early as age</td>
<td></td>
</tr>
<tr>
<td>62. Must be unmarried and have been married to</td>
<td></td>
</tr>
<tr>
<td>worker for at least 10 years.</td>
<td></td>
</tr>
<tr>
<td><strong>Children</strong>—If unmarried, up to age 18 (age 19</td>
<td><strong>Children</strong>—Supplement paid to worker if child is</td>
</tr>
<tr>
<td>if in an elementary or secondary school full time)</td>
<td>under age 18.</td>
</tr>
<tr>
<td>or any age if disabled before age 22.</td>
<td></td>
</tr>
</tbody>
</table>

*Full retirement age for people born in 1938 is age 65 and 2 months. The full retirement age increases gradually until it reaches age 67 for people born in 1960 or later.*
## Survivors benefits

<table>
<thead>
<tr>
<th>United States</th>
<th>Norway</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Widow(er)</strong>—Full benefit at full retirement age* or at any age if caring for the deceased’s entitled child under age 16 (or disabled before age 22). Reduced benefit as early as age 60 (or age 50 if disabled) if not caring for child. Benefits may be continued if remarriage occurs after age 60 (or age 50 if disabled).</td>
<td><strong>Widow(er)</strong>—Under age 67 and marriage lasted at least five years or a child was born of the marriage or surviving spouse is caring for deceased’s children. Deceased worker or surviving spouse must have had at least three years of coverage and the ability to work for at least three years immediately prior to death or been receiving a pension for at least three years prior to death. Benefit not payable outside Norway unless the deceased was also entitled to supplementary pension or the deceased or the widow(er) resided in Norway for 20 years.</td>
</tr>
<tr>
<td><strong>Divorced widow(er)</strong>—Same as widow(er) if marriage lasted at least 10 years.</td>
<td><strong>Divorced widow(er)</strong>—Under age 67 and not remarried and death occurred within five years of the divorce. Marriage lasted at least 25 years or 15 years if there were children of the marriage. Benefit not payable outside Norway unless also entitled to supplementary pension or the deceased or the divorced widow(er) resided in Norway for 20 years.</td>
</tr>
<tr>
<td><strong>Children</strong>—Same as for children of retired or disabled worker.</td>
<td><strong>Children</strong>—Under age 18 (or age 20 if a student or both parents deceased).</td>
</tr>
<tr>
<td><strong>Lump-sum death benefit</strong>—A one-time payment not to exceed $255 payable on the death of an insured worker.</td>
<td><strong>Lump-sum death benefit</strong>—Funeral grant payable.</td>
</tr>
</tbody>
</table>

*Full retirement age for people born in 1938 is age 65 and 2 months. The full retirement age increases gradually until it reaches age 67 for people born in 1960 or later.*

### How benefits can be paid

If you have Social Security credits in both the United States and Norway, you may be eligible for benefits from one or both countries. If you meet all the basic requirements under one country’s system, you will get a regular benefit from that country. If you do not meet the basic requirements, the agreement may help you qualify for a benefit as explained on the next page.

- **Benefits from the U.S.**—If you do not have enough work credits under the U.S. system to qualify for regular benefits, you may be able to qualify for a partial benefit from the United States based on both U.S. and Norwegian credits. However, to be eligible to have your Norwegian credits counted, you must have earned at least six credits (generally one and one-half years of work) under the U.S. system. If you already have enough credits under the U.S. system to qualify for a benefit, the United States cannot count your Norwegian credits.
- **Benefits from Norway**—Norway provides retirement, disability and survivors benefits through two separate programs.
  1. A “basic” pension program pays flat-rate benefits to Norwegian residents in proportion to the number of years they have resided in Norway. The benefit amount is unrelated to past earnings. In determining eligibility for a basic pension, any year with earnings credited under the supplementary system is automatically credited as a year of residence, even if a person did not actually reside in Norway.
If you have resided in Norway for at least one year, but not long enough to meet the applicable coverage requirement for a basic pension, your U.S. and Norwegian coverage can be combined to meet the three-year minimum coverage requirement for retirement benefits, or to meet the recent coverage requirements that apply to disability and survivors benefits. In addition, Norway will pay basic disability and survivors benefits, which were formerly payable only to residents of Norway, if you reside in the United States.

2. A “supplementary” pension program for workers pays benefits based on how long you worked in Norway and the amount you earned.

If you have at least one year of coverage under Norway’s supplementary pension system, but not enough to meet the three-year minimum requirement for a retirement, disability, or survivors pension, your U.S. credits can be added to your supplementary credits to meet this requirement. In addition, U.S. credits can be used to meet the recent coverage requirement for the surviving spouse’s pension.

How credits get counted
You do not have to do anything to have your credits in one country counted by the other country. If we need to count your credits under the Norwegian system to help you qualify for a U.S. benefit, we will get a copy of your Norwegian record directly from Norway when you apply for benefits. If Norwegian officials need to count your U.S. credits to help you qualify for a Norwegian benefit, they will get a copy of your U.S. record directly from the Social Security Administration when you apply for the Norwegian benefit.

Although each country may count your credits in the other country, your credits are not actually transferred from one country to the other. They remain on your record in the country where you earned them and can also be used to qualify for benefits there.

Computation of U.S. benefit under the agreement
When a U.S. benefit becomes payable as a result of counting both U.S. and Norwegian Social Security credits, an initial benefit is determined based on your U.S. earnings as if your entire career had been completed under the U.S. system. This initial benefit is then reduced to reflect the fact that Norwegian credits helped to make the benefit payable. The amount of the reduction will depend on the number of U.S. credits: the more U.S. credits, the smaller the reduction; and the fewer U.S. credits, the larger the reduction.

A Norwegian “supplementary” pension may affect your U.S. benefit
If you qualify for Social Security benefits from the United States based only on U.S. credits and a “supplementary” pension from Norway, the amount of your U.S. benefit may be reduced. This is a result of a provision in U.S. law that can affect the way your benefit is figured if you also receive a pension based on work that was not covered by U.S. Social Security. Receipt of a Norwegian “basic” pension, which is based on residence in Norway, will not affect the way your U.S. benefit is figured. For more information, call our toll-free number, 1-800-772-1213, or visit our website, www.socialsecurity.gov, and get a copy of Windfall Elimination Provision (Publication No. 05-10045). If you are outside the United States, you may write to us at the address on the inside cover of this publication.

What you need to know about Medicare
Medicare is the U.S. national health insurance program for people age 65 or older or who are disabled. Medicare has four parts:

• Hospital insurance (Part A) helps pay for inpatient hospital care and certain follow-up services.
• Medical insurance (Part B) helps pay for doctors’ services, outpatient hospital care and other medical services.
• Medicare Advantage plans (Part C) are available in many areas. People with Medicare Parts A and B can choose to receive all of their health care services through a provider organization under Part C.

• Prescription drug coverage (Part D) helps pay for medications doctors prescribe for medical treatment.

You are eligible for free hospital insurance at age 65 if you have worked long enough under U.S. Social Security to qualify for a retirement benefit. People born in 1929 or later need 40 credits (about 10 years of covered work) to qualify for retirement benefits.

Although the agreement between the United States and Norway allows the Social Security Administration to count your Norwegian credits to help you qualify for U.S. retirement, disability or survivors benefits, the agreement does not cover Medicare benefits. As a result, we cannot count your credits in Norway to establish entitlement to free Medicare hospital insurance.

For more information about Medicare, call our toll-free number, 1-800-772-1213, and ask for the publication, Medicare (Publication No. 05-10043) or visit Medicare’s website at www.medicare.gov.

Claims for benefits

If you live in the United States and wish to apply for U.S. or Norwegian benefits:

• Visit or write any U.S. Social Security office; or

• Phone our toll-free number, 1-800-772-1213, 7 a.m. to 7 p.m. any business day. People who are deaf or hard of hearing may call our toll-free TTY number, 1-800-325-0778.

You can apply for Norwegian benefits at any U.S. Social Security office by completing an application form SSA-2490.

If you live in Norway and wish to apply for U.S. or Norwegian benefits, contact:

• The Federal Benefits Unit at the U.S. Embassy in Oslo (phone 2-2448-550) to file for U.S. benefits; or

• Any Norwegian Social Security office to file for Norwegian benefits.

You can apply with one country and ask to have your application considered as a claim for benefits from the other country. Information from your application will then be sent to the other country. Each country will process the claim under its own laws—counting credits from the other country when appropriate—and notify you of its decision.

If you have not applied for benefits before, you may need to provide certain information and documents when you apply. These include the worker’s U.S. and Norwegian Social Security numbers, proof of age for all claimants, evidence of the worker’s U.S. earnings in the past 24 months and information about the worker’s coverage under the Norwegian system. You may wish to call the Social Security office before you go there to see if any other information is needed.

Payment of benefits

Each country pays its own benefit. U.S. payments are made by the U.S. Department of Treasury each month and cover benefits for the preceding month. Payments under the Norwegian system are made monthly, in advance, through the Norwegian Postal System.

Absence from U.S. territory

Normally, people who are not U.S. citizens may receive U.S. Social Security benefits while outside the U.S. only if they meet certain requirements. Under the agreement, however, you may receive benefits as long as you reside in Norway regardless of your nationality. If you are not a U.S. or Norwegian citizen and live in another country, you may not be able to receive benefits. The restrictions on U.S. benefits are explained in the publication, Your Payments While You Are Outside The United States (Publication No. 05-10137).
Appeals
If you disagree with the decision made on your claim for benefits under the agreement, contact any U.S. or Norwegian Social Security office. The people there can tell you what you need to do to appeal the decision.

The Norwegian Social Security authorities will review your appeal if it affects your rights under the Norwegian system, while U.S. Social Security authorities will review your appeal if it affects your rights under the U.S. system. Since each country’s decisions are made independently of the other, a decision by one country on a particular issue may not always conform with the decision made by the other country on the same issue.

Authority to collect information for a certificate of coverage (see pages 4-5)

Privacy Act
The Privacy Act requires us to notify you that we are authorized to collect this information by section 233 of the Social Security Act. While it is not mandatory for you to furnish the information to the Social Security Administration, a certificate of coverage cannot be issued unless a request has been received. The information is needed to enable Social Security to determine if work should be covered only under the U.S. Social Security system in accordance with an international agreement. Without the certificate, work may be subject to taxation under both the U.S. and the foreign Social Security systems.

Paperwork Reduction Act Notice
This information collection meets the clearance requirements of 44 U.S.C. section 3507, as amended by section 2 of the Paperwork Reduction Act of 1995. You are not required to answer these questions unless we display a valid Office of Management and Budget control number. We estimate that it will take you about 30 minutes to read the instructions, gather the necessary facts, and write down the information to request a certificate of coverage.

Contacting Social Security

Visit our website
The most convenient way to conduct Social Security business from anywhere at any time, is to visit www.socialsecurity.gov. There, you can:

• Apply for retirement, disability, and Medicare benefits;
• Find copies of our publications;
• Get answers to frequently asked questions; and
• So much more!

Call us
If you don’t have access to the internet, we offer many automated services by telephone, 24 hours a day, 7 days a week. If you’re in the United States, call us toll-free at 1-800-772-1213 or at our TTY number, 1-800-325-0778, if you’re deaf or hard of hearing.

If you need to speak to a person, we can answer your calls from 7 a.m. to 7 p.m., Monday through Friday. We ask for your patience during busy periods since you may experience a higher than usual rate of busy signals and longer hold times to speak to us. We look forward to serving you.
For more information

To file a claim for U.S. or Norwegian benefits under the agreement, follow the instructions on pages 9.

To find out more about U.S. Social Security benefits or for information about a claim for benefits, contact any U.S. Social Security office or call our toll-free number at 1-800-772-1213. If you live outside the United States, write to:

Social Security Administration
OIO—Totalization
P.O. Box 17049
Baltimore, MD 21235-7049
USA

For more information about Norway’s Social Security programs, visit any Social Security office in Norway. If you do not live in Norway, write to:

National Insurance Administration
International Affairs Division N-0241 Oslo
NORWAY

If you do not wish to file a claim for benefits but would like more information about the agreement, write to:

Social Security Administration
Office of International Programs
P.O. Box 17741
Baltimore, MD 21235-7741
USA

For additional information visit our website:
www.socialsecurity.gov/international