The Leading National Telepsychiatry Service Provider

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www.InSightTelepsychiatry.com
• InSight Telepsychiatry is the telemedicine arm of the CFG Health Network
• Headquartered in New Jersey
• 17+ years of telepsychiatry experience
• Provides services in 25 states in nearly all settings
• Employs over 220 psychiatric prescribers
• Mission: Transform access to behavioral health care through innovative applications of technology
Benefits of Telepsychiatry

Increased Access to Providers

• “96% of counties in the US has unmet need for prescribers.”¹

• Access psychiatrists and other specialists who may not be local

Settings for InSight’s Telebehavioral Health Programs

- Outpatient Clinics
- In-home
- Primary Care Offices
- Emergency Departments
- Hospital Medical Floors
- Inpatient Units
- Urgent Care Centers
- Mobile Health Clinics
- CMHCs
- FQHCs
- ACT Programs
- Residential Programs
- Schools
- Corrections
- Skilled Nursing
Our Providers

- **225+ InSight Providers**
  - Employed Psych NPs and Psychiatrists
- **200+ Inpathy Providers**
  - Independent and Contract Psychiatrists, NPs, Psychologists, Counselors & Therapists
- **Rapidly Growing Team**
InSight’s Providers

Employed by InSight

Designated Team of Licensed Providers who are Credentialed and Privileged with Your Organization and Join Your Medical Staff

Serve under the direction of an InSight Associate Medical Director

Recruited from a National Pool of Providers

Trained In Best Practices for Telepsychiatry

Participate in Regular Engagement and Education Programs
## InSight Divisions

### On-Demand Services

Available 24/7/365 as needed

Serve EDs, crisis center, mobile crisis unit, corrections, etc.

Assessment, consultation, follow-up

### Available at convenient times including nights and weekends

Direct-to-consumer model that can be accessed from home or another private space

Therapy, counseling, medication management

### Scheduled Services

Available in scheduled blocks of time

Serve outpatient, CMHCs, ACT programs, schools, etc.

Assessment, medication management, treatment team meetings, consultation, supervision
Consult Vs. Treatment Models

- Both categories are applications of telemedicine
- **Consult Models**: remote providers give second opinion
- **Treatment Models**: remote provider takes ownership of a consumer
On-Demand Services

Rapid, on-demand access to a psychiatric professional

Psychiatric Assessments
Admission and Commitment Decisions
Consults and Orders
Rounding
Referrals
Scheduled Services

Remote providers can be used to complete most tasks that an onsite provider would:

- Initial Assessments
- Treatment Team Meetings
- Medication Management
- Consults and Orders
In-Home Care Model

- Referral option
- HIPAA-compliant
- Convenient, private and secure sessions
- Night and weekend appointments from home
- Growing number of payers covering in-home care
- Platform for connecting to InSight’s provider network
Factors that Impact our Ability to Provide Services
Reimbursement

• Medicare restrictions based on location
  – Use: Medicare Telehealth Payment Eligibility Analyzer
• 35 states have laws that govern private payer coverage
• 48 states and DC provide Medicaid FFS reimbursement
Licensure

- Still need a license in the state where the consumer is physically located
- Interstate Medical Licensure Compact
- APRN Compact
- Federal government/VA/military are positive examples of interstate practice
Credentialing

- Lots of bureaucracy to be credentialed at multiple sites
- Same process over and over again for providers
- Outdated bylaws and medical affairs processes
  - PPD, proximity, etc.
- Low utilization of proxy credentialing
  - JCAHO regulation and CMS Regulation fears
Scope of Practice

- Online prescribing
- Location restrictions
- Level of provider restrictions
- Informed consent
- Documentation and information sharing
What’s next?

• Care across the continuum
• Integration with devices and remote patient monitoring
• Better leverage engagement and education tools
• Robust clinical outcomes tracking and benchmarking