With You Through Life’s Journey...

Your connection with Social Security starts at birth when you get your first Social Security card. That number remains your continuous link with us and helps us keep track of your work history to ensure you receive the benefits you deserve.

From your first job to your last, your employers have verified your Social Security number with us to help reduce fraud and improve the accuracy of your earnings records.

If you legally change your name due to marriage, divorce, or any other reason, let us know so you can get an updated Social Security card — and so we can accurately keep track of your earnings. Open a my Social Security account to verify your personal earnings and watch your future benefits grow over time.

If the unexpected happens, we are there with disability benefits for you and your dependents.

If you lose your soul mate, we are there with benefits to help you get through the difficult time.

We help you plan for retirement with tools like my Social Security and our online retirement application.

Securing today and tomorrow

Retired workers and their dependents accounted for 75.2% of total benefits paid in 2020.

Just over 1-in-4 of today’s 20-year-olds will become disabled before reaching age 67.

The two Social Security Trust Funds — Old-Age and Survivors Insurance (OASI) and Disability Insurance (DI) — will be able to pay all benefits in full and on time until 2034. Even if legislative changes are not made before 2034, we’ll still be able to pay 78 percent of each benefit due. Social Security will continue to help secure today and tomorrow for you and generations to come.