



# Iowa Congressional Statistics, 2024

**Old-Age (retirement), Survivors, and Disability Insurance (OASDI)**—popularly referred to as Social Security—provides monthly benefits to an eligible worker and family members when the worker elects to start receiving retirement benefits or when the worker dies or becomes disabled. A worker’s lifetime covered earnings largely determine the amount of benefits received.

**Table 1.**  
**Number of OASDI beneficiaries in current-payment status and total monthly benefits, December 2024**

Congressional district	Number of beneficiaries						Total monthly benefits (thousands of dollars)			Number of beneficiaries aged 65 or older
	Total	Retired workers	Disabled workers	Widow(er)s and parents	Spouses <sup>a</sup>	Children <sup>b</sup>	All beneficiaries	Retired workers	Widow(er)s and parents	
Iowa	701,239	547,590	71,406	34,761	11,805	35,677	1,308,091	1,090,836	64,555	572,259
1	177,341	138,680	18,091	8,528	3,004	9,038	332,521	277,666	15,981	144,004
2	187,890	147,364	18,584	9,399	3,294	9,249	349,680	292,538	17,522	154,281
3	157,328	121,917	17,013	7,479	2,505	8,414	299,305	248,927	13,943	126,935
4	178,680	139,629	17,718	9,355	3,002	8,976	326,585	271,705	17,109	147,039
All areas <sup>c</sup>	68,455,973	51,772,651	7,231,147	3,734,707	1,947,761	3,769,707	125,577,970	102,268,471	6,617,163	55,120,239

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; and U.S. Postal Service geographic data.

a. These beneficiaries receive payment on the record of a worker who is retired or disabled.

b. These beneficiaries receive payment on the record of a worker who is retired, deceased, or disabled.

c. Includes beneficiaries in the 50 States, District of Columbia, American Samoa, Guam, Northern Mariana Islands, Puerto Rico, U.S. Virgin Islands, and foreign countries.

**Supplemental Security Income (SSI)** is a federal cash assistance program that provides monthly payments to low-income aged, blind, or disabled persons in the 50 States, the District of Columbia, and the Northern Mariana Islands.

**Table 2.**  
**Number of recipients of federally administered SSI payments and total monthly payments, December 2024**

Congressional district	Number of recipients							Total monthly payments (thousands of dollars)				Number of recipients with OASDI <sup>a</sup>
	Total	By type			By age			Total	Aged	Blind	Disabled	
		Aged	Blind	Disabled	Under 18	18–64	65 or older					
Iowa	49,049	3,065	556	45,428	7,902	32,084	9,063	35,694	1,427	373	33,894	16,662
1	13,475	798	127	12,550	2,336	8,763	2,376	9,840	336	91	9,414	4,450
2	12,703	659	144	11,900	2,196	8,362	2,145	9,212	290	99	8,824	4,419
3	12,405	1,056	159	11,190	1,904	7,720	2,781	9,126	563	99	8,464	4,062
4	10,466	552	126	9,788	1,466	7,239	1,761	7,515	239	84	7,192	3,731
All areas <sup>b</sup>	7,423,856	1,190,660	63,747	6,169,449	1,002,887	3,951,866	2,469,103	5,528,062	677,097	48,833	4,802,132	2,532,902

SOURCES: Social Security Administration, Supplemental Security Record, 100 percent data; and U.S. Postal Service geographic data.

- a. Includes persons who are receiving both SSI payments and Social Security benefits.  
b. Includes recipients in the 50 States, District of Columbia, and Northern Mariana Islands.

**Social Security Administration**

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