



# New Hampshire Congressional Statistics, 2024

**Old-Age (retirement), Survivors, and Disability Insurance (OASDI)**—popularly referred to as Social Security—provides monthly benefits to an eligible worker and family members when the worker elects to start receiving retirement benefits or when the worker dies or becomes disabled. A worker’s lifetime covered earnings largely determine the amount of benefits received.

**Table 1.**  
**Number of OASDI beneficiaries in current-payment status and total monthly benefits, December 2024**

Congressional district	Number of beneficiaries						Total monthly benefits (thousands of dollars)			Number of beneficiaries aged 65 or older
	Total	Retired workers	Disabled workers	Widow(er)s and parents	Spouses <sup>a</sup>	Children <sup>b</sup>	All beneficiaries	Retired workers	Widow(er)s and parents	
New Hampshire	343,052	265,404	40,419	13,774	5,469	17,986	695,363	579,595	27,268	277,146
1	167,194	129,526	19,789	6,678	2,641	8,560	340,195	283,607	13,243	135,166
2	175,858	135,878	20,630	7,096	2,828	9,426	355,168	295,988	14,025	141,980
All areas <sup>c</sup>	68,455,973	51,772,651	7,231,147	3,734,707	1,947,761	3,769,707	125,577,970	102,268,471	6,617,163	55,120,239

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; and U.S. Postal Service geographic data.

a. These beneficiaries receive payment on the record of a worker who is retired or disabled.

b. These beneficiaries receive payment on the record of a worker who is retired, deceased, or disabled.

c. Includes beneficiaries in the 50 States, District of Columbia, American Samoa, Guam, Northern Mariana Islands, Puerto Rico, U.S. Virgin Islands, and foreign countries.

**Supplemental Security Income (SSI)** is a federal cash assistance program that provides monthly payments to low-income aged, blind, or disabled persons in the 50 States, the District of Columbia, and the Northern Mariana Islands.

**Table 2.**  
**Number of recipients of federally administered SSI payments and total monthly payments, December 2024**

Congressional district	Number of recipients							Total monthly payments (thousands of dollars)				Number of recipients with OASDI <sup>a</sup>
	Total	By type			By age			Total	Aged	Blind	Disabled	
		Aged	Blind	Disabled	Under 18	18–64	65 or older					
New Hampshire	15,755	871	105	14,779	1,646	11,478	2,631	11,009	421	61	10,527	5,287
1	8,093	469	56	7,568	859	5,845	1,389	5,733	226	33	5,475	2,694
2	7,662	402	49	7,211	787	5,633	1,242	5,275	195	28	5,053	2,593
All areas <sup>b</sup>	7,423,856	1,190,660	63,747	6,169,449	1,002,887	3,951,866	2,469,103	5,528,062	677,097	48,833	4,802,132	2,532,902

SOURCES: Social Security Administration, Supplemental Security Record, 100 percent data; and U.S. Postal Service geographic data.

- a. Includes persons who are receiving both SSI payments and Social Security benefits.  
b. Includes recipients in the 50 States, District of Columbia, and Northern Mariana Islands.

**Social Security Administration**

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