



Virginia Congressional Statistics, 2024

Old-Age (retirement), Survivors, and Disability Insurance (OASDI)—popularly referred to as Social Security—provides monthly benefits to an eligible worker and family members when the worker elects to start receiving retirement benefits or when the worker dies or becomes disabled. A worker’s lifetime covered earnings largely determine the amount of benefits received.

Table 1.
Number of OASDI beneficiaries in current-payment status and total monthly benefits, December 2024

Congressional district	Number of beneficiaries						Total monthly benefits (thousands of dollars)			Number of beneficiaries aged 65 or older
	Total	Retired workers	Disabled workers	Widow(er)s and parents	Spouses ^a	Children ^b	All beneficiaries	Retired workers	Widow(er)s and parents	
Virginia	1,685,819	1,290,319	180,371	86,748	39,336	89,045	3,236,490	2,663,159	158,911	1,362,376
1	183,709	150,706	12,843	8,764	4,063	7,333	386,751	334,307	17,838	157,673
2	158,254	122,702	15,430	8,378	3,473	8,271	301,979	249,463	15,611	128,532
3	142,345	101,829	20,360	8,292	2,417	9,447	240,873	186,693	13,921	107,640
4	156,277	115,405	20,956	7,736	2,263	9,917	284,114	226,741	13,837	120,424
5	202,433	155,304	22,629	10,254	3,817	10,429	377,636	311,011	18,079	162,658
6	190,707	145,767	22,075	9,728	3,549	9,588	353,329	288,852	17,521	152,835
7	127,838	97,980	12,587	6,404	3,211	7,656	246,794	201,721	11,990	102,471
8	92,410	76,457	5,422	3,962	2,999	3,570	201,399	177,259	7,824	81,281
9	226,551	154,350	37,907	14,134	5,896	14,264	393,699	293,500	23,481	168,136
10	99,320	81,265	5,581	4,696	3,330	4,448	213,716	184,610	9,736	86,020
11	105,975	88,554	4,581	4,400	4,318	4,122	236,201	209,000	9,071	94,706
All areas ^c	68,455,973	51,772,651	7,231,147	3,734,707	1,947,761	3,769,707	125,577,970	102,268,471	6,617,163	55,120,239

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; and U.S. Postal Service geographic data.

a. These beneficiaries receive payment on the record of a worker who is retired or disabled.

b. These beneficiaries receive payment on the record of a worker who is retired, deceased, or disabled.

c. Includes beneficiaries in the 50 States, District of Columbia, American Samoa, Guam, Northern Mariana Islands, Puerto Rico, U.S. Virgin Islands, and foreign countries.

Supplemental Security Income (SSI) is a federal cash assistance program that provides monthly payments to low-income aged, blind, or disabled persons in the 50 States, the District of Columbia, and the Northern Mariana Islands.

Table 2.
Number of recipients of federally administered SSI payments and total monthly payments, December 2024

Congressional district	Number of recipients							Total monthly payments (thousands of dollars)				Number of recipients with OASDI ^a
	Total	By type			By age			Total	Aged	Blind	Disabled	
		Aged	Blind	Disabled	Under 18	18–64	65 or older					
Virginia	148,815	18,283	1,095	129,437	21,144	88,523	39,148	109,433	9,640	791	99,001	46,562
1	8,721	1,041	57	7,623	1,392	5,222	2,107	6,422	548	42	5,832	2,552
2	11,705	1,102	92	10,511	1,825	7,153	2,727	8,442	521	68	7,854	3,577
3	21,262	1,464	197	19,601	3,557	13,034	4,671	15,982	622	150	15,210	6,583
4	21,010	1,416	143	19,451	3,517	13,000	4,493	16,013	619	100	15,295	6,348
5	17,724	1,174	122	16,428	2,741	11,072	3,911	13,061	477	81	12,503	6,112
6	14,757	956	120	13,681	2,351	9,526	2,880	11,113	425	87	10,601	4,941
7	9,234	1,439	76	7,719	1,489	5,261	2,484	6,815	768	61	5,987	2,474
8	8,192	3,191	63	4,938	795	3,054	4,343	5,636	1,922	44	3,669	2,522
9	23,565	899	125	22,541	2,496	16,411	4,658	17,226	356	88	16,783	8,234
10	5,793	2,260	53	3,480	557	2,392	2,844	4,093	1,363	38	2,693	1,424
11	6,852	3,341	47	3,464	424	2,398	4,030	4,629	2,020	34	2,576	1,795
All areas ^b	7,423,856	1,190,660	63,747	6,169,449	1,002,887	3,951,866	2,469,103	5,528,062	677,097	48,833	4,802,132	2,532,902

SOURCES: Social Security Administration, Supplemental Security Record, 100 percent data; and U.S. Postal Service geographic data.

a. Includes persons who are receiving both SSI payments and Social Security benefits.

b. Includes recipients in the 50 States, District of Columbia, and Northern Mariana Islands.

Social Security Administration

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