

Old-Age (retirement), Survivors, and Disability Insurance (OASDI)—popularly referred to as Social Security—provides monthly benefits to an eligible worker and family members when the worker elects to start receiving retirement benefits or when the worker dies or becomes disabled. A worker's lifetime covered earnings largely determine the amount of benefits received.

Table 1.Number of OASDI beneficiaries in current-payment status and total monthly benefits, December 2024

	Number of beneficiaries						Tota (tho	Number of		
Congressional district	Total	Retired workers	Disabled workers	Widow(er)s and parents	Spouses ^a	Children ^b	All beneficiaries	Retired workers	Widow(er)s and parents	beneficiaries aged 65 or older
Vermont	164,694	127,704	18,751	6,924	2,709	8,606	311,401	260,471	12,684	133,773
All areas ^c	68,455,973	51,772,651	7,231,147	3,734,707	1,947,761	3,769,707	125,577,970	102,268,471	6,617,163	55,120,239

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; and U.S. Postal Service geographic data.

a. These beneficiaries receive payment on the record of a worker who is retired or disabled.

b. These beneficiaries receive payment on the record of a worker who is retired, deceased, or disabled.

c. Includes beneficiaries in the 50 States, District of Columbia, American Samoa, Guam, Northern Mariana Islands, Puerto Rico, U.S. Virgin Islands, and foreign countries.

Supplemental Security Income (SSI) is a federal cash assistance program that provides monthly payments to low-income aged, blind, or disabled persons in the 50 States, the District of Columbia, and the Northern Mariana Islands.

Table 2. Number of recipients of federally administered SSI payments and total monthly payments, December 2024												
			Number of recipier By type			nts By age			Total monthly payments (thousands of dollars)			
Congressional district	Total	Aged	Blind	Disabled	Under 18	18–64	65 or older	Total	Aged	Blind	Disabled	OASDI ^a
Vermont	13,498	840	79	12,579	1,157	9,368	2,973	9,788	387	52	9,349	5,400
All areas ^b	7,423,856	1,190,660	63,747	6,169,449	1,002,887	3,951,866	2,469,103	5,528,062	677,097	48,833	4,802,132	2,532,902

SOURCES: Social Security Administration, Supplemental Security Record, 100 percent data; and U.S. Postal Service geographic data.

a. Includes persons who are receiving both SSI payments and Social Security benefits.

b. Includes recipients in the 50 States, District of Columbia, and Northern Mariana Islands.

Social Security Administration

For statistical inquires about this publication, contact statistics@ssa.gov.

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