



Alabama Congressional Statistics, 2025

Old-Age (retirement), Survivors, and Disability Insurance (OASDI)—popularly referred to as Social Security—provides monthly benefits to an eligible worker and family members when the worker elects to start receiving retirement benefits or when the worker dies or becomes disabled. A worker’s lifetime covered earnings largely determine the amount of benefits received.

Table 1.
Number of OASDI beneficiaries in current-payment status and total monthly benefits, December 2025

Congressional district	Number of beneficiaries						Total monthly benefits (thousands of dollars)			Number of beneficiaries aged 65 or older
	Total	Retired workers	Disabled workers	Widow(er)s and parents	Spouses ^a	Children ^b	All beneficiaries	Retired workers	Widow(er)s and parents	
Alabama	1,207,893	844,517	179,658	71,450	26,903	85,365	2,210,579	1,691,597	127,007	902,542
1	195,220	140,875	26,171	11,574	4,348	12,252	360,909	282,269	20,863	149,375
2	167,586	112,561	27,908	9,802	3,280	14,035	288,051	213,886	16,443	120,985
3	181,627	123,303	31,186	10,461	3,478	13,199	324,539	241,372	17,924	131,269
4	183,298	126,393	28,088	12,059	4,479	12,279	327,706	246,256	20,964	136,182
5	162,278	119,297	19,291	9,784	4,478	9,428	313,509	249,331	18,355	126,564
6	153,684	113,189	18,432	8,600	3,785	9,678	314,240	251,182	17,232	120,723
7	164,200	108,899	28,582	9,170	3,055	14,494	281,625	207,301	15,226	117,444
All areas ^c	70,451,490	53,624,664	7,125,880	3,810,382	2,171,194	3,719,370	135,480,578	111,072,575	7,086,628	57,310,568

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; and U.S. Postal Service geographic data based on district definitions for the 119th Congress.

a. These beneficiaries receive payment on the record of a worker who is retired or disabled.

b. These beneficiaries receive payment on the record of a worker who is retired, deceased, or disabled.

c. Includes beneficiaries in the 50 States, District of Columbia, American Samoa, Guam, Northern Mariana Islands, Puerto Rico, U.S. Virgin Islands, and foreign countries.

Supplemental Security Income (SSI) is a federal cash assistance program that provides monthly payments to low-income aged, blind, or disabled persons in the 50 States, the District of Columbia, and the Northern Mariana Islands.

Table 2.
Number of recipients of federally administered SSI payments and total monthly payments, December 2025

Congressional district	Number of recipients							Total monthly payments (thousands of dollars)				Number of recipients with OASDI ^a
	Total	By type			By age			All recipients	Aged	Blind	Disabled	
		Aged	Blind	Disabled	Under 18	18–64	65 or older					
Alabama	138,832	7,685	1,025	130,122	18,262	87,380	33,190	102,193	3,140	777	98,277	50,674
1	18,429	1,089	106	17,234	2,686	11,517	4,226	13,856	454	78	13,324	6,827
2	26,521	1,568	170	24,783	4,006	15,854	6,661	19,832	679	119	19,034	9,520
3	19,885	848	183	18,854	2,336	13,185	4,364	14,347	324	115	13,908	7,276
4	18,702	914	156	17,632	2,051	12,536	4,115	13,680	321	126	13,232	7,170
5	13,473	812	110	12,551	1,849	8,634	2,990	9,832	346	88	9,398	4,603
6	10,698	618	102	9,978	1,498	6,920	2,280	8,033	285	74	7,674	3,586
7	31,124	1,836	198	29,090	3,836	18,734	8,554	22,613	730	175	21,707	11,692
All areas ^b	7,392,201	1,198,079	63,520	6,130,602	1,016,027	3,863,775	2,512,399	5,649,867	709,106	49,808	4,890,952	2,534,176

SOURCES: Social Security Administration, Supplemental Security Record, 100 percent data; and U.S. Postal Service geographic data based on district definitions for the 119th Congress.

- a. Includes persons who are receiving both SSI payments and Social Security benefits.
- b. Includes recipients in the 50 States, District of Columbia, and Northern Mariana Islands.

Social Security Administration

For statistical inquires about this publication, contact statistics@ssa.gov.

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