



California Congressional Statistics, 2025

Old-Age (retirement), Survivors, and Disability Insurance (OASDI)—popularly referred to as Social Security—provides monthly benefits to an eligible worker and family members when the worker elects to start receiving retirement benefits or when the worker dies or becomes disabled. A worker’s lifetime covered earnings largely determine the amount of benefits received.

Table 1.
Number of OASDI beneficiaries in current-payment status and total monthly benefits, December 2025

Congressional district	Number of beneficiaries						Total monthly benefits (thousands of dollars)			Number of beneficiaries aged 65 or older
	Total	Retired workers	Disabled workers	Widow(er)s and parents	Spouses ^a	Children ^b	All beneficiaries	Retired workers	Widow(er)s and parents	
California	6,813,640	5,341,103	487,142	371,353	306,568	307,474	12,977,052	10,884,270	679,746	5,775,471
1	176,909	131,687	19,426	10,150	5,616	10,030	306,091	244,203	17,737	141,834
2	179,960	149,050	11,027	8,316	5,382	6,185	380,583	332,738	16,964	158,824
3	185,697	154,157	11,316	8,484	5,725	6,015	388,973	337,432	17,502	162,024
4	163,437	131,640	11,739	8,011	5,634	6,413	335,297	286,810	15,614	140,829
5	184,604	147,786	13,492	9,641	6,262	7,423	365,504	308,402	18,979	156,935
6	131,276	97,928	14,007	6,733	4,141	8,467	245,942	198,878	12,168	104,829
7	133,441	102,129	12,346	6,636	4,872	7,458	245,120	202,116	11,590	108,131
8	135,842	104,496	12,688	6,616	5,035	7,007	263,719	217,531	12,030	111,949
9	126,449	94,853	11,534	7,187	4,964	7,911	227,887	183,754	12,736	101,390
10	139,230	114,336	7,659	6,679	5,687	4,869	325,098	282,247	14,809	123,167
11	114,483	94,854	7,691	4,291	4,481	3,166	225,697	197,816	7,954	101,401
12	114,869	91,938	8,593	4,920	4,573	4,845	233,638	201,075	9,195	99,113
13	115,641	83,079	11,756	7,309	5,156	8,341	181,343	140,004	11,320	89,143
14	113,671	91,959	6,918	5,499	5,090	4,205	237,463	204,100	10,671	98,785
15	127,676	107,502	6,122	5,446	4,873	3,733	267,081	235,754	10,723	114,559
16	119,299	99,131	4,817	5,849	6,057	3,445	284,975	251,647	12,897	108,400
17	95,065	77,771	4,644	4,372	4,789	3,489	205,862	179,100	8,635	84,505
18	108,748	83,428	9,342	5,542	4,698	5,738	190,612	156,474	9,184	88,935
19	153,845	128,207	7,685	7,068	5,905	4,980	332,936	291,967	14,617	136,977
20	138,925	106,215	11,280	8,341	5,271	7,818	261,808	213,386	15,831	113,523
21	110,072	78,349	12,027	6,672	4,229	8,795	161,893	124,408	9,952	83,902
22	104,454	72,614	11,967	6,777	4,415	8,681	144,866	108,006	9,791	77,089
23	141,344	101,546	14,402	9,139	6,153	10,104	241,511	187,322	16,126	110,228
24	159,028	130,573	9,207	8,024	5,798	5,426	323,811	280,713	16,004	139,476
25	165,762	124,084	14,375	10,882	7,941	8,480	265,844	213,124	17,091	133,952
26	146,447	118,234	8,651	7,797	6,382	5,383	305,666	261,978	15,541	127,586
27	121,866	91,438	10,563	6,911	5,781	7,173	227,498	184,553	12,590	99,077
28	144,436	118,474	5,747	7,547	8,146	4,522	275,398	239,078	14,163	129,660
29	103,508	78,398	8,483	5,745	6,194	4,688	161,427	130,839	8,698	86,216
30	109,067	88,336	7,044	5,393	5,366	2,928	203,266	175,165	9,486	96,341
31	134,870	103,239	8,735	8,222	8,129	6,545	226,912	185,014	14,111	114,013
32	128,374	104,685	6,104	6,737	6,366	4,482	276,523	239,679	13,964	114,875
33	108,044	76,000	10,888	7,112	5,738	8,306	174,442	132,946	11,532	83,664
34	97,277	73,016	7,717	6,197	6,165	4,182	132,907	105,247	8,673	81,915
35	106,006	78,094	9,022	6,810	6,019	6,061	175,748	138,744	11,413	85,915
36	130,282	109,242	4,712	6,739	6,040	3,549	306,494	270,826	14,812	119,295
37	101,733	76,488	9,644	5,512	4,541	5,548	156,622	126,331	8,360	83,384
38	139,329	108,885	8,111	8,577	8,309	5,447	249,684	207,090	15,108	120,771
39	111,378	79,738	10,636	7,160	6,087	7,757	185,562	143,821	11,848	87,008
40	145,514	121,511	5,652	7,369	6,980	4,002	326,931	286,943	15,964	131,495

(Continued)

Table 1.
Number of OASDI beneficiaries in current-payment status and total monthly benefits, December 2025—Continued

Congressional district	Number of beneficiaries						Total monthly benefits (thousands of dollars)			Number of beneficiaries aged 65 or older
	Total	Retired workers	Disabled workers	Widow(er)s and parents	Spouses ^a	Children ^b	All beneficiaries	Retired workers	Widow(er)s and parents	
41	165,849	133,468	10,773	8,841	6,188	6,579	334,170	283,528	17,277	141,431
42	105,167	78,646	8,806	6,761	5,866	5,088	178,541	143,494	11,203	86,880
43	104,374	77,733	9,691	6,144	4,979	5,827	167,738	133,913	9,620	85,089
44	119,422	89,755	9,667	7,480	6,689	5,831	202,832	163,227	12,556	99,264
45	138,944	109,860	7,045	8,040	8,786	5,213	259,067	218,775	14,805	121,582
46	100,767	75,275	8,026	6,146	6,138	5,182	160,464	128,363	9,841	83,089
47	129,579	107,177	4,977	7,023	6,674	3,728	293,948	256,668	15,365	117,155
48	151,223	121,383	9,171	8,087	6,233	6,349	302,001	256,478	15,842	129,578
49	149,033	123,671	6,723	7,584	6,311	4,744	329,288	287,753	16,135	132,869
50	123,027	101,158	6,292	6,365	5,460	3,752	271,536	236,011	13,432	109,587
51	122,587	97,718	8,302	6,415	5,043	5,109	239,145	203,052	12,051	105,241
52	135,810	100,169	9,900	10,055	9,211	6,475	209,685	165,743	15,235	112,591
All areas^c	70,451,490	53,624,664	7,125,880	3,810,382	2,171,194	3,719,370	135,480,578	111,072,575	7,086,628	57,310,568

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; and U.S. Postal Service geographic data based on district definitions for the 119th Congress.

a. These beneficiaries receive payment on the record of a worker who is retired or disabled.

b. These beneficiaries receive payment on the record of a worker who is retired, deceased, or disabled.

c. Includes beneficiaries in the 50 States, District of Columbia, American Samoa, Guam, Northern Mariana Islands, Puerto Rico, U.S. Virgin Islands, and foreign countries.

Supplemental Security Income (SSI) is a federal cash assistance program that provides monthly payments to low-income aged, blind, or disabled persons in the 50 States, the District of Columbia, and the Northern Mariana Islands.

Table 2.
Number of recipients of federally administered SSI payments and total monthly payments, December 2025

Congressional district	Number of recipients							Total monthly payments (thousands of dollars)				Number of recipients with OASDI ^a
	Total	By type			By age			All recipients	Aged	Blind	Disabled	
		Aged	Blind	Disabled	Under 18	18–64	65 or older					
California	1,106,560	346,234	13,631	746,695	86,167	429,098	591,295	961,479	247,864	12,883	700,731	467,293
1	30,086	3,752	344	25,990	1,928	17,162	10,996	25,964	2,188	322	23,454	13,713
2	15,389	2,455	145	12,789	716	8,211	6,462	13,080	1,626	117	11,338	7,103
3	11,478	2,647	128	8,703	685	5,765	5,028	9,929	2,010	112	7,807	4,696
4	13,836	2,567	176	11,093	1,049	7,232	5,555	11,546	1,654	157	9,735	6,190
5	17,696	3,175	209	14,312	1,447	8,964	7,285	15,556	2,222	200	13,134	7,145
6	29,279	5,906	406	22,967	2,712	13,452	13,115	27,384	4,644	401	22,340	10,090
7	31,498	8,477	364	22,657	2,208	12,534	16,756	28,941	6,720	355	21,866	12,021
8	20,953	5,034	232	15,687	1,720	9,819	9,414	18,642	3,718	217	14,707	7,898
9	23,952	5,241	312	18,399	2,312	10,796	10,844	21,684	3,644	313	17,727	8,899
10	11,316	4,072	103	7,141	708	4,484	6,124	10,393	3,307	95	6,991	3,624
11	29,094	14,087	240	14,767	397	7,360	21,337	25,504	11,070	233	14,202	13,356
12	27,717	9,758	306	17,653	1,514	9,973	16,230	25,638	7,768	286	17,584	11,094
13	25,627	5,872	381	19,374	2,957	11,562	11,108	21,751	3,528	342	17,881	11,504
14	12,062	4,938	148	6,976	545	4,314	7,203	10,678	3,930	133	6,614	4,355
15	13,218	7,296	108	5,814	375	3,326	9,517	10,461	5,218	96	5,147	6,272
16	14,949	7,174	153	7,622	614	4,061	10,274	12,970	5,725	147	7,098	5,490
17	12,698	6,657	136	5,905	424	3,331	8,943	10,940	5,403	135	5,403	4,351
18	17,791	5,628	257	11,906	1,534	7,007	9,250	15,143	4,010	236	10,897	7,857
19	11,610	3,915	113	7,582	506	4,773	6,331	10,056	3,004	100	6,952	4,814
20	15,424	2,931	213	12,280	1,714	7,903	5,807	13,957	2,002	200	11,756	6,044
21	40,146	8,647	552	30,947	4,725	17,744	17,677	36,012	5,147	564	30,302	16,962
22	33,494	7,448	429	25,617	4,533	15,149	13,812	28,523	4,157	420	23,945	15,394
23	26,926	4,279	404	22,243	3,175	14,187	9,564	24,065	2,565	373	21,126	11,108
24	12,404	2,661	163	9,580	882	6,062	5,460	10,043	1,536	140	8,367	6,309
25	31,132	8,615	410	22,107	3,437	12,756	14,939	24,435	4,707	347	19,381	16,339
26	12,478	3,877	140	8,461	1,397	5,256	5,825	10,219	2,478	117	7,624	5,525
27	24,156	5,903	317	17,936	2,405	11,105	10,646	21,940	4,261	330	17,349	9,074
28	23,662	13,155	305	10,202	626	5,063	17,973	19,405	9,800	289	9,316	11,788
29	30,144	10,953	337	18,854	1,963	8,343	19,838	26,305	8,153	330	17,822	12,659
30	37,181	14,411	397	22,373	710	7,111	29,360	34,629	12,226	432	21,971	12,366
31	25,388	11,309	313	13,766	1,716	7,734	15,938	20,686	8,069	292	12,325	12,454
32	16,628	7,271	167	9,190	738	4,193	11,697	14,675	5,867	168	8,640	6,199
33	24,359	5,732	380	18,247	2,612	11,062	10,685	21,069	3,781	352	16,936	10,159
34	34,801	15,405	376	19,020	2,403	10,056	22,342	28,732	10,448	364	17,920	17,801
35	20,497	6,410	298	13,789	2,129	8,301	10,067	17,442	4,369	272	12,801	8,815
36	9,866	3,874	98	5,894	346	2,994	6,526	8,485	2,982	95	5,408	3,715
37	38,245	9,182	524	28,539	3,671	15,863	18,711	34,275	6,135	517	27,623	16,019
38	20,136	8,445	268	11,423	1,406	6,860	11,870	16,505	5,861	244	10,401	9,440
39	22,627	5,768	335	16,524	2,564	10,367	9,696	19,485	3,689	309	15,487	9,728
40	9,334	4,409	85	4,840	517	3,067	5,750	8,230	3,559	85	4,585	3,364

(Continued)

Table 2.
Number of recipients of federally administered SSI payments and total monthly payments, December 2025—Continued

Congressional district	Number of recipients							Total monthly payments (thousands of dollars)				Number of recipients with OASDI ^a
	Total	By type			By age			All recipients	Aged	Blind	Disabled	
		Aged	Blind	Disabled	Under 18	18–64	65 or older					
41	13,274	3,830	174	9,270	1,228	5,867	6,179	11,377	2,558	162	8,657	5,668
42	24,255	6,677	334	17,244	2,520	9,325	12,410	20,450	4,130	308	16,012	10,431
43	25,365	5,982	366	19,017	2,911	10,792	11,662	22,377	3,848	366	18,163	10,378
44	24,829	6,951	337	17,541	2,461	9,920	12,448	21,143	4,510	292	16,341	10,424
45	26,361	13,944	220	12,197	1,032	5,980	19,349	22,583	10,723	201	11,659	11,613
46	24,880	10,595	221	14,064	2,388	7,592	14,900	21,061	7,666	199	13,195	11,122
47	9,353	4,363	99	4,891	441	2,924	5,988	8,232	3,476	85	4,671	3,471
48	13,640	3,972	204	9,464	1,008	5,971	6,661	12,127	2,888	188	9,051	5,225
49	7,830	2,400	103	5,327	467	3,491	3,872	6,541	1,734	89	4,718	3,278
50	11,409	3,887	144	7,378	464	4,472	6,473	10,150	3,028	128	6,993	4,641
51	21,248	6,055	307	14,886	1,263	8,323	11,662	19,405	4,712	308	14,385	7,777
52	24,839	8,242	350	16,247	1,964	9,139	13,736	20,655	5,409	322	14,923	11,531
All areas ^b	7,392,201	1,198,079	63,520	6,130,602	1,016,027	3,863,775	2,512,399	5,649,867	709,106	49,808	4,890,952	2,534,176

SOURCES: Social Security Administration, Supplemental Security Record, 100 percent data; and U.S. Postal Service geographic data based on district definitions for the 119th Congress.

- a. Includes persons who are receiving both SSI payments and Social Security benefits.
- b. Includes recipients in the 50 States, District of Columbia, and Northern Mariana Islands.

Social Security Administration

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