



Connecticut Congressional Statistics, 2025

Old-Age (retirement), Survivors, and Disability Insurance (OASDI)—popularly referred to as Social Security—provides monthly benefits to an eligible worker and family members when the worker elects to start receiving retirement benefits or when the worker dies or becomes disabled. A worker’s lifetime covered earnings largely determine the amount of benefits received.

**Table 1.
Number of OASDI beneficiaries in current-payment status and total monthly benefits, December 2025**

Congressional district	Number of beneficiaries						Total monthly benefits (thousands of dollars)			Number of beneficiaries aged 65 or older
	Total	Retired workers	Disabled workers	Widow(er)s and parents	Spouses ^a	Children ^b	All beneficiaries	Retired workers	Widow(er)s and parents	
Connecticut	765,437	606,612	69,825	34,750	18,986	35,264	1,651,055	1,400,281	73,154	644,382
1	159,711	125,041	16,115	6,771	3,372	8,412	330,214	277,862	13,657	132,170
2	173,113	138,065	15,834	7,890	3,943	7,381	375,230	318,414	16,692	145,373
3	154,608	122,010	15,103	6,937	3,490	7,068	329,993	278,584	14,508	129,617
4	123,452	99,900	8,111	6,025	4,314	5,102	285,252	246,503	13,501	107,859
5	154,553	121,596	14,662	7,127	3,867	7,301	330,366	278,918	14,796	129,363
All areas ^c	70,451,490	53,624,664	7,125,880	3,810,382	2,171,194	3,719,370	135,480,578	111,072,575	7,086,628	57,310,568

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; and U.S. Postal Service geographic data based on district definitions for the 119th Congress.

a. These beneficiaries receive payment on the record of a worker who is retired or disabled.

b. These beneficiaries receive payment on the record of a worker who is retired, deceased, or disabled.

c. Includes beneficiaries in the 50 States, District of Columbia, American Samoa, Guam, Northern Mariana Islands, Puerto Rico, U.S. Virgin Islands, and foreign countries.

Supplemental Security Income (SSI) is a federal cash assistance program that provides monthly payments to low-income aged, blind, or disabled persons in the 50 States, the District of Columbia, and the Northern Mariana Islands.

Table 2.
Number of recipients of federally administered SSI payments and total monthly payments, December 2025

Congressional district	Number of recipients							Total monthly payments (thousands of dollars)				Number of recipients with OASDI ^a
	Total	By type			By age			All recipients	Aged	Blind	Disabled	
		Aged	Blind	Disabled	Under 18	18–64	65 or older					
Connecticut	66,312	8,274	452	57,586	9,267	36,637	20,408	49,523	4,463	317	44,743	20,971
1	18,939	2,383	119	16,437	2,850	10,061	6,028	13,932	1,279	84	12,569	5,954
2	9,165	833	47	8,285	1,339	5,595	2,231	6,798	414	32	6,352	3,031
3	14,258	1,454	102	12,702	1,739	8,299	4,220	10,976	804	67	10,105	4,315
4	10,209	1,937	72	8,200	1,302	5,073	3,834	7,516	1,081	49	6,386	3,294
5	13,741	1,667	112	11,962	2,037	7,609	4,095	10,302	884	85	9,332	4,377
All areas^b	7,392,201	1,198,079	63,520	6,130,602	1,016,027	3,863,775	2,512,399	5,649,867	709,106	49,808	4,890,952	2,534,176

SOURCES: Social Security Administration, Supplemental Security Record, 100 percent data; and U.S. Postal Service geographic data based on district definitions for the 119th Congress.

- a. Includes persons who are receiving both SSI payments and Social Security benefits.
- b. Includes recipients in the 50 States, District of Columbia, and Northern Mariana Islands.

Social Security Administration

For statistical inquires about this publication, contact statistics@ssa.gov.

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