



# Congressional Statistics, 2025

**Old-Age (retirement), Survivors, and Disability Insurance (OASDI)**—popularly referred to as Social Security—provides monthly benefits to an eligible worker and family members when the worker elects to start receiving retirement benefits or when the worker dies or becomes disabled. A worker’s lifetime covered earnings largely determine the amount of benefits received.

**Table 1.**  
**Number of OASDI beneficiaries in current-payment status and total monthly benefits, December 2025**

Congressional district	Number of beneficiaries						Total monthly benefits (thousands of dollars)			Number of beneficiaries aged 65 or older
	Total	Retired workers	Disabled workers	Widow(er)s and parents	Spouses <sup>a</sup>	Children <sup>b</sup>	All beneficiaries	Retired workers	Widow(er)s and parents	
Maine	388,279	294,438	45,046	18,506	10,101	20,188	721,524	589,414	34,225	313,658
1	185,089	146,974	17,580	8,124	4,502	7,909	369,775	313,170	16,112	155,472
2	203,190	147,464	27,466	10,382	5,599	12,279	351,749	276,244	18,113	158,186
All areas <sup>c</sup>	70,451,490	53,624,664	7,125,880	3,810,382	2,171,194	3,719,370	135,480,578	111,072,575	7,086,628	57,310,568

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; and U.S. Postal Service geographic data based on district definitions for the 119th Congress.

- a. These beneficiaries receive payment on the record of a worker who is retired or disabled.
- b. These beneficiaries receive payment on the record of a worker who is retired, deceased, or disabled.
- c. Includes beneficiaries in the 50 States, District of Columbia, American Samoa, Guam, Northern Mariana Islands, Puerto Rico, U.S. Virgin Islands, and foreign countries.

**Supplemental Security Income (SSI)** is a federal cash assistance program that provides monthly payments to low-income aged, blind, or disabled persons in the 50 States, the District of Columbia, and the Northern Mariana Islands.

**Table 2.**  
**Number of recipients of federally administered SSI payments and total monthly payments, December 2025**

Congressional district	Number of recipients							Total monthly payments (thousands of dollars)				Number of recipients with OASDI <sup>a</sup>
	Total	By type			By age			All recipients	Aged	Blind	Disabled	
		Aged	Blind	Disabled	Under 18	18–64	65 or older					
Maine	31,428	1,705	194	29,529	2,915	21,695	6,818	22,334	751	140	21,443	12,161
1	10,673	746	62	9,865	959	7,268	2,446	7,541	390	52	7,099	3,994
2	20,755	959	132	19,664	1,956	14,427	4,372	14,793	361	88	14,344	8,167
All areas <sup>b</sup>	7,392,201	1,198,079	63,520	6,130,602	1,016,027	3,863,775	2,512,399	5,649,867	709,106	49,808	4,890,952	2,534,176

SOURCES: Social Security Administration, Supplemental Security Record, 100 percent data; and U.S. Postal Service geographic data based on district definitions for the 119th Congress.

- a. Includes persons who are receiving both SSI payments and Social Security benefits.
- b. Includes recipients in the 50 States, District of Columbia, and Northern Mariana Islands.

**Social Security Administration**

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