



North Carolina Congressional Statistics, 2025

Old-Age (retirement), Survivors, and Disability Insurance (OASDI)—popularly referred to as Social Security—provides monthly benefits to an eligible worker and family members when the worker elects to start receiving retirement benefits or when the worker dies or becomes disabled. A worker’s lifetime covered earnings largely determine the amount of benefits received.

Table 1.
Number of OASDI beneficiaries in current-payment status and total monthly benefits, December 2025

Congressional district	Number of beneficiaries						Total monthly benefits (thousands of dollars)			Number of beneficiaries aged 65 or older
	Total	Retired workers	Disabled workers	Widow(er)s and parents	Spouses ^a	Children ^b	All beneficiaries	Retired workers	Widow(er)s and parents	
North Carolina	2,385,531	1,827,895	275,659	110,681	41,283	130,013	4,599,512	3,779,972	203,495	1,894,471
1	207,665	151,144	28,646	10,840	3,131	13,904	358,316	280,958	17,824	157,435
2	118,722	94,633	10,599	5,069	2,613	5,808	255,500	218,026	10,639	98,950
3	185,071	139,295	22,324	9,426	3,302	10,724	338,611	273,410	16,478	144,369
4	124,462	101,725	9,558	4,826	2,821	5,532	278,363	242,387	10,243	106,144
5	188,956	142,567	24,570	8,692	2,928	10,199	348,435	281,937	15,243	147,516
6	170,391	129,306	21,236	7,865	2,538	9,446	326,095	265,269	14,420	133,799
7	217,021	167,593	23,976	10,370	3,958	11,124	431,802	357,452	19,314	173,551
8	163,694	124,354	18,672	7,665	2,840	10,163	315,729	257,964	14,209	128,814
9	174,713	132,347	21,242	8,019	2,973	10,132	330,048	268,203	14,491	137,234
10	177,725	137,069	20,591	8,112	2,787	9,166	349,191	288,172	15,404	141,473
11	221,251	176,645	21,796	10,125	4,225	8,460	425,082	359,628	18,541	183,336
12	101,513	76,403	12,384	4,431	1,833	6,462	194,907	158,922	8,493	79,551
13	166,497	126,412	20,106	7,469	2,721	9,789	322,220	261,855	13,653	130,103
14	167,850	128,402	19,959	7,772	2,613	9,104	325,215	265,788	14,542	132,196
All areas ^c	70,451,490	53,624,664	7,125,880	3,810,382	2,171,194	3,719,370	135,480,578	111,072,575	7,086,628	57,310,568

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; and U.S. Postal Service geographic data based on district definitions for the 119th Congress.

a. These beneficiaries receive payment on the record of a worker who is retired or disabled.

b. These beneficiaries receive payment on the record of a worker who is retired, deceased, or disabled.

c. Includes beneficiaries in the 50 States, District of Columbia, American Samoa, Guam, Northern Mariana Islands, Puerto Rico, U.S. Virgin Islands, and foreign countries.

Supplemental Security Income (SSI) is a federal cash assistance program that provides monthly payments to low-income aged, blind, or disabled persons in the 50 States, the District of Columbia, and the Northern Mariana Islands.

Table 2.
Number of recipients of federally administered SSI payments and total monthly payments, December 2025

Congressional district	Number of recipients							Total monthly payments (thousands of dollars)			Number of recipients with OASDI ^a	
	Total	By type			By age			All recipients	Aged	Blind		Disabled
		Aged	Blind	Disabled	Under 18	18–64	65 or older					
North Carolina	217,616	18,175	1,842	197,599	35,079	130,257	52,280	160,301	8,090	1,293	150,919	74,854
1	28,251	1,928	232	26,091	4,157	16,724	7,370	20,105	676	150	19,280	10,925
2	9,998	1,349	94	8,555	1,904	5,418	2,676	7,236	713	63	6,461	2,907
3	18,166	1,254	162	16,750	3,088	10,818	4,260	13,245	479	115	12,651	6,599
4	9,033	1,402	65	7,566	1,576	4,809	2,648	6,538	783	48	5,708	2,768
5	17,109	1,271	139	15,699	2,277	10,909	3,923	12,674	507	100	12,067	6,156
6	15,382	1,310	129	13,943	2,822	9,293	3,267	11,723	612	92	11,020	4,893
7	18,605	1,162	144	17,299	2,898	11,294	4,413	13,584	452	93	13,040	6,692
8	17,722	1,483	134	16,105	2,873	10,642	4,207	13,462	703	94	12,665	5,806
9	14,663	1,124	123	13,416	2,696	8,967	3,000	11,141	516	98	10,527	4,727
10	14,177	1,062	147	12,968	2,307	8,824	3,046	10,610	459	107	10,044	4,778
11	13,258	1,074	108	12,076	1,282	8,421	3,555	9,185	433	78	8,674	5,314
12	13,291	1,597	126	11,568	2,822	6,774	3,695	10,038	808	93	9,136	4,050
13	13,607	1,014	132	12,461	2,230	8,160	3,217	9,941	416	88	9,437	4,697
14	14,354	1,145	107	13,102	2,147	9,204	3,003	10,819	534	74	10,210	4,542
All areas ^b	7,392,201	1,198,079	63,520	6,130,602	1,016,027	3,863,775	2,512,399	5,649,867	709,106	49,808	4,890,952	2,534,176

SOURCES: Social Security Administration, Supplemental Security Record, 100 percent data; and U.S. Postal Service geographic data based on district definitions for the 119th Congress.

- a. Includes persons who are receiving both SSI payments and Social Security benefits.
- b. Includes recipients in the 50 States, District of Columbia, and Northern Mariana Islands.

Social Security Administration

For statistical inquires about this publication, contact statistics@ssa.gov.

SSA Publication No. 13-11710

Produced and published at U.S. taxpayer expense