



New Jersey Congressional Statistics, 2025

Old-Age (retirement), Survivors, and Disability Insurance (OASDI)—popularly referred to as Social Security—provides monthly benefits to an eligible worker and family members when the worker elects to start receiving retirement benefits or when the worker dies or becomes disabled. A worker’s lifetime covered earnings largely determine the amount of benefits received.

**Table 1.
Number of OASDI beneficiaries in current-payment status and total monthly benefits, December 2025**

Congressional district	Number of beneficiaries						Total monthly benefits (thousands of dollars)			Number of beneficiaries aged 65 or older
	Total	Retired workers	Disabled workers	Widow(er)s and parents	Spouses ^a	Children ^b	All beneficiaries	Retired workers	Widow(er)s and parents	
New Jersey	1,780,433	1,406,793	156,810	84,413	47,084	85,333	3,818,124	3,218,386	173,813	1,494,137
1	160,392	119,827	19,690	8,007	3,326	9,542	330,427	266,659	16,080	127,824
2	200,588	155,690	21,645	9,304	3,557	10,392	413,924	342,360	18,723	163,048
3	167,247	132,819	14,868	7,816	3,702	8,042	377,471	318,163	16,997	140,375
4	190,925	155,610	14,715	9,507	4,224	6,869	427,172	364,467	20,872	164,618
5	157,080	130,018	8,892	7,242	5,070	5,858	366,990	320,357	15,972	138,884
6	132,181	103,163	12,537	6,496	3,841	6,144	276,285	229,633	13,139	109,606
7	157,953	129,918	10,321	7,124	3,949	6,641	377,922	328,086	16,323	137,313
8	88,170	64,679	9,678	4,753	3,703	5,357	142,286	112,040	7,583	70,369
9	128,038	99,071	11,421	6,372	4,776	6,398	240,297	199,359	11,578	106,258
10	114,454	84,548	13,582	5,322	2,957	8,045	209,984	168,984	9,168	89,963
11	144,218	120,221	8,047	6,469	4,113	5,368	345,209	303,163	14,626	127,641
12	139,187	111,229	11,414	6,001	3,866	6,677	310,157	265,116	12,751	118,238
All areas ^c	70,451,490	53,624,664	7,125,880	3,810,382	2,171,194	3,719,370	135,480,578	111,072,575	7,086,628	57,310,568

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; and U.S. Postal Service geographic data based on district definitions for the 119th Congress.

a. These beneficiaries receive payment on the record of a worker who is retired or disabled.

b. These beneficiaries receive payment on the record of a worker who is retired, deceased, or disabled.

c. Includes beneficiaries in the 50 States, District of Columbia, American Samoa, Guam, Northern Mariana Islands, Puerto Rico, U.S. Virgin Islands, and foreign countries.

Supplemental Security Income (SSI) is a federal cash assistance program that provides monthly payments to low-income aged, blind, or disabled persons in the 50 States, the District of Columbia, and the Northern Mariana Islands.

Table 2.
Number of recipients of federally administered SSI payments and total monthly payments, December 2025

Congressional district	Number of recipients							Total monthly payments (thousands of dollars)				Number of recipients with OASDI ^a
	Total	By type			By age			All recipients	Aged	Blind	Disabled	
		Aged	Blind	Disabled	Under 18	18–64	65 or older					
New Jersey	164,533	36,106	908	127,519	24,457	76,287	63,789	120,567	20,201	639	99,727	53,321
1	18,943	1,867	95	16,981	3,123	10,457	5,363	15,375	1,050	69	14,256	5,654
2	18,100	1,910	88	16,102	3,225	10,112	4,763	13,895	911	56	12,927	5,675
3	9,534	1,796	45	7,693	1,444	5,067	3,023	7,135	1,052	30	6,053	2,812
4	7,300	1,021	43	6,236	1,011	4,126	2,163	5,288	524	32	4,732	2,387
5	8,422	3,269	36	5,117	746	3,309	4,367	5,583	1,840	22	3,721	2,818
6	12,828	4,086	63	8,679	1,788	5,070	5,970	9,100	2,377	43	6,680	4,146
7	7,023	1,683	47	5,293	777	3,670	2,576	4,796	899	34	3,863	2,133
8	20,557	5,239	108	15,210	3,073	7,801	9,683	14,675	2,764	72	11,838	7,958
9	16,682	4,839	93	11,750	2,442	6,364	7,876	11,711	2,748	60	8,903	5,942
10	24,263	4,554	156	19,553	3,957	11,222	9,084	18,077	2,518	118	15,441	7,807
11	6,998	2,444	41	4,513	594	2,917	3,487	4,630	1,470	27	3,133	2,076
12	13,883	3,398	93	10,392	2,277	6,172	5,434	10,304	2,047	76	8,181	3,913
All areas^b	7,392,201	1,198,079	63,520	6,130,602	1,016,027	3,863,775	2,512,399	5,649,867	709,106	49,808	4,890,952	2,534,176

SOURCES: Social Security Administration, Supplemental Security Record, 100 percent data; and U.S. Postal Service geographic data based on district definitions for the 119th Congress.

- a. Includes persons who are receiving both SSI payments and Social Security benefits.
- b. Includes recipients in the 50 States, District of Columbia, and Northern Mariana Islands.

Social Security Administration

For statistical inquires about this publication, contact statistics@ssa.gov.

SSA Publication No. 13-11710

Produced and published at U.S. taxpayer expense