Population Profile

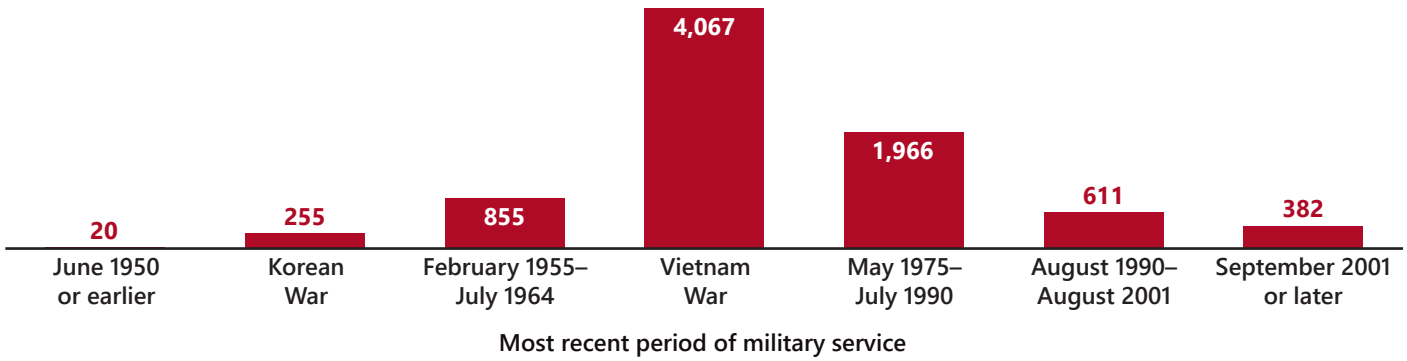
Released: November 2026
Next expected update: November 2027

Veteran Beneficiaries, 2026

In 2026, an estimated 8.2 million veterans received Social Security benefits, accounting for 13.3 percent of all adult beneficiaries.

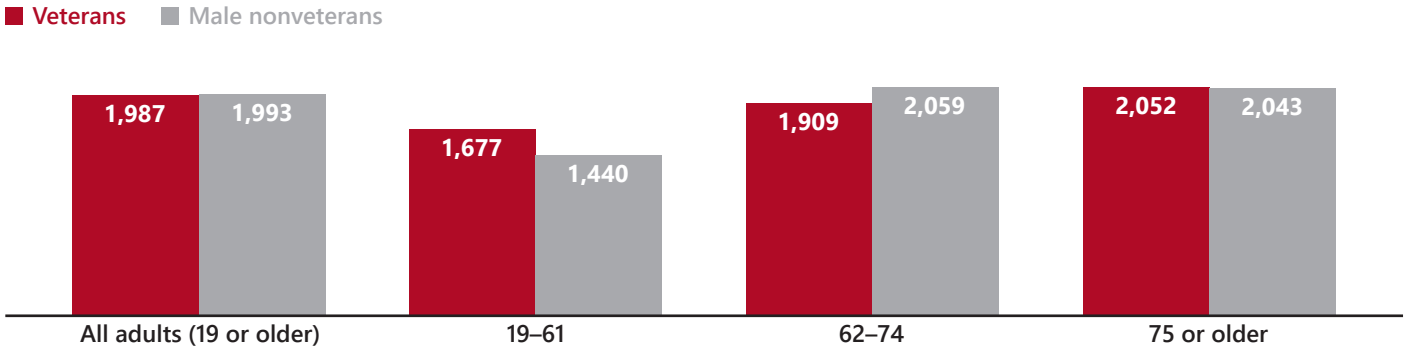
Number of Veteran Beneficiaries, 2026

In thousands



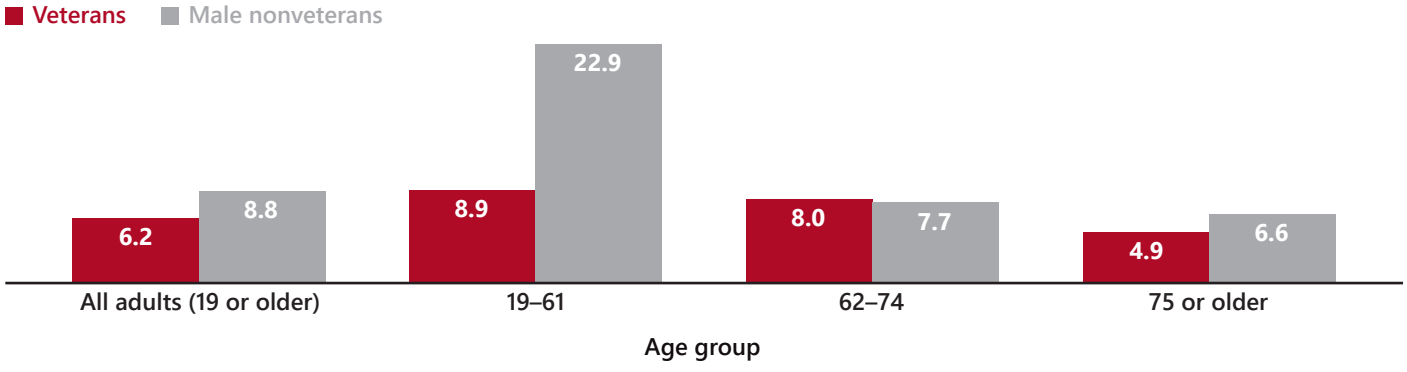
Average Monthly Benefit, 2025

In 2025 dollars



Poverty Rates of Beneficiaries, 2025

Percentage below 100% of poverty



SOURCE: March 2026 Current Population Survey of the U.S. Census Bureau, which reports 2025 income data and 2026 demographic data.

NOTE: The comparison population is restricted to male nonveterans because more than 90 percent of veteran beneficiaries are male.

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