

Table 1.**Number of people receiving Social Security, Supplemental Security Income (SSI), or both, September 2026
(in thousands)**

Type of beneficiary	Total	Social Security only	SSI only	Both Social Security and SSI
All beneficiaries	76,017	68,702	4,792	2,523
Aged 65 or older	59,636	57,117	1,084	1,436
Disabled, under age 65 ^a	10,898	6,103	3,708	1,087
Other ^b	5,483	5,483	...	...

SOURCES: Social Security Administration, Master Beneficiary Record and Supplemental Security Record, 100 percent data.

NOTES: Social Security beneficiaries who are entitled to a primary and a secondary benefit (dual entitlement) are counted only once in this table. SSI counts include recipients of federal SSI, federally administered state supplementation, or both.

... = not applicable.

a. Includes children receiving SSI based on their own disability.

b. Social Security beneficiaries who are neither aged nor disabled (for example, early retirees, young survivors).

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Table 2.
Social Security benefits, September 2026

Type of beneficiary	Beneficiaries		Total monthly benefits (millions of dollars)	Average monthly benefit (dollars)
	Number (thousands)	Percent		
Total	71,633	100.0	139,195	1,943.15
Old-Age and Survivors Insurance	63,696	88.9	127,293	1,998.45
Retirement benefits	57,923	80.9	117,848	2,034.54
Retired workers	55,088	76.9	115,068	2,088.79
Spouses of retired workers	2,099	2.9	2,071	986.68
Children of retired workers	736	1.0	709	962.37
Survivor benefits	5,773	8.1	9,446	1,636.31
Children of deceased workers	1,987	2.8	2,349	1,181.89
Widowed mothers and fathers	96	0.1	133	1,389.80
Nondisabled widow(er)s	3,503	4.9	6,780	1,935.32
Disabled widow(er)s	186	0.3	183	985.69
Parents of deceased workers	1	(L)	1	1,758.40
Disability Insurance	7,937	11.1	11,901	1,499.41
Disabled workers	6,959	9.7	11,388	1,636.47
Spouses of disabled workers	87	0.1	40	464.11
Children of disabled workers	892	1.2	473	530.41

SOURCE: Social Security Administration, Master Beneficiary Record, 100 percent data.

NOTE: (L) = less than 0.05 percent.

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Table 3.
Supplemental Security Income recipients, September 2026

Age	Recipients		Total payments ^a (millions of dollars)	Average monthly payment ^b (dollars)
	Number (thousands)	Percent		
All recipients	7,315	100.0	5,808	735.86
Under 18	1,013	13.9	979	861.75
18–64	3,782	51.7	3,273	785.46
65 or older	2,520	34.4	1,557	611.02

SOURCE: Social Security Administration, Supplemental Security Record, 100 percent data.

a. Includes retroactive payments.

b. Excludes retroactive payments.

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