

Table 1.
Number of people receiving Social Security, Supplemental Security Income (SSI), or both, November 2025
(in thousands)

Type of beneficiary	Total	Social Security only	SSI only	Both Social Security and SSI
All beneficiaries	74,830	67,439	4,851	2,541
Aged 65 or older	58,154	55,648	1,082	1,425
Disabled, under age 65 ^a	11,134	6,249	3,769	1,116
Other ^b	5,542	5,542

SOURCES: Social Security Administration, Master Beneficiary Record and Supplemental Security Record, 100 percent data.

NOTES: Social Security beneficiaries who are entitled to a primary and a secondary benefit (dual entitlement) are counted only once in this table. SSI counts include recipients of federal SSI, federally administered state supplementation, or both.

... = not applicable.

a. Includes children receiving SSI based on their own disability.

b. Social Security beneficiaries who are neither aged nor disabled (for example, early retirees, young survivors).

CONTACT: statistics@ssa.gov.

Table 2.
Social Security benefits, November 2025

Type of beneficiary	Beneficiaries		Total monthly benefits (millions of dollars)	Average monthly benefit (dollars)
	Number (thousands)	Percent		
Total	70,393	100.0	131,578	1,869.20
Old-Age and Survivors Insurance	62,215	88.4	119,708	1,924.09
Retirement benefits	56,368	80.1	110,491	1,960.18
Retired workers	53,553	76.1	107,819	2,013.32
Spouses of retired workers	2,083	3.0	1,992	956.54
Children of retired workers	732	1.0	679	928.19
Survivor benefits	5,848	8.3	9,217	1,576.20
Children of deceased workers	2,030	2.9	2,316	1,140.84
Widowed mothers and fathers	100	0.1	133	1,334.22
Nondisabled widow(er)s	3,525	5.0	6,584	1,867.48
Disabled widow(er)s	192	0.3	183	955.16
Parents of deceased workers	1	(L)	1	1,690.33
Disability Insurance	8,177	11.6	11,870	1,451.55
Disabled workers	7,140	10.1	11,342	1,588.52
Spouses of disabled workers	90	0.1	40	448.82
Children of disabled workers	948	1.3	488	514.71

SOURCE: Social Security Administration, Master Beneficiary Record, 100 percent data.

NOTE: (L) = less than 0.05 percent.

CONTACT: statistics@ssa.gov.

Table 3.
Supplemental Security Income recipients, November 2025

Age	Recipients		Total payments ^a (millions of dollars)	Average monthly payment ^b (dollars)
	Number (thousands)	Percent		
All recipients	7,391	100.0	5,625	717.90
Under 18	1,015	13.7	932	848.44
18–64	3,870	52.4	3,194	764.21
65 or older	2,506	33.9	1,499	594.67

SOURCE: Social Security Administration, Supplemental Security Record, 100 percent data.

a. Includes retroactive payments.

b. Excludes retroactive payments.

CONTACT: statistics@ssa.gov.