
Table 1.**Number of people receiving Social Security, Supplemental Security Income (SSI), or both, December 2025
(in thousands)**

Type of beneficiary	Total	Social Security only	SSI only	Both Social Security and SSI
All beneficiaries	74,897	67,505	4,858	2,534
Aged 65 or older	58,257	55,745	1,086	1,426
Disabled, under age 65 ^a	11,118	6,238	3,772	1,108
Other ^b	5,522	5,522

SOURCES: Social Security Administration, Master Beneficiary Record and Supplemental Security Record, 100 percent data.

NOTES: Social Security beneficiaries who are entitled to a primary and a secondary benefit (dual entitlement) are counted only once in this table. SSI counts include recipients of federal SSI, federally administered state supplementation, or both.

... = not applicable.

a. Includes children receiving SSI based on their own disability.

b. Social Security beneficiaries who are neither aged nor disabled (for example, early retirees, young survivors).

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Table 2.
Social Security benefits, December 2025

Type of beneficiary	Beneficiaries		Total monthly benefits (millions of dollars)	Average monthly benefit (dollars)
	Number (thousands)	Percent		
Total	70,451	100.0	135,481	1,923.03
Old-Age and Survivors Insurance	62,288	88.4	123,299	1,979.50
Retirement benefits	56,441	80.1	113,822	2,016.64
Retired workers	53,625	76.1	111,073	2,071.30
Spouses of retired workers	2,082	3.0	2,048	983.71
Children of retired workers	735	1.0	702	954.76
Survivor benefits	5,846	8.3	9,477	1,620.95
Children of deceased workers	2,036	2.9	2,390	1,173.90
Widowed mothers and fathers	99	0.1	135	1,369.24
Nondisabled widow(er)s	3,520	5.0	6,763	1,921.20
Disabled widow(er)s	191	0.3	187	982.26
Parents of deceased workers	1	(L)	1	1,740.95
Disability Insurance	8,164	11.6	12,182	1,492.18
Disabled workers	7,126	10.1	11,638	1,633.19
Spouses of disabled workers	89	0.1	41	461.57
Children of disabled workers	948	1.3	503	529.89

SOURCE: Social Security Administration, Master Beneficiary Record, 100 percent data.

NOTE: (L) = less than 0.05 percent.

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Table 3.
Supplemental Security Income recipients, December 2025

Age	Recipients		Total payments ^a (millions of dollars)	Average monthly payment ^b (dollars)
	Number (thousands)	Percent		
All recipients	7,392	100.0	5,650	714.53
Under 18	1,016	13.7	936	833.22
18–64	3,864	52.3	3,208	761.94
65 or older	2,512	34.0	1,506	593.85

SOURCE: Social Security Administration, Supplemental Security Record, 100 percent data.

a. Includes retroactive payments.

b. Excludes retroactive payments.

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