

Table 1.
Number of people receiving Social Security, Supplemental Security Income (SSI), or both, April 2026
(in thousands)

Type of beneficiary	Total	Social Security only	SSI only	Both Social Security and SSI
All beneficiaries	75,488	68,150	4,822	2,516
Aged 65 or older	58,866	56,366	1,079	1,421
Disabled, under age 65 ^a	11,016	6,179	3,743	1,095
Other ^b	5,605	5,605

SOURCES: Social Security Administration, Master Beneficiary Record and Supplemental Security Record, 100 percent data.

NOTES: Social Security beneficiaries who are entitled to a primary and a secondary benefit (dual entitlement) are counted only once in this table. SSI counts include recipients of federal SSI, federally administered state supplementation, or both.

... = not applicable.

a. Includes children receiving SSI based on their own disability.

b. Social Security beneficiaries who are neither aged nor disabled (for example, early retirees, young survivors).

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Table 2.
Social Security benefits, April 2026

Type of beneficiary	Beneficiaries		Total monthly benefits (millions of dollars)	Average monthly benefit (dollars)
	Number (thousands)	Percent		
Total	71,077	100.0	137,377	1,932.80
Old-Age and Survivors Insurance	62,995	88.6	125,309	1,989.20
Retirement benefits	57,147	80.4	115,804	2,026.41
Retired workers	54,308	76.4	113,024	2,081.16
Spouses of retired workers	2,088	2.9	2,059	985.99
Children of retired workers	751	1.1	720	959.56
Survivor benefits	5,847	8.2	9,505	1,625.56
Children of deceased workers	2,056	2.9	2,426	1,179.73
Widowed mothers and fathers	94	0.1	128	1,364.86
Nondisabled widow(er)s	3,510	4.9	6,766	1,927.87
Disabled widow(er)s	187	0.3	184	984.20
Parents of deceased workers	1	(L)	1	1,748.11
Disability Insurance	8,082	11.4	12,068	1,493.20
Disabled workers	7,050	9.9	11,525	1,634.70
Spouses of disabled workers	88	0.1	41	461.93
Children of disabled workers	944	1.3	503	532.84

SOURCE: Social Security Administration, Master Beneficiary Record, 100 percent data.

NOTE: (L) = less than 0.05 percent.

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Table 3.
Supplemental Security Income recipients, April 2026

Age	Recipients		Total payments ^a (millions of dollars)	Average monthly payment ^b (dollars)
	Number (thousands)	Percent		
All recipients	7,338	100.0	5,760	738.22
Under 18	1,019	13.9	964	873.89
18–64	3,819	52.0	3,255	785.70
65 or older	2,500	34.1	1,541	610.85

SOURCE: Social Security Administration, Supplemental Security Record, 100 percent data.

a. Includes retroactive payments.

b. Excludes retroactive payments.

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