

Table 1.
Number of people receiving Social Security, Supplemental Security Income (SSI), or both, June 2026
(in thousands)

Type of beneficiary	Total	Social Security only	SSI only	Both Social Security and SSI
All beneficiaries	75,656	68,332	4,810	2,514
Aged 65 or older	59,154	56,648	1,081	1,425
Disabled, under age 65 ^a	10,970	6,152	3,729	1,089
Other ^b	5,532	5,532	...	...

SOURCES: Social Security Administration, Master Beneficiary Record and Supplemental Security Record, 100 percent data.

NOTES: Social Security beneficiaries who are entitled to a primary and a secondary benefit (dual entitlement) are counted only once in this table. SSI counts include recipients of federal SSI, federally administered state supplementation, or both.

... = not applicable.

a. Includes children receiving SSI based on their own disability.

b. Social Security beneficiaries who are neither aged nor disabled (for example, early retirees, young survivors).

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Table 2.
Social Security benefits, June 2026

Type of beneficiary	Beneficiaries		Total monthly benefits (millions of dollars)	Average monthly benefit (dollars)
	Number (thousands)	Percent		
Total	71,255	100.0	138,058	1,937.53
Old-Age and Survivors Insurance	63,247	88.8	126,078	1,993.41
Retirement benefits	57,453	80.6	116,625	2,029.92
Retired workers	54,620	76.7	113,850	2,084.40
Spouses of retired workers	2,092	2.9	2,064	986.35
Children of retired workers	741	1.0	711	960.30
Survivor benefits	5,795	8.1	9,453	1,631.39
Children of deceased workers	2,009	2.8	2,372	1,180.50
Widowed mothers and fathers	94	0.1	130	1,377.41
Nondisabled widow(er)s	3,505	4.9	6,768	1,930.79
Disabled widow(er)s	185	0.3	182	984.67
Parents of deceased workers	1	(L)	1	1,754.58
Disability Insurance	8,008	11.2	11,981	1,496.16
Disabled workers	7,006	9.8	11,455	1,634.87
Spouses of disabled workers	87	0.1	40	462.66
Children of disabled workers	914	1.3	486	531.39

SOURCE: Social Security Administration, Master Beneficiary Record, 100 percent data.

NOTE: (L) = less than 0.05 percent.

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Table 3.
Supplemental Security Income recipients, June 2026

Age	Recipients		Total payments ^a (millions of dollars)	Average monthly payment ^b (dollars)
	Number (thousands)	Percent		
All recipients	7,324	100.0	5,780	738.10
Under 18	1,018	13.9	979	874.50
18–64	3,800	51.9	3,254	785.93
65 or older	2,506	34.2	1,546	611.12

SOURCE: Social Security Administration, Supplemental Security Record, 100 percent data.

a. Includes retroactive payments.

b. Excludes retroactive payments.

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