

Table 1.
Number of people receiving Social Security, Supplemental Security Income (SSI), or both, July 2026
(in thousands)

Type of beneficiary	Total	Social Security only	SSI only	Both Social Security and SSI
All beneficiaries	75,724	68,424	4,790	2,511
Aged 65 or older	59,317	56,809	1,080	1,428
Disabled, under age 65 ^a	10,933	6,140	3,710	1,083
Other ^b	5,475	5,475	...	...

SOURCES: Social Security Administration, Master Beneficiary Record and Supplemental Security Record, 100 percent data.

NOTES: Social Security beneficiaries who are entitled to a primary and a secondary benefit (dual entitlement) are counted only once in this table. SSI counts include recipients of federal SSI, federally administered state supplementation, or both.

... = not applicable.

a. Includes children receiving SSI based on their own disability.

b. Social Security beneficiaries who are neither aged nor disabled (for example, early retirees, young survivors).

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Table 2.
Social Security benefits, July 2026

Type of beneficiary	Beneficiaries		Total monthly benefits (millions of dollars)	Average monthly benefit (dollars)
	Number (thousands)	Percent		
Total	71,343	100.0	138,411	1,940.08
Old-Age and Survivors Insurance	63,372	88.8	126,467	1,995.63
Retirement benefits	57,610	80.8	117,048	2,031.74
Retired workers	54,785	76.8	114,280	2,085.98
Spouses of retired workers	2,094	2.9	2,066	986.53
Children of retired workers	731	1.0	702	960.35
Survivor benefits	5,763	8.1	9,420	1,634.61
Children of deceased workers	1,979	2.8	2,336	1,179.88
Widowed mothers and fathers	94	0.1	130	1,384.94
Nondisabled widow(er)s	3,502	4.9	6,769	1,932.74
Disabled widow(er)s	186	0.3	183	985.11
Parents of deceased workers	1	(L)	1	1,758.12
Disability Insurance	7,971	11.2	11,944	1,498.43
Disabled workers	6,990	9.8	11,430	1,635.27
Spouses of disabled workers	87	0.1	40	463.69
Children of disabled workers	894	1.3	473	529.47

SOURCE: Social Security Administration, Master Beneficiary Record, 100 percent data.

NOTE: (L) = less than 0.05 percent.

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Table 3.
Supplemental Security Income recipients, July 2026

Age	Recipients		Total payments ^a (millions of dollars)	Average monthly payment ^b (dollars)
	Number (thousands)	Percent		
All recipients	7,300	100.0	5,680	736.54
Under 18	1,010	13.8	951	865.82
18–64	3,783	51.8	3,187	785.35
65 or older	2,507	34.3	1,542	611.15

SOURCE: Social Security Administration, Supplemental Security Record, 100 percent data.

a. Includes retroactive payments.

b. Excludes retroactive payments.

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