

Table 1.
Number of people receiving Social Security, Supplemental Security Income (SSI), or both, August 2026
(in thousands)

Type of beneficiary	Total	Social Security only	SSI only	Both Social Security and SSI
All beneficiaries	75,880	68,574	4,790	2,516
Aged 65 or older	59,481	56,968	1,082	1,432
Disabled, under age 65 ^a	10,916	6,124	3,708	1,084
Other ^b	5,483	5,483	...	...

SOURCES: Social Security Administration, Master Beneficiary Record and Supplemental Security Record, 100 percent data.

NOTES: Social Security beneficiaries who are entitled to a primary and a secondary benefit (dual entitlement) are counted only once in this table. SSI counts include recipients of federal SSI, federally administered state supplementation, or both.

... = not applicable.

a. Includes children receiving SSI based on their own disability.

b. Social Security beneficiaries who are neither aged nor disabled (for example, early retirees, young survivors).

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Table 2.
Social Security benefits, August 2026

Type of beneficiary	Beneficiaries		Total monthly benefits (millions of dollars)	Average monthly benefit (dollars)
	Number (thousands)	Percent		
Total	71,499	100.0	138,833	1,941.76
Old-Age and Survivors Insurance	63,544	88.9	126,909	1,997.19
Retirement benefits	57,777	80.8	117,476	2,033.27
Retired workers	54,947	76.9	114,702	2,087.52
Spouses of retired workers	2,096	2.9	2,069	986.70
Children of retired workers	734	1.0	705	961.26
Survivor benefits	5,767	8.1	9,434	1,635.70
Children of deceased workers	1,982	2.8	2,341	1,181.07
Widowed mothers and fathers	95	0.1	132	1,387.46
Nondisabled widow(er)s	3,502	4.9	6,775	1,934.37
Disabled widow(er)s	187	0.3	184	985.57
Parents of deceased workers	1	(L)	1	1,754.03
Disability Insurance	7,955	11.1	11,923	1,498.94
Disabled workers	6,975	9.8	11,410	1,635.90
Spouses of disabled workers	87	0.1	40	463.94
Children of disabled workers	893	1.2	473	529.79

SOURCE: Social Security Administration, Master Beneficiary Record, 100 percent data.

NOTE: (L) = less than 0.05 percent.

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Table 3.
Supplemental Security Income recipients, August 2026

Age	Recipients		Total payments ^a (millions of dollars)	Average monthly payment ^b (dollars)
	Number (thousands)	Percent		
All recipients	7,306	100.0	5,722	738.73
Under 18	1,013	13.9	966	878.67
18–64	3,779	51.7	3,209	786.79
65 or older	2,514	34.4	1,548	611.26

SOURCE: Social Security Administration, Supplemental Security Record, 100 percent data.

a. Includes retroactive payments.

b. Excludes retroactive payments.

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