Table 1.
Number of people receiving Social Security, Supplemental Security Income (SSI), or both, October 2026 (in thousands)

Type of beneficiary	Total	Social Security only	SSI only	Both Social Security and SSI
All beneficiaries	76,129	68,834	4,777	2,518
Aged 65 or older	59,768	57,248	1,082	1,438
Disabled, under age 65 [a]	10,867	6,091	3,696	1,080
Other [b]	5,494	5,494	. . .	. . .

SOURCES: Social Security Administration, Master Beneficiary Record and Supplemental Security Record, 100 percent data.

NOTES: Social Security beneficiaries who are entitled to a primary and a secondary benefit (dual entitlement) are counted only once in this table. SSI counts include recipients of federal SSI, federally administered state supplementation, or both.

. . . = not applicable.

a. Includes children receiving SSI based on their own disability.

b. Social Security beneficiaries who are neither aged nor disabled (for example, early retirees, young survivors).

CONTACT: statistics@ssa.gov.

Table 2.
Social Security benefits, October 2026

Type of beneficiary	Beneficiaries		Total monthly benefits (millions of dollars)	Average monthly benefit (dollars)
	Number (thousands)	Percent		
Total	71,758	100.0	139,658	1,946.23
Old-Age and Survivors Insurance	63,834	89.0	127,765	2,001.52
Retirement benefits	58,054	80.9	118,304	2,037.84
Retired workers	55,213	76.9	115,514	2,092.17
Spouses of retired workers	2,100	2.9	2,075	988.19
Children of retired workers	741	1.0	715	964.56
Survivor benefits	5,780	8.1	9,461	1,636.75
Children of deceased workers	1,997	2.8	2,363	1,183.23
Widowed mothers and fathers	96	0.1	133	1,390.17
Nondisabled widow(er)s	3,502	4.9	6,781	1,936.48
Disabled widow(er)s	185	0.3	182	985.82
Parents of deceased workers	1	(L)	1	1,762.93
Disability Insurance	7,924	11.0	11,893	1,500.84
Disabled workers	6,940	9.7	11,376	1,639.28
Spouses of disabled workers	87	0.1	40	464.70
Children of disabled workers	898	1.3	476	530.56

SOURCE: Social Security Administration, Master Beneficiary Record, 100 percent data.

NOTE: (L) = less than 0.05 percent.

CONTACT: statistics@ssa.gov.

Table 3.
Supplemental Security Income recipients, October 2026

Age	Recipients		Total payments [a] (millions of dollars)	Average monthly payment [b] (dollars)
	Number (thousands)	Percent		
All recipients	7,295	100.0	5,700	740.07
Under 18	1,012	13.9	958	876.34
18–64	3,763	51.6	3,193	789.28
65 or older	2,520	34.5	1,549	612.39

SOURCE: Social Security Administration, Supplemental Security Record, 100 percent data.

a. Includes retroactive payments.

b. Excludes retroactive payments.

CONTACT: statistics@ssa.gov.