

## Health

**Table 4.**  
**Health status, by program and employment status (in percent)**

Characteristic	All beneficiaries	Program			Beneficiaries employed at interview
		DI only	Concurrent DI and SSI	SSI only	
Self-reported limiting condition <sup>a</sup>					
Musculoskeletal impairment	38.8	45.8	34.0	26.5	20.0
Psychiatric impairment	38.2	33.8	40.4	46.3	32.3
Circulatory system disease	22.5	24.5	23.9	17.5	9.6
Endocrine or nutritional disorder	14.0	14.7	18.3	10.2	4.9
Nervous system disease	17.6	19.1	13.2	16.8	11.7
Injury or poisoning	11.9	14.8	6.9	8.5	6.7
Respiratory system disease	10.8	12.6	6.8	9.1	6.7
Sensory disorder	6.4	6.0	8.5	6.3	6.5
Intellectual disability	3.4	2.2	6.8	4.2	7.6
Infectious or parasitic disease	2.6	2.3	0.6	4.0	2.5
Neoplasm	6.4	5.8	9.1	6.2	5.1
Blood or blood-forming organs disease	1.1	1.2	0.5	1.2	1.4
Digestive system disease	4.2	4.7	2.7	4.0	2.1
Genitourinary system disease	4.1	4.7	3.1	3.4	0.9
Congenital anomaly	2.2	1.3	3.8	3.2	4.0
Other	19.4	20.4	19.2	17.5	12.3
Number of self-reported limiting conditions <sup>b</sup>					
0	9.7	6.8	14.2	13.7	24.7
1	27.3	26.2	23.5	31.3	38.2
2	31.8	33.5	33.1	27.6	22.0
3	19.1	20.8	16.4	17.0	9.6
4 or more	12.1	12.7	12.8	10.3	5.5
Drug or alcohol abuse in the past 12 months	11.6	9.8	12.7	14.8	11.9
Age at disability onset					
Under 18	21.1	10.7	31.4	37.6	40.2
18–24	8.7	7.2	12.8	9.9	12.8
25–39	22.7	22.3	18.9	25.4	16.4
40–54	34.1	39.2	34.8	22.9	25.4
55 or older	13.5	20.6	2.1	4.3	5.3
General health					
Excellent	4.0	2.6	5.4	6.4	11.4
Very good	6.5	5.6	8.4	7.4	19.4
Good	16.6	14.7	20.1	19.0	28.1
Fair	34.6	35.5	35.8	32.1	26.5
Poor	26.4	29.5	20.4	22.7	12.0
Very poor	11.9	12.1	9.9	12.4	2.7
Current health compared to last year					
Much better	5.1	4.2	8.0	5.7	13.1
Somewhat better	12.5	12.4	8.9	14.6	15.0
About the same	42.7	39.2	48.7	46.9	51.6
Somewhat worse	26.7	30.4	24.4	20.0	14.8
Much worse	13.0	13.7	10.0	12.9	5.5

(Continued)

**Table 4.**  
**Health status, by program and employment status (in percent)—Continued**

Characteristic	All beneficiaries	Program			Beneficiaries employed at interview
		DI only	Concurrent DI and SSI	SSI only	
Body mass index <sup>c</sup>					
Less than 18.5 (underweight)	2.4	1.7	1.8	4.2	0.9
18.5–24.9 (normal weight)	20.8	20.1	19.5	23.1	30.1
25.0–29.9 (overweight)	28.5	28.3	26.1	30.2	26.8
30 or more (obese)	48.3	50.0	52.7	42.6	42.2
Number (unweighted)	9,092	4,281	1,813	2,998	4,597
Number (weighted)	12,666,165	7,387,330	1,771,690	3,507,145	1,212,138

a. Multiple responses possible.

b. Some beneficiaries consider one or more of their reported conditions not to be limiting.

c. Body mass index categories based on Centers for Disease Control and Prevention definitions (<https://www.cdc.gov/bmi/adult-calculator/bmi-categories.html>).

## Health

**Table 5.**  
**Difficulty with specific activities, by program and employment status (in percent)**

Difficulty type	All beneficiaries	Program			Beneficiaries employed at interview
		DI only	Concurrent DI and SSI	SSI only	
Activities of daily living (ADL) <sup>a</sup>					
Any ADL	51.7	55.5	42.9	47.9	28.0
Getting into or out of bed	33.2	36.9	23.4	30.2	17.4
Bathing or dressing	29.0	30.0	26.0	28.5	13.0
Getting around inside the house	18.1	20.7	15.5	13.9	7.4
Eating	15.0	16.1	13.7	13.2	5.1
Instrumental activities of daily living (IADL) <sup>a</sup>					
Any IADL	57.2	56.8	57.6	57.8	45.9
Getting around outside of the home	48.2	47.1	50.1	49.7	39.4
Shopping for personal items	30.5	30.6	26.4	32.1	22.4
Preparing meals	36.1	34.9	36.0	38.6	28.1
Functional activities <sup>a</sup>					
Walking or climbing stairs, standing for 1 hour, stooping, crouching, and/or kneeling	82.6	88.4	76.6	73.5	50.1
Grasping, reaching, and/or lifting 10 pounds	67.4	73.1	59.9	59.2	33.3
Speaking, hearing, and/or seeing	42.7	39.4	51.9	45.2	38.1
Concentrating	65.6	64.8	63.1	68.8	55.6
Getting along with others	28.2	24.2	30.9	35.3	20.2
Coping with stress	54.5	52.9	51.4	59.5	37.6
Number of ADL or IADL difficulties					
0	28.3	26.5	33.5	29.5	47.1
1	19.3	20.1	16.8	19.0	18.3
2	14.5	14.8	12.1	15.3	11.4
3	13.0	11.7	19.2	12.7	10.1
4	11.1	12.5	8.1	9.4	7.0
5	6.6	7.1	4.7	6.6	3.7
6	4.8	5.0	2.9	5.2	2.2
7	2.4	2.3	2.8	2.4	0.2
Number (unweighted)	9,092	4,281	1,813	2,998	4,597
Number (weighted)	12,666,165	7,387,330	1,771,690	3,507,145	1,212,138

a. Multiple responses possible.

**Table 6.**  
**Health insurance status and sources, by program and employment status (in percent)**

Characteristic	All beneficiaries	Program			Beneficiaries employed at interview
		DI only	Concurrent DI and SSI	SSI only	
Insured at interview					
Yes	96.5	97.3	97.6	94.5	94.0
No	1.6	0.8	1.1	3.5	3.6
Unknown	1.9	1.9	1.4	2.1	2.4
Health insurance source at interview <sup>a</sup>					
Medicaid or Medicare	92.0	91.6	96.4	90.6	81.0
Private	18.1	25.2	3.8	10.3	31.3
Other	5.5	8.0	2.2	2.1	4.9
Private insurance source					
Through own employment	17.3	18.8	11.1	10.7	41.5
Through spouse	39.1	35.6	48.4	55.7	35.4
Self or family purchased	25.7	29.1	26.9	8.2	16.1
Other	16.1	15.3	11.5	21.1	5.5
Unknown	1.8	1.3	2.2	4.3	1.5
Number (unweighted)					
All beneficiaries	9,092	4,281	1,813	2,998	4,597
Beneficiaries with private insurance	2,234	1,400	261	573	1,587
Number (weighted)					
All beneficiaries	12,666,165	7,387,330	1,771,690	3,507,145	1,212,138
Beneficiaries with private insurance	2,289,783	1,860,846	67,614	361,324	378,750
Beneficiaries with private insurance as a percentage of all beneficiaries (weighted)	18.1	25.2	3.8	10.3	31.2

a. Multiple responses possible.

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**Table 7.**  
**Health status, by selected impairment (in percent)**

Characteristic	All beneficiaries	Beneficiaries reporting—		
		Musculoskeletal impairment	Mental impairment	Intellectual disability
Self-reported limiting condition <sup>a</sup>				
Musculoskeletal impairment	38.8	100.0	36.1	10.4
Psychiatric impairment	38.2	35.5	100.0	39.4
Circulatory system disease	22.5	23.3	19.1	7.1
Endocrine or nutritional disorder	14.0	18.5	15.4	8.7
Nervous system disease	17.6	18.7	16.6	26.8
Injury or poisoning	11.9	11.9	10.1	5.2
Respiratory system disease	10.8	13.8	8.2	2.3
Sensory disorder	6.4	6.6	6.0	7.5
Intellectual disability	3.4	0.9	3.5	100.0
Infectious or parasitic disease	2.6	3.2	3.0	(X)
Neoplasm	6.4	7.4	5.3	0.7
Blood or blood-forming organs disease	1.1	1.5	0.8	0.4
Digestive system disease	4.2	3.9	3.6	4.1
Genitourinary system disease	4.1	3.9	4.2	1.0
Congenital anomaly	2.2	1.2	2.1	6.4
Other	19.4	20.3	17.0	20.2
Number of self-reported limiting conditions <sup>b</sup>				
0	9.7	...	...	...
1	27.3	15.1	24.4	19.4
2	31.8	36.0	33.1	38.3
3	19.1	26.1	23.2	31.0
4 or more	12.1	22.8	19.4	11.4
Drug or alcohol abuse in the past 12 months	11.6	10.0	13.9	2.6
Age at disability onset				
Under 18	21.1	6.5	25.7	93.7
18–24	8.7	6.6	13.5	4.2
25–39	22.7	24.5	28.0	1.5
40–54	34.1	46.3	26.8	0.6
55 or older	13.5	16.2	6.0	(X)
General health				
Excellent	4.0	0.6	2.9	10.4
Very good	6.5	2.7	5.4	17.6
Good	16.6	8.8	15.9	28.5
Fair	34.6	37.2	35.3	31.4
Poor	26.4	37.7	27.4	9.3
Very poor	11.9	13.1	13.0	2.9
Number (unweighted)	9,092	2,259	3,606	398
Number (weighted)	12,666,165	4,914,283	4,832,203	428,559

NOTE: (X) = suppressed to avoid disclosing information about particular individuals; . . . = not applicable.

a. Multiple responses possible.

b. Some beneficiaries consider one or more of their reported conditions not to be limiting.

**Table 8.**  
**Health status, by age (in percent)**

Characteristic	All beneficiaries	Under 30	30–49	50 or older
Self-reported limiting condition <sup>a</sup>				
Musculoskeletal impairment	38.8	6.6	29.4	46.8
Psychiatric impairment	38.2	51.6	50.0	31.8
Circulatory system disease	22.5	3.8	10.6	29.5
Endocrine or nutritional disorder	14.0	4.2	8.8	17.2
Nervous system disease	17.6	16.8	19.9	16.9
Injury or poisoning	11.9	3.6	11.0	13.4
Respiratory system disease	10.8	4.6	6.6	13.2
Sensory disorder	6.4	7.5	7.3	6.0
Intellectual disability	3.4	10.5	5.9	1.5
Infectious or parasitic disease	2.6	0.2	2.0	3.1
Neoplasm	6.4	1.2	4.2	7.9
Blood or blood-forming organs disease	1.1	0.6	1.5	0.9
Digestive system disease	4.2	2.2	4.7	4.3
Genitourinary system disease	4.1	1.6	4.1	4.5
Congenital anomaly	2.2	9.1	4.0	0.6
Other	19.4	12.7	19.0	20.5
Number of self-reported limiting conditions <sup>b</sup>				
0	9.7	17.4	9.9	8.6
1	27.3	45.8	32.7	22.7
2	31.8	24.2	31.1	33.2
3	19.1	9.1	16.3	21.5
4 or more	12.1	3.6	10.0	14.0
Drug or alcohol abuse in the past 12 months	11.6	8.9	12.1	11.8
Age at disability onset				
Under 18	21.1	83.8	35.3	7.1
18–24	8.7	15.4	16.2	5.0
25–39	22.7	0.8	39.4	19.2
40–54	34.1	...	9.0	48.2
55 or older	13.5	...	...	20.5
General health				
Excellent	4.0	15.0	5.2	2.1
Very good	6.5	15.6	7.2	5.0
Good	16.6	28.2	20.9	13.4
Fair	34.6	27.9	34.4	35.6
Poor	26.4	10.9	23.1	29.7
Very poor	11.9	2.3	9.1	14.2
Number (unweighted)	9,092	1,885	4,292	2,915
Number (weighted)	12,666,165	1,129,444	3,183,724	8,352,997

NOTE: ... = not applicable.

a. Multiple responses possible.

b. Some beneficiaries consider one or more of their reported conditions not to be limiting.