

**Table 1.**  
**Beneficiaries as a percentage of the total resident population and of the population aged 65 or older, by state, December 2019**

State	Total population		Population aged 65 or older	
	Number <sup>a</sup>	Percentage receiving benefits	Number <sup>a</sup>	Percentage receiving benefits
United States	328,239,523	19.0	54,058,263	87.7
Alabama	4,903,185	23.6	849,837	92.4
Alaska	731,545	14.3	91,588	85.5
Arizona	7,278,717	19.2	1,308,633	84.2
Arkansas	3,017,804	23.3	523,882	91.6
California	39,512,223	15.4	5,838,115	82.8
Colorado	5,758,736	15.6	842,412	85.0
Connecticut	3,565,287	19.4	630,244	87.3
Delaware	973,764	22.5	188,906	90.4
District of Columbia	705,749	11.9	87,343	71.7
Florida	21,477,737	22.1	4,497,337	82.8
Georgia	10,617,423	17.6	1,516,954	88.9
Hawaii	1,415,872	19.6	268,448	85.6
Idaho	1,787,065	20.1	290,670	94.4
Illinois	12,671,821	17.9	2,043,232	85.8
Indiana	6,732,219	20.4	1,085,743	93.0
Iowa	3,155,070	20.8	552,954	93.3
Kansas	2,913,314	19.3	475,487	90.7
Kentucky	4,467,673	22.4	750,564	90.3
Louisiana	4,648,794	19.8	741,022	86.4
Maine	1,344,212	26.0	285,265	91.0
Maryland	6,045,680	16.9	959,396	82.7
Massachusetts	6,892,503	18.7	1,169,332	84.2
Michigan	9,986,857	22.4	1,765,401	92.7
Minnesota	5,639,632	18.7	920,382	90.7
Mississippi	2,976,149	22.8	486,693	93.4
Missouri	6,137,428	21.4	1,062,037	89.9
Montana	1,068,778	22.4	206,437	90.8
Nebraska	1,934,408	18.2	312,458	89.3
Nevada	3,080,156	17.9	495,972	86.4
New Hampshire	1,359,711	22.9	253,864	92.7
New Jersey	8,882,190	18.5	1,475,535	88.3
New Mexico	2,096,829	21.3	377,606	87.5
New York	19,453,561	18.9	3,296,146	85.5
North Carolina	10,488,084	20.4	1,751,094	90.6
North Dakota	762,062	17.9	119,845	90.7
Ohio	11,689,100	20.4	2,046,320	87.2
Oklahoma	3,956,971	20.3	635,132	91.3
Oregon	4,217,737	21.1	766,080	92.0
Pennsylvania	12,801,989	22.3	2,393,362	91.1
Rhode Island	1,059,361	21.5	187,046	91.3
South Carolina	5,148,714	22.8	937,023	92.2
South Dakota	884,659	20.7	151,871	96.3
Tennessee	6,829,174	21.6	1,143,393	92.5
Texas	28,995,881	15.0	3,734,229	87.3
Utah	3,205,958	13.1	365,872	88.4
Vermont	623,989	24.5	125,039	93.5
Virginia	8,535,519	18.3	1,358,906	87.7
Washington	7,614,893	18.1	1,209,723	89.5
West Virginia	1,792,147	26.7	367,011	90.8
Wisconsin	5,822,434	21.6	1,017,243	94.8
Wyoming	578,759	19.9	99,179	90.1

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; U.S. Postal Service geographic data; and Census Bureau, Population Division, 2019 estimates of resident population.

a. Population estimates for the United States as of July 1, 2019, as reported by the Census Bureau.

CONTACT: (410) 965-0090 or statistics@ssa.gov.

**Table 2.**  
**Number of beneficiaries in current-payment status, by state or other area, type of benefit, and sex of beneficiaries aged 65 or older, December 2019**

State or area	Total	Retirement			Survivors		Disability			Aged 65 or older	
		Retired workers	Spouses	Children	Widow(er)s and parents	Children	Disabled workers	Spouses	Children	Men	Women
All areas	64,064,496	45,094,245	2,430,526	702,249	3,996,448	1,915,560	8,378,374	113,435	1,433,659	21,754,504	26,898,532
Alabama	1,159,320	731,111	31,033	12,812	78,529	43,128	219,981	2,846	39,880	341,346	443,830
Alaska	104,568	75,412	3,147	1,988	5,442	4,654	11,583	158	2,184	39,679	38,628
Arizona	1,399,403	1,040,894	50,894	15,653	78,367	37,266	149,523	1,990	24,816	503,316	598,228
Arkansas	703,896	450,419	16,268	7,489	44,711	25,318	132,680	1,676	25,335	212,353	267,587
California	6,070,395	4,443,137	305,588	82,492	362,897	154,402	618,003	10,056	93,820	2,201,881	2,630,827
Colorado	897,886	665,194	37,412	8,098	50,543	23,984	96,445	1,037	15,173	330,904	385,485
Connecticut	689,996	512,703	22,870	7,678	36,513	18,295	78,473	691	12,773	241,942	308,005
Delaware	219,490	162,952	6,176	1,734	11,744	6,073	26,574	225	4,012	75,450	95,256
District of Columbia	83,899	58,903	2,120	867	3,965	3,157	13,422	26	1,439	26,735	35,869
Florida	4,747,364	3,514,707	161,937	48,499	268,798	113,458	544,910	7,172	87,883	1,681,718	2,040,882
Georgia	1,871,862	1,288,872	50,158	21,128	113,210	67,795	276,354	3,460	50,885	587,214	762,009
Hawaii	277,013	218,219	9,612	3,826	14,570	6,237	20,572	350	3,627	104,063	125,708
Idaho	358,633	259,909	12,331	3,978	19,805	10,030	43,495	697	8,388	128,177	146,181
Illinois	2,267,082	1,627,122	84,413	24,705	144,255	70,089	269,014	3,378	44,106	778,738	974,917
Indiana	1,370,231	946,375	40,672	13,427	86,843	47,193	198,695	2,466	34,560	442,913	566,597
Iowa	657,019	482,117	20,826	6,409	40,268	18,264	76,483	733	11,919	229,900	286,248
Kansas	561,634	402,018	18,770	5,973	33,589	17,757	70,426	703	12,398	191,915	239,300
Kentucky	1,001,700	618,077	32,452	10,094	74,232	38,254	191,326	3,592	33,673	303,847	373,570
Louisiana	922,223	559,820	41,450	11,034	82,951	42,043	152,643	3,061	29,221	288,494	351,399
Maine	349,962	242,442	10,661	3,412	19,192	8,994	54,497	617	10,147	119,325	140,183
Maryland	1,020,436	742,552	33,177	10,150	56,217	32,929	124,843	826	19,742	344,251	449,537
Massachusetts	1,287,830	901,679	44,597	14,054	66,711	35,080	188,851	1,434	35,424	437,173	547,616
Michigan	2,236,852	1,536,620	75,109	23,922	139,023	69,064	329,376	4,852	58,886	728,157	907,663
Minnesota	1,053,166	784,382	36,935	10,586	55,062	26,344	118,405	962	20,490	377,186	457,414
Mississippi	677,464	429,412	15,543	8,871	45,927	30,471	122,113	1,834	23,293	198,282	256,064
Missouri	1,312,639	897,621	35,736	12,374	80,272	44,782	205,935	2,332	33,587	424,035	530,413
Montana	239,410	178,102	7,698	2,544	13,927	6,705	26,058	365	4,011	89,112	98,429
Nebraska	352,880	257,481	12,084	3,605	21,072	10,611	40,417	309	7,301	122,971	155,946
Nevada	552,219	413,107	15,986	6,102	29,071	14,489	63,167	728	9,569	204,122	224,546
New Hampshire	312,043	220,989	9,382	2,585	14,720	7,449	46,341	337	10,240	107,336	127,872
New Jersey	1,646,792	1,207,715	62,376	19,094	92,329	43,909	186,881	2,214	32,274	562,304	740,943
New Mexico	445,742	307,967	16,774	4,526	26,733	15,325	63,154	833	10,430	150,904	179,375
New York	3,667,022	2,603,254	147,467	46,315	207,475	95,575	477,552	6,118	83,266	1,225,807	1,591,750
North Carolina	2,144,804	1,526,249	50,917	19,870	116,547	64,969	311,730	3,366	51,156	688,893	896,959
North Dakota	136,520	99,735	4,833	1,192	9,758	4,540	14,046	114	2,302	49,723	58,963
Ohio	2,386,362	1,623,359	88,351	20,931	175,757	82,057	338,599	4,453	52,855	797,974	986,452
Oklahoma	802,326	537,909	24,266	8,664	55,112	29,901	123,472	1,683	21,319	256,981	323,071
Oregon	891,726	662,320	31,810	9,294	49,521	19,684	102,966	1,400	14,731	321,311	383,546
Pennsylvania	2,861,155	2,013,791	97,085	25,996	182,826	81,345	390,626	4,556	64,930	953,409	1,225,814
Rhode Island	228,257	160,706	5,743	2,623	11,154	5,868	35,441	257	6,465	74,856	95,959
South Carolina	1,174,399	828,566	28,705	11,110	67,311	36,863	171,174	1,973	28,697	381,323	482,802
South Dakota	182,793	137,577	5,628	1,590	10,859	5,490	18,335	162	3,152	67,934	78,278
Tennessee	1,478,145	995,471	41,650	14,643	93,854	51,797	237,006	3,157	40,567	465,927	591,843
Texas	4,338,301	2,954,611	206,031	50,764	315,685	150,771	544,477	9,254	106,708	1,477,384	1,783,565
Utah	419,037	296,554	21,275	5,450	23,543	16,691	45,483	640	9,401	148,167	175,446
Vermont	153,124	109,498	5,021	1,657	7,811	3,727	21,232	176	4,002	53,710	63,224
Virginia	1,559,858	1,113,220	52,471	15,493	92,892	44,793	203,630	2,510	34,849	522,954	668,604
Washington	1,376,287	1,005,248	55,307	14,775	75,223	32,173	165,880	1,935	25,746	492,012	590,218
West Virginia	478,209	292,653	21,719	5,448	40,741	17,559	83,775	2,329	13,985	150,882	182,308
Wisconsin	1,257,850	923,461	35,439	12,144	67,451	33,549	156,887	1,442	27,477	437,096	527,612
Wyoming	115,406	85,085	3,698	1,062	6,690	3,572	13,173	172	1,954	42,551	46,854

(Continued)

**Table 2.****Number of beneficiaries in current-payment status, by state or other area, type of benefit, and sex of beneficiaries aged 65 or older, December 2019—Continued**

State or area	Total	Retirement			Survivors		Disability			Aged 65 or older	
		Retired workers	Spouses	Children	Widow(er)s and parents	Children	Disabled workers	Spouses	Children	Men	Women
Outlying areas											
American Samoa	6,168	2,588	180	227	591	709	1,312	39	522	1,352	1,452
Guam	18,768	12,093	1,083	575	1,591	1,220	1,587	64	555	6,317	6,790
Northern Mariana Islands											
	3,188	1,925	133	178	301	325	258	8	60	988	925
Puerto Rico	828,099	481,024	61,533	10,328	73,153	24,462	148,218	5,179	24,202	256,316	318,260
U.S. Virgin Islands	21,939	16,845	921	432	1,260	668	1,469	35	309	8,129	9,508
Foreign countries	682,888	431,883	115,040	11,773	97,759	13,687	9,343	452	2,951	296,419	321,440
Unknown	816	590	33	6	95	16	63	1	12	346	362

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; and U.S. Postal Service geographic data.

CONTACT: (410) 965-0090 or [statistics@ssa.gov](mailto:statistics@ssa.gov).

**Table 3.****Amount of benefits in current-payment status, by state or other area, type of benefit, and sex of beneficiaries aged 65 or older, December 2019 (in thousands of dollars)**

State or area	Total	Retirement			Survivors		Disability			Aged 65 or older	
		Retired workers	Spouses	Children	Widow(er)s and parents	Children	Disabled workers	Spouses	Children	Men	Women
All areas	88,523,452	67,769,892	1,910,575	500,543	5,476,827	1,726,994	10,537,097	41,079	560,445	36,495,448	35,498,634
Alabama	1,539,497	1,077,545	25,111	9,461	102,078	36,880	271,929	990	15,505	572,103	574,188
Alaska	139,300	108,749	2,579	1,311	7,335	4,110	14,362	54	799	64,275	47,994
Arizona	2,002,298	1,597,938	42,154	10,902	111,575	33,644	195,449	734	9,903	862,095	811,551
Arkansas	905,022	641,449	12,354	5,228	56,373	21,023	159,005	502	9,088	339,360	338,837
California	8,311,626	6,544,242	225,101	57,146	495,941	146,679	798,441	4,016	40,060	3,566,455	3,411,457
Colorado	1,275,705	1,011,741	33,009	5,959	72,341	22,952	123,090	409	6,203	569,085	506,230
Connecticut	1,061,420	850,445	21,407	5,878	56,670	18,520	102,647	269	5,584	450,292	451,546
Delaware	333,859	266,046	5,806	1,342	17,600	5,512	35,810	92	1,652	137,380	139,083
District of Columbia	112,085	86,455	2,019	606	4,985	2,502	14,993	9	518	41,734	49,687
Florida	6,621,951	5,250,238	127,721	33,749	374,697	100,394	698,119	2,591	34,442	2,798,291	2,708,187
Georgia	2,536,552	1,901,882	41,490	15,006	150,846	58,549	348,137	1,142	19,499	983,200	1,000,822
Hawaii	390,967	326,610	7,663	2,740	19,899	5,917	26,599	127	1,411	167,997	171,884
Idaho	490,012	382,985	10,206	2,837	28,033	9,145	53,577	225	3,004	214,790	186,056
Illinois	3,219,194	2,493,109	70,374	18,284	209,924	65,461	343,121	1,245	17,676	1,345,629	1,311,348
Indiana	1,957,955	1,478,387	35,549	10,172	127,530	42,407	249,886	897	13,125	787,589	778,840
Iowa	921,357	728,612	17,731	4,495	57,590	16,708	91,645	245	4,331	393,483	378,219
Kansas	803,278	625,931	16,861	4,352	48,901	16,008	86,449	262	4,515	337,578	327,163
Kentucky	1,292,021	884,591	24,515	7,079	94,785	31,919	234,606	1,314	13,211	492,510	463,029
Louisiana	1,159,288	783,435	32,040	7,510	106,167	34,603	183,928	1,178	10,427	467,083	411,166
Maine	455,580	342,843	8,779	2,333	25,396	8,038	64,229	199	3,765	189,771	173,694
Maryland	1,510,998	1,187,186	30,354	7,902	82,040	31,522	163,268	344	8,381	606,729	647,253
Massachusetts	1,838,077	1,404,228	39,579	10,228	96,075	33,819	238,854	553	14,742	760,874	749,854
Michigan	3,249,744	2,444,725	65,196	18,621	207,166	64,813	424,936	1,717	22,569	1,307,582	1,267,310
Minnesota	1,533,787	1,230,808	33,494	7,493	81,033	25,086	147,820	378	7,676	661,369	630,994
Mississippi	858,065	603,178	11,871	6,047	56,788	24,512	146,608	593	8,468	314,578	320,531
Missouri	1,779,307	1,327,079	30,243	8,754	110,245	37,911	251,832	791	12,453	711,712	691,079
Montana	319,611	254,137	6,187	1,741	19,229	5,747	31,005	115	1,451	142,733	123,013
Nebraska	493,000	389,814	10,381	2,576	30,145	9,685	47,753	107	2,539	210,139	207,193
Nevada	764,540	606,199	12,411	4,225	40,671	13,478	83,452	273	3,830	333,222	294,049
New Hampshire	462,494	357,676	9,031	1,996	22,111	7,274	60,158	139	4,109	195,576	181,515
New Jersey	2,539,495	2,008,212	54,785	14,730	141,206	44,998	259,429	914	15,221	1,034,539	1,098,743
New Mexico	578,475	436,768	12,730	3,003	34,374	12,426	75,176	302	3,696	237,097	224,192
New York	5,240,721	4,045,269	116,225	33,603	296,338	92,295	619,311	2,338	35,342	2,076,277	2,219,129
North Carolina	2,981,195	2,295,675	44,279	14,476	157,030	56,542	391,862	1,095	20,235	1,168,155	1,208,870
North Dakota	183,880	144,542	3,827	838	13,289	4,005	16,515	38	826	81,989	72,930
Ohio	3,231,289	2,397,424	72,452	14,900	245,697	70,625	409,644	1,557	18,991	1,346,910	1,256,681
Oklahoma	1,071,093	788,196	19,758	5,978	74,091	25,718	149,114	567	7,670	423,575	419,291
Oregon	1,257,557	998,643	27,530	6,813	71,373	18,641	128,197	513	5,849	541,923	511,792
Pennsylvania	4,101,737	3,138,087	84,606	19,390	264,896	74,812	493,030	1,644	25,272	1,670,378	1,683,285
Rhode Island	322,326	247,532	5,012	1,838	16,061	5,423	43,822	96	2,543	129,205	131,879
South Carolina	1,645,360	1,258,572	25,172	8,276	89,937	31,849	219,372	677	11,504	658,599	647,408
South Dakota	245,384	198,147	4,604	1,048	14,534	4,484	21,416	46	1,104	110,656	97,508
Tennessee	2,005,604	1,484,269	35,007	10,784	124,748	43,637	290,896	1,054	15,208	784,842	780,194
Texas	5,816,704	4,349,918	157,781	34,688	420,585	134,950	675,747	3,322	39,713	2,461,467	2,242,740
Utah	594,305	459,289	19,219	3,969	35,171	15,808	57,157	237	3,454	264,725	228,314
Vermont	213,972	167,227	4,398	1,208	11,025	3,404	25,182	60	1,469	90,337	86,037
Virginia	2,231,955	1,729,242	46,110	11,659	129,507	41,755	258,669	928	14,085	911,628	916,289
Washington	2,017,636	1,591,116	49,320	11,063	111,737	31,486	211,945	748	10,222	868,970	818,758
West Virginia	632,734	431,040	16,328	3,871	54,481	15,183	105,174	990	5,668	250,045	228,732
Wisconsin	1,803,101	1,426,593	31,014	8,924	99,200	31,099	195,543	491	10,236	761,424	717,158
Wyoming	165,086	130,287	3,310	784	9,869	3,352	16,665	68	751	74,656	61,288

(Continued)

**Table 3.****Amount of benefits in current-payment status, by state or other area, type of benefit, and sex of beneficiaries aged 65 or older, December 2019 (in thousands of dollars)—Continued**

State or area	Total	Retirement			Survivors		Disability			Aged 65 or older	
		Retired workers	Spouses	Children	Widow(er)s and parents	Children	Disabled workers	Spouses	Children	Men	Women
Outlying areas											
American Samoa	4,751	2,419	76	99	464	371	1,203	8	111	1,399	1,236
Guam	17,471	12,308	530	303	1,496	834	1,818	18	164	7,127	5,927
Northern Mariana Islands											
	2,266	1,486	57	76	219	182	229	3	14	871	641
Puerto Rico	764,388	476,997	27,896	5,355	63,123	15,914	164,795	1,646	8,663	270,930	269,768
U.S. Virgin Islands	26,726	21,869	580	283	1,419	537	1,893	15	129	11,220	11,150
Foreign countries	488,564	339,664	36,730	6,604	80,665	11,833	11,505	195	1,367	230,772	204,476
Unknown	1,086	838	20	5	122	16	79	a	5	519	447

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; and U.S. Postal Service geographic data.

a. Less than \$500.

CONTACT: (410) 965-0090 or [statistics@ssa.gov](mailto:statistics@ssa.gov).

**Table 4.****Number of beneficiaries in current-payment status, by county, type of benefit, and sex of beneficiaries aged 65 or older, December 2019**

County	ANSI Code	Total	Retirement			Survivors		Disability			Aged 65 or older	
			Retired workers	Spouses	Children	Widow(er)s and parents	Children	Disabled workers	Spouses	Children	Men	Women
Total, Delaware	10	219,490	162,952	6,176	1,734	11,744	6,073	26,574	225	4,012	75,450	95,256
Kent	10001	39,720	27,995	845	445	2,120	1,560	5,780	50	925	12,830	16,185
New Castle	10003	105,295	75,160	3,465	890	6,185	3,225	14,015	100	2,255	34,425	45,975
Sussex	10005	74,475	59,795	1,865	400	3,440	1,290	6,780	75	830	28,195	33,095

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; and U.S. Postal Service geographic data.

NOTE: ANSI = American National Standards Institute

CONTACT: (410) 965-0090 or [statistics@ssa.gov](mailto:statistics@ssa.gov).

**Table 5.****Amount of benefits in current-payment status, by county, type of benefit, and sex of beneficiaries aged 65 or older, December 2019 (in thousands of dollars)**

County	ANSI Code	Total	Retirement			Survivors		Disability			Aged 65 or older	
			Retired workers	Spouses	Children	Widow(er)s and parents	Children	Disabled workers	Spouses	Children	Men	Women
Total, Delaware	10	333,859	266,046	5,806	1,342	17,600	5,512	35,810	92	1,652	137,380	139,083
Kent	10001	55,733	42,472	727	340	2,936	1,426	7,452	20	360	21,711	22,137
New Castle	10003	162,719	126,218	3,291	699	9,532	2,942	19,051	41	946	64,224	69,123
Sussex	10005	115,407	97,356	1,788	303	5,132	1,144	9,307	31	346	51,445	47,824

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; and U.S. Postal Service geographic data.

NOTE: ANSI = American National Standards Institute

CONTACT: (410) 965-0090 or [statistics@ssa.gov](mailto:statistics@ssa.gov).