

Table 1.**Beneficiaries as a percentage of the total resident population and of the population aged 65 or older, by state, December 2024**

State	Total population		Population aged 65 or older	
	Number ^a	Percentage receiving benefits	Number ^a	Percentage receiving benefits
United States	340,110,988	19.7	61,179,918	87.9
Alabama	5,157,699	23.1	955,901	91.9
Alaska	740,133	15.9	109,206	86.8
Arizona	7,582,384	20.2	1,488,452	85.1
Arkansas	3,088,354	23.5	562,842	94.4
California	39,431,263	16.6	6,521,873	84.3
Colorado	5,957,493	16.6	975,901	85.6
Connecticut	3,675,069	20.1	714,203	86.1
Delaware	1,051,917	23.6	229,028	89.6
District of Columbia	702,250	12.2	90,959	74.8
Florida	23,372,215	22.1	5,091,262	83.7
Georgia	11,180,878	18.1	1,760,341	89.1
Hawaii	1,446,146	20.9	310,324	83.8
Idaho	2,001,619	20.3	354,407	93.5
Illinois	12,710,158	18.6	2,271,298	85.0
Indiana	6,924,275	20.9	1,213,910	93.3
Iowa	3,241,488	21.6	612,379	93.4
Kansas	2,970,606	20.2	528,177	91.9
Kentucky	4,588,372	22.6	826,695	91.5
Louisiana	4,597,740	20.7	814,527	87.8
Maine	1,405,012	26.7	330,265	90.5
Maryland	6,263,220	17.4	1,102,000	81.6
Massachusetts	7,136,171	18.9	1,336,934	82.5
Michigan	10,140,459	23.1	1,985,923	92.4
Minnesota	5,793,151	19.9	1,057,147	90.2
Mississippi	2,943,045	23.8	528,787	95.9
Missouri	6,245,466	22.1	1,169,583	91.2
Montana	1,137,233	23.2	239,351	91.4
Nebraska	2,005,465	18.9	349,449	89.1
Nevada	3,267,467	18.6	575,966	86.4
New Hampshire	1,409,032	24.3	303,344	91.4
New Jersey	9,500,851	18.3	1,706,102	84.6
New Mexico	2,130,256	22.4	429,581	87.6
New York	19,867,248	19.3	3,754,552	82.7
North Carolina	11,046,024	21.1	1,974,069	92.8
North Dakota	796,568	18.8	137,764	89.9
Ohio	11,883,304	21.1	2,269,539	87.5
Oklahoma	4,095,393	20.8	691,883	93.9
Oregon	4,272,371	22.1	850,804	92.5
Pennsylvania	13,078,751	22.8	2,665,932	90.2
Rhode Island	1,112,308	21.7	218,599	88.1
South Carolina	5,478,831	23.7	1,076,945	94.8
South Dakota	924,669	21.8	173,800	96.3
Tennessee	7,227,750	21.6	1,277,959	93.6
Texas	31,290,831	15.3	4,362,712	88.1
Utah	3,503,613	13.5	433,073	88.7
Vermont	648,493	25.4	147,621	90.6
Virginia	8,811,195	19.1	1,547,113	88.1
Washington	7,958,180	18.7	1,379,589	89.9
West Virginia	1,769,979	27.1	387,446	92.6
Wisconsin	5,960,975	22.9	1,168,733	94.6
Wyoming	587,618	22.0	115,668	91.8

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; U.S. Postal Service geographic data; and Census Bureau, Population Division, 2024 estimates of resident population.

a. Population estimates for the United States as of July 1, 2024, as reported by the Census Bureau.

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