

Table 1.**Beneficiaries as a percentage of the total resident population and of the population aged 65 or older, by state, December 2024**

State	Total population		Population aged 65 or older	
	Number ^a	Percentage receiving benefits	Number ^a	Percentage receiving benefits
United States	340,110,988	19.7	61,179,918	87.9
Alabama	5,157,699	23.1	955,901	91.9
Alaska	740,133	15.9	109,206	86.8
Arizona	7,582,384	20.2	1,488,452	85.1
Arkansas	3,088,354	23.5	562,842	94.4
California	39,431,263	16.6	6,521,873	84.3
Colorado	5,957,493	16.6	975,901	85.6
Connecticut	3,675,069	20.1	714,203	86.1
Delaware	1,051,917	23.6	229,028	89.6
District of Columbia	702,250	12.2	90,959	74.8
Florida	23,372,215	22.1	5,091,262	83.7
Georgia	11,180,878	18.1	1,760,341	89.1
Hawaii	1,446,146	20.9	310,324	83.8
Idaho	2,001,619	20.3	354,407	93.5
Illinois	12,710,158	18.6	2,271,298	85.0
Indiana	6,924,275	20.9	1,213,910	93.3
Iowa	3,241,488	21.6	612,379	93.4
Kansas	2,970,606	20.2	528,177	91.9
Kentucky	4,588,372	22.6	826,695	91.5
Louisiana	4,597,740	20.7	814,527	87.8
Maine	1,405,012	26.7	330,265	90.5
Maryland	6,263,220	17.4	1,102,000	81.6
Massachusetts	7,136,171	18.9	1,336,934	82.5
Michigan	10,140,459	23.1	1,985,923	92.4
Minnesota	5,793,151	19.9	1,057,147	90.2
Mississippi	2,943,045	23.8	528,787	95.9
Missouri	6,245,466	22.1	1,169,583	91.2
Montana	1,137,233	23.2	239,351	91.4
Nebraska	2,005,465	18.9	349,449	89.1
Nevada	3,267,467	18.6	575,966	86.4
New Hampshire	1,409,032	24.3	303,344	91.4
New Jersey	9,500,851	18.3	1,706,102	84.6
New Mexico	2,130,256	22.4	429,581	87.6
New York	19,867,248	19.3	3,754,552	82.7
North Carolina	11,046,024	21.1	1,974,069	92.8
North Dakota	796,568	18.8	137,764	89.9
Ohio	11,883,304	21.1	2,269,539	87.5
Oklahoma	4,095,393	20.8	691,883	93.9
Oregon	4,272,371	22.1	850,804	92.5
Pennsylvania	13,078,751	22.8	2,665,932	90.2
Rhode Island	1,112,308	21.7	218,599	88.1
South Carolina	5,478,831	23.7	1,076,945	94.8
South Dakota	924,669	21.8	173,800	96.3
Tennessee	7,227,750	21.6	1,277,959	93.6
Texas	31,290,831	15.3	4,362,712	88.1
Utah	3,503,613	13.5	433,073	88.7
Vermont	648,493	25.4	147,621	90.6
Virginia	8,811,195	19.1	1,547,113	88.1
Washington	7,958,180	18.7	1,379,589	89.9
West Virginia	1,769,979	27.1	387,446	92.6
Wisconsin	5,960,975	22.9	1,168,733	94.6
Wyoming	587,618	22.0	115,668	91.8

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; U.S. Postal Service geographic data; and Census Bureau, Population Division, 2024 estimates of resident population.

a. Population estimates for the United States as of July 1, 2024, as reported by the Census Bureau.

CONTACT: statistics@ssa.gov.

Table 2.

Number of beneficiaries in current-payment status, by state or other area, type of benefit, and sex of beneficiaries aged 65 or older, December 2024

State or area	Total	Retirement			Survivors		Disability			Aged 65 or older	
		Retired workers	Spouses	Children	Widow(er)s and parents	Children	Disabled workers	Spouses	Children	Men	Women
All areas	68,455,973	51,772,651	1,861,801	713,777	3,734,707	2,050,895	7,231,147	85,960	1,005,035	24,737,238	30,383,001
Alabama	1,193,685	822,825	24,073	12,997	71,778	46,531	185,048	2,184	28,249	382,604	495,679
Alaska	118,014	91,481	2,500	2,020	5,518	4,978	9,901	121	1,495	47,335	47,431
Arizona	1,533,323	1,212,252	38,006	16,166	76,720	42,300	128,877	1,540	17,462	575,058	692,087
Arkansas	726,942	501,220	12,051	7,600	41,791	26,765	118,043	1,267	18,205	235,562	295,682
California	6,544,000	5,120,435	258,397	83,143	350,365	163,616	498,873	7,666	61,505	2,510,346	2,988,781
Colorado	987,075	791,895	25,616	7,974	47,535	25,899	77,912	664	9,580	385,598	449,682
Connecticut	737,503	582,671	15,010	7,753	33,320	18,654	70,379	577	9,139	273,463	341,660
Delaware	248,565	198,391	3,833	1,800	11,125	6,711	23,705	173	2,827	90,481	114,742
District of Columbia	85,682	64,753	1,365	840	3,308	3,382	10,906	29	1,099	29,623	38,433
Florida	5,161,992	4,063,202	130,558	50,852	259,410	123,775	465,720	5,657	62,818	1,922,785	2,339,576
Georgia	2,023,789	1,504,785	39,561	21,836	108,116	74,871	235,621	2,469	36,530	682,266	885,453
Hawaii	302,577	250,578	6,758	3,845	13,568	6,366	18,301	267	2,894	118,837	141,129
Idaho	407,057	316,826	9,830	4,269	19,370	11,116	39,087	501	6,058	154,079	177,204
Illinois	2,360,590	1,815,473	59,522	24,195	128,897	71,956	228,334	2,350	29,863	863,066	1,066,983
Indiana	1,447,416	1,071,434	27,674	13,548	79,772	51,178	177,322	1,799	24,689	500,445	631,907
Iowa	701,239	547,590	11,274	6,714	34,761	19,769	71,406	531	9,194	257,769	314,490
Kansas	599,566	461,786	10,949	6,263	30,537	19,318	61,264	548	8,901	217,764	267,799
Kentucky	1,036,142	698,981	24,416	10,443	68,079	41,284	166,839	2,838	23,262	340,590	416,203
Louisiana	953,188	636,891	33,271	10,367	76,356	43,860	129,915	2,202	20,326	323,680	391,244
Maine	375,793	283,387	7,059	3,645	17,522	9,915	46,767	464	7,034	137,969	161,035
Maryland	1,092,693	856,554	22,167	10,530	51,029	34,306	103,984	577	13,546	392,042	507,551
Massachusetts	1,348,171	1,031,409	30,238	14,757	59,203	35,472	153,966	1,028	22,098	495,210	608,224
Michigan	2,339,826	1,736,413	52,258	23,720	124,847	72,208	285,308	3,638	41,434	821,610	1,014,374
Minnesota	1,152,818	918,937	18,654	11,322	48,086	28,962	110,053	684	16,120	434,471	519,002
Mississippi	699,697	482,049	12,139	8,955	42,146	32,756	103,671	1,397	16,584	222,320	284,580
Missouri	1,380,814	1,014,276	23,703	12,872	73,355	49,266	181,296	1,834	24,212	476,797	590,303
Montana	264,264	210,371	5,244	2,657	12,914	7,230	22,724	260	2,864	103,265	115,561
Nebraska	378,332	295,551	6,189	3,808	18,378	11,427	37,084	246	5,649	138,643	172,696
Nevada	607,411	480,128	13,586	5,836	29,168	15,975	55,387	568	6,763	233,906	263,857
New Hampshire	343,052	265,404	5,234	2,835	13,774	7,948	40,419	235	7,203	127,451	149,695
New Jersey	1,735,645	1,358,286	43,754	19,572	85,050	44,845	160,398	1,710	22,030	628,457	814,902
New Mexico	476,894	355,954	12,477	4,305	25,265	17,600	53,583	638	7,072	171,263	204,909
New York	3,838,030	2,908,411	114,805	47,042	189,133	98,069	417,128	5,063	58,379	1,367,090	1,738,484
North Carolina	2,329,477	1,768,974	36,788	20,893	110,938	73,374	278,281	2,720	37,509	796,953	1,034,482
North Dakota	150,098	117,304	2,813	1,335	8,120	4,985	13,474	84	1,983	57,149	66,635
Ohio	2,507,421	1,833,512	64,502	21,327	156,597	87,128	302,623	3,355	38,377	893,811	1,092,347
Oklahoma	853,382	610,260	17,774	8,774	52,260	32,563	113,899	1,356	16,496	289,414	360,363
Oregon	943,032	747,785	20,728	9,054	44,851	21,140	88,209	892	10,373	356,896	429,693
Pennsylvania	2,981,684	2,255,780	64,415	26,651	159,015	84,300	342,791	3,450	45,282	1,064,743	1,339,680
Rhode Island	241,323	183,329	3,604	2,769	9,877	5,848	31,102	205	4,589	85,199	107,370
South Carolina	1,297,829	985,737	21,533	11,399	65,811	41,898	149,108	1,548	20,795	448,655	571,893
South Dakota	201,259	161,231	3,152	1,711	9,372	6,239	17,161	122	2,271	78,607	88,698
Tennessee	1,564,675	1,135,346	30,589	14,706	88,391	58,541	206,115	2,292	28,695	527,117	668,972
Texas	4,802,392	3,546,829	178,856	52,009	314,213	166,319	463,530	6,728	73,908	1,742,666	2,101,792
Utah	471,696	358,396	17,330	5,705	23,880	17,718	41,327	481	6,859	176,116	207,904
Vermont	164,694	127,704	2,602	1,720	6,924	3,976	18,751	107	2,910	61,805	71,968
Virginia	1,685,819	1,290,319	37,446	15,944	86,748	48,324	180,371	1,890	24,777	599,224	763,152
Washington	1,485,645	1,173,685	38,205	14,888	69,716	35,273	135,156	1,377	17,345	564,290	676,395
West Virginia	479,424	319,489	17,031	5,717	36,814	18,205	70,918	1,539	9,711	162,839	195,985
Wisconsin	1,365,446	1,077,180	20,568	12,497	60,124	36,304	138,357	1,007	19,409	505,317	600,195
Wyoming	129,564	102,068	2,631	1,070	6,482	3,759	11,941	100	1,513	50,805	55,326

(Continued)

Table 2.

Number of beneficiaries in current-payment status, by state or other area, type of benefit, and sex of beneficiaries aged 65 or older, December 2024—Continued

State or area	Total	Retirement			Survivors		Disability			Aged 65 or older	
		Retired workers	Spouses	Children	Widow(er)s and parents	Children	Disabled workers	Spouses	Children	Men	Women
Outlying areas											
American Samoa	6,269	2,911	211	222	633	649	1,267	31	345	1,553	1,681
Guam	20,986	14,859	1,112	475	1,670	1,145	1,360	46	319	7,597	8,126
Northern Mariana Islands	4,160	2,738	167	195	339	334	296	6	85	1,365	1,386
Puerto Rico	833,239	524,676	59,841	8,957	71,325	22,408	127,473	4,550	14,009	276,168	348,077
U.S. Virgin Islands	22,536	18,188	770	383	1,179	631	1,175	27	183	8,562	10,280
Foreign countries	711,778	463,480	116,952	10,893	99,197	11,517	7,213	322	2,204	318,384	339,108
Unknown	360	272	10	2	35	9	28	0	4	158	155

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; and U.S. Postal Service geographic data.

CONTACT: statistics@ssa.gov.

Table 3.

Amount of benefits in current-payment status, by state or other area, type of benefit, and sex of beneficiaries aged 65 or older, December 2024 (in thousands of dollars)

State or area	Total	Retirement			Survivors		Disability			Aged 65 or older	
		Retired workers	Spouses	Children	Widow(er)s and parents	Children	Disabled workers	Spouses	Children	Men	Women
All areas	125,577,970	102,268,471	1,732,599	655,088	6,617,163	2,324,891	11,430,894	37,105	511,758	54,368,713	53,474,772
Alabama	2,090,332	1,579,989	24,555	12,236	122,104	49,759	286,713	915	14,060	829,646	850,920
Alaska	210,431	174,453	2,515	1,723	9,832	5,641	15,473	59	736	101,315	79,196
Arizona	2,912,065	2,448,162	37,518	14,616	141,496	48,521	211,945	678	9,127	1,291,232	1,258,209
Arkansas	1,230,800	928,294	11,415	6,777	68,248	28,294	178,718	492	8,562	485,625	496,438
California	11,859,914	9,908,872	223,279	74,601	610,120	195,523	809,201	3,701	34,619	5,334,969	5,141,238
Colorado	1,898,697	1,612,924	27,868	7,683	89,104	31,438	124,255	308	5,118	889,311	802,022
Connecticut	1,515,816	1,279,633	16,498	7,737	67,080	23,495	116,062	256	5,055	671,884	670,727
Delaware	508,624	430,634	4,286	1,768	21,915	7,524	40,841	83	1,574	218,190	226,933
District of Columbia	156,808	129,531	1,501	748	5,510	3,410	15,556	14	538	61,831	73,517
Florida	9,535,476	7,970,314	122,998	45,549	466,493	138,202	756,966	2,484	32,469	4,185,297	4,133,384
Georgia	3,615,025	2,895,846	39,740	19,707	187,475	80,733	372,439	975	18,109	1,479,822	1,540,303
Hawaii	569,409	496,368	6,140	3,594	24,130	7,590	29,957	119	1,511	253,301	258,703
Idaho	745,301	618,264	10,351	3,952	35,838	13,031	60,758	200	2,907	342,029	302,511
Illinois	4,427,630	3,639,993	58,997	23,140	241,964	83,881	363,268	1,006	15,382	1,947,649	1,899,776
Indiana	2,721,711	2,179,229	29,638	12,902	151,401	57,306	278,385	751	12,098	1,153,000	1,148,283
Iowa	1,308,091	1,090,836	11,847	6,036	64,555	22,797	107,539	198	4,283	579,478	558,715
Kansas	1,144,556	949,050	12,050	5,983	57,568	21,951	93,499	222	4,232	504,518	491,009
Kentucky	1,762,364	1,304,133	22,877	9,373	112,478	43,011	257,507	1,270	11,716	715,057	686,705
Louisiana	1,580,451	1,158,120	32,744	9,016	127,751	45,926	196,301	1,052	9,541	677,924	607,261
Maine	660,300	535,223	7,163	3,262	30,339	11,029	69,667	189	3,428	291,083	270,902
Maryland	2,184,739	1,832,631	24,210	10,555	97,678	40,872	171,075	264	7,453	920,562	991,723
Massachusetts	2,606,060	2,149,782	31,072	13,741	111,215	43,289	244,574	443	11,944	1,148,512	1,126,567
Michigan	4,469,993	3,587,490	55,150	23,435	240,603	83,772	457,758	1,465	20,319	1,909,674	1,870,120
Minnesota	2,264,491	1,925,293	20,544	10,169	92,754	34,632	173,137	252	7,711	1,014,493	977,100
Mississippi	1,159,386	874,551	11,545	7,718	68,096	33,102	155,982	558	7,834	452,387	468,859
Missouri	2,473,605	1,964,150	24,659	11,618	130,566	52,376	278,010	725	11,500	1,042,852	1,023,360
Montana	471,717	396,960	5,277	2,335	23,322	8,039	34,274	108	1,402	218,127	194,425
Nebraska	709,432	594,293	6,504	3,488	34,190	13,274	55,076	95	2,514	313,491	310,563
Nevada	1,101,251	915,296	12,836	5,190	52,620	18,908	92,583	268	3,551	495,260	454,714
New Hampshire	695,363	579,595	6,183	2,828	27,695	9,782	65,854	93	3,761	312,763	290,519
New Jersey	3,561,479	2,974,716	43,920	19,695	168,363	57,420	282,825	817	13,723	1,518,777	1,611,243
New Mexico	823,195	663,896	11,581	3,755	42,085	18,113	80,110	295	3,359	352,696	343,829
New York	7,201,627	5,869,819	100,686	43,957	345,498	118,555	688,220	2,301	32,591	2,987,739	3,192,400
North Carolina	4,296,714	3,502,579	38,947	19,292	195,196	79,192	441,395	1,056	19,056	1,769,633	1,860,674
North Dakota	271,619	226,224	2,847	1,191	14,640	5,679	20,046	33	959	125,302	112,139
Ohio	4,463,410	3,525,682	65,400	19,235	282,830	92,826	458,110	1,437	17,890	1,953,951	1,839,608
Oklahoma	1,506,667	1,172,731	17,897	7,845	91,547	35,542	172,789	533	7,783	623,272	623,212
Oregon	1,769,390	1,487,899	21,856	8,567	83,476	25,252	136,586	358	5,397	790,396	769,660
Pennsylvania	5,689,601	4,629,541	67,663	25,163	299,164	97,156	546,186	1,472	23,255	2,441,707	2,458,924
Rhode Island	458,216	375,791	3,594	2,524	18,469	6,868	48,556	87	2,327	194,536	198,739
South Carolina	2,414,996	1,967,825	23,273	10,819	115,641	45,282	240,791	620	10,745	1,013,842	1,025,164
South Dakota	363,805	309,450	3,254	1,480	16,457	6,513	25,546	47	1,059	170,064	150,203
Tennessee	2,817,441	2,223,023	32,061	13,875	153,435	61,438	318,816	885	13,907	1,160,078	1,178,080
Texas	8,561,812	6,852,551	167,625	46,052	542,492	191,883	721,909	2,994	36,305	3,810,959	3,517,600
Utah	902,754	740,151	20,382	5,511	46,920	21,563	64,650	224	3,352	422,602	364,005
Vermont	311,401	260,471	2,729	1,614	12,684	4,541	27,932	42	1,389	138,128	133,270
Virginia	3,236,490	2,663,159	40,248	15,529	158,911	56,142	288,615	830	13,056	1,382,916	1,411,547
Washington	2,923,511	2,464,006	41,334	14,579	134,969	43,624	215,291	628	9,081	1,318,769	1,265,775
West Virginia	827,605	606,408	16,043	5,141	63,879	19,859	110,353	751	5,173	345,296	325,122
Wisconsin	2,598,970	2,184,088	21,821	11,662	114,674	41,642	215,474	384	9,224	1,153,342	1,090,316
Wyoming	247,331	206,538	2,959	1,056	12,495	4,635	18,820	43	785	117,399	97,300

(Continued)

Table 3.

Amount of benefits in current-payment status, by state or other area, type of benefit, and sex of beneficiaries aged 65 or older, December 2024 (in thousands of dollars)—*Continued*

State or area	Total	Retirement			Survivors		Disability			Aged 65 or older	
		Retired workers	Spouses	Children	Widow(er)s and parents	Children	Disabled workers	Spouses	Children	Men	Women
Outlying areas											
American Samoa	6,160	3,373	102	119	625	430	1,400	8	103	1,936	1,825
Guam	26,198	19,973	706	309	2,017	1,031	2,019	19	125	11,381	9,479
Northern Mariana Islands	3,895	2,772	78	109	321	242	347	3	24	1,521	1,288
Puerto Rico	985,069	662,140	33,367	6,032	79,424	18,622	177,096	1,787	6,600	369,596	384,452
U.S. Virgin Islands	35,412	30,132	590	311	1,740	625	1,908	13	95	15,026	15,835
Foreign countries	682,754	493,134	49,675	8,183	105,440	13,095	11,693	194	1,339	336,280	288,115
Unknown	611	490	7	2	59	13	38	0	1	288	265

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; and U.S. Postal Service geographic data.

CONTACT: statistics@ssa.gov.

Vermont

Table 4.

Number of beneficiaries in current-payment status, by county, type of benefit, and sex of beneficiaries aged 65 or older, December 2024

County	ANSI Code	Total	Retirement			Survivors		Disability			Aged 65 or older	
			Retired workers	Spouses	Children	Widow(er)s and parents	Children	Disabled workers	Spouses	Children	Men	Women
Total, Vermont	50	164,694	127,704	2,602	1,720	6,924	3,976	18,751	107	2,910	61,805	71,968
Addison	50001	9,380	7,615	150	90	395	170	845	5	110	3,760	4,270
Bennington	50003	10,855	8,330	155	115	470	300	1,260	5	220	4,040	4,700
Caledonia	50005	8,440	6,415	145	90	380	255	1,010	10	135	3,180	3,560
Chittenden	50007	34,220	26,810	595	375	1,435	750	3,680	15	560	12,525	15,710
Essex	50009	2,180	1,600	45	10	95	50	320	0	60	815	845
Franklin	50011	11,115	8,115	235	125	530	310	1,535	10	255	3,965	4,615
Grand Isle	50013	2,360	1,945	35	20	85	40	215	0	20	990	1,010
Lamoille	50015	5,915	4,635	80	55	245	150	640	0	110	2,290	2,515
Orange	50017	8,015	6,290	115	75	295	165	910	5	160	3,075	3,470
Orleans	50019	8,265	6,175	170	85	420	230	1,025	10	150	3,085	3,475
Rutland	50021	18,960	14,320	270	190	860	575	2,375	15	355	6,955	8,025
Washington	50023	15,440	12,040	205	170	565	365	1,780	15	300	5,720	6,745
Windham	50025	12,725	10,020	160	145	470	270	1,440	5	215	4,905	5,500
Windsor	50027	16,825	13,395	245	175	680	345	1,715	10	260	6,500	7,530

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; and U.S. Postal Service geographic data.

NOTE: ANSI = American National Standards Institute

CONTACT: statistics@ssa.gov.

Vermont

Table 5.

Amount of benefits in current-payment status, by county, type of benefit, and sex of beneficiaries aged 65 or older, December 2024 (in thousands of dollars)

County	ANSI Code	Total	Retirement			Survivors		Disability			Aged 65 or older	
			Retired workers	Spouses	Children	Widow(er)s and parents	Children	Disabled workers	Spouses	Children	Men	Women
Total, Vermont	50	311,401	260,471	2,729	1,614	12,684	4,541	27,932	42	1,389	138,128	133,270
Addison	50001	18,374	15,870	160	85	719	198	1,289	2	51	8,582	7,981
Bennington	50003	20,365	16,974	170	114	848	327	1,843	2	88	9,032	8,716
Caledonia	50005	14,908	12,198	132	79	682	274	1,473	5	66	6,538	6,238
Chittenden	50007	70,161	59,438	704	394	2,893	914	5,532	5	282	30,936	31,243
Essex	50009	3,605	2,823	40	8	152	54	495	0	33	1,568	1,337
Franklin	50011	19,517	15,539	217	109	893	347	2,293	4	115	8,259	7,973
Grand Isle	50013	4,723	4,132	35	15	143	49	337	0	11	2,309	1,904
Lamoille	50015	11,069	9,322	80	54	449	169	942	0	51	5,059	4,581
Orange	50017	14,704	12,354	110	63	518	188	1,394	3	75	6,540	6,266
Orleans	50019	13,794	11,075	153	67	678	253	1,496	4	68	6,063	5,613
Rutland	50021	34,484	28,199	256	172	1,563	642	3,482	3	167	14,947	14,429
Washington	50023	29,330	24,717	227	152	1,028	390	2,672	5	140	12,821	12,699
Windham	50025	23,767	20,060	169	129	863	322	2,122	1	100	10,707	10,120
Windsor	50027	32,600	27,771	276	173	1,255	416	2,563	5	141	14,769	14,170

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; and U.S. Postal Service geographic data.

NOTE: ANSI = American National Standards Institute

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