

Table 1.**Beneficiaries as a percentage of the total resident population and of the population aged 65 or older, by state, December 2025**

State	Total population		Population aged 65 or older	
	Number ^a	Percentage receiving benefits	Number ^a	Percentage receiving benefits
United States	341,784,857	20.1	64,617,088	86.6
Alabama	5,193,088	23.3	1,009,814	89.4
Alaska	737,270	16.7	116,192	86.1
Arizona	7,623,818	20.7	1,571,773	83.6
Arkansas	3,114,791	23.7	591,966	92.1
California	39,355,309	17.3	6,901,168	83.7
Colorado	6,012,561	17.2	1,029,188	86.0
Connecticut	3,688,496	20.8	751,845	85.7
Delaware	1,059,952	24.2	241,321	88.7
District of Columbia	693,645	12.7	94,423	75.2
Florida	23,462,518	22.6	5,346,788	82.3
Georgia	11,302,748	18.4	1,884,140	86.6
Hawaii	1,432,820	21.7	324,150	82.9
Idaho	2,029,733	20.7	379,157	91.3
Illinois	12,719,141	19.3	2,379,145	85.2
Indiana	6,973,333	21.1	1,284,435	90.8
Iowa	3,238,387	22.2	649,656	90.7
Kansas	2,977,220	20.6	561,319	89.3
Kentucky	4,606,864	23.0	868,019	90.7
Louisiana	4,618,189	21.5	868,225	87.3
Maine	1,414,874	27.4	347,617	90.2
Maryland	6,265,347	18.1	1,149,859	81.8
Massachusetts	7,154,084	19.7	1,421,793	82.1
Michigan	10,127,884	23.5	2,076,467	91.0
Minnesota	5,830,405	20.4	1,113,573	89.0
Mississippi	2,954,160	24.0	571,344	91.1
Missouri	6,270,541	22.6	1,230,134	90.2
Montana	1,144,694	23.7	253,772	89.2
Nebraska	2,018,006	19.3	368,331	87.4
Nevada	3,282,188	19.2	599,211	86.9
New Hampshire	1,415,342	25.0	325,383	89.1
New Jersey	9,548,215	18.6	1,767,250	84.5
New Mexico	2,125,498	22.9	448,253	86.7
New York	20,002,427	19.6	3,860,551	82.9
North Carolina	11,197,968	21.3	2,119,438	89.4
North Dakota	799,358	19.2	143,139	89.2
Ohio	11,900,510	21.9	2,398,129	87.5
Oklahoma	4,123,288	21.1	741,085	90.1
Oregon	4,273,586	22.6	898,568	90.1
Pennsylvania	13,059,432	23.2	2,799,790	88.2
Rhode Island	1,114,521	22.3	233,061	86.1
South Carolina	5,570,274	23.9	1,173,259	90.3
South Dakota	935,094	22.0	181,082	95.2
Tennessee	7,315,076	21.8	1,360,588	90.6
Texas	31,709,821	15.8	4,711,381	85.9
Utah	3,538,904	13.8	460,179	87.0
Vermont	644,663	26.1	155,289	89.0
Virginia	8,880,107	19.5	1,633,891	86.6
Washington	8,001,020	19.1	1,460,563	88.0
West Virginia	1,766,147	27.3	398,189	91.7
Wisconsin	5,972,787	23.4	1,241,547	92.1
Wyoming	588,753	22.5	121,648	90.3

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; U.S. Postal Service geographic data; and Census Bureau, Population Division, 2025 estimates of resident population.

a. Population estimates for the United States as of July 1, 2025, as reported by the Census Bureau.

CONTACT: statistics@ssa.gov.

Table 2.

Number of beneficiaries in current-payment status, by state or other area, type of benefit, and sex of beneficiaries aged 65 or older, December 2025

State or area	Total	Retirement			Survivors		Disability			Aged 65 or older	
		Retired workers	Spouses	Children	Widow(er)s and parents	Children	Disabled workers	Spouses	Children	Men	Women
All areas	70,451,490	53,624,664	2,081,746	734,922	3,810,382	2,036,045	7,125,880	89,448	948,403	25,647,043	31,663,526
Alabama	1,207,893	844,517	24,819	13,086	71,450	46,076	179,658	2,084	26,203	393,082	509,460
Alaska	123,083	95,859	3,165	2,072	5,870	4,989	9,566	129	1,433	49,388	50,660
Arizona	1,576,812	1,255,039	40,560	16,400	77,709	42,336	126,749	1,634	16,385	596,158	717,711
Arkansas	736,994	513,912	12,382	7,697	41,400	26,866	116,254	1,277	17,206	241,853	303,236
California	6,813,640	5,341,103	298,390	86,216	371,353	163,397	487,142	8,178	57,861	2,624,396	3,151,076
Colorado	1,035,297	831,752	32,376	8,245	51,038	25,978	76,220	742	8,946	404,434	480,344
Connecticut	765,437	606,612	18,390	8,074	34,750	18,405	69,825	596	8,785	284,925	359,457
Delaware	257,024	206,680	4,052	1,855	11,113	6,653	23,762	179	2,730	94,386	119,689
District of Columbia	88,265	66,920	1,688	868	3,843	3,374	10,514	30	1,028	30,614	40,417
Florida	5,294,001	4,191,491	139,400	52,501	260,003	122,233	462,756	5,863	59,754	1,983,932	2,418,459
Georgia	2,081,735	1,559,957	43,943	22,111	110,316	74,380	234,325	2,527	34,176	707,792	923,519
Hawaii	310,761	258,046	7,678	3,795	13,744	6,314	18,082	273	2,829	123,030	145,632
Idaho	421,169	330,415	10,422	4,442	19,478	11,171	38,890	488	5,863	160,933	185,126
Illinois	2,454,005	1,886,306	74,758	24,897	137,812	71,287	227,744	2,517	28,684	897,929	1,129,514
Indiana	1,473,765	1,102,704	28,047	13,935	78,841	50,758	174,475	1,817	23,188	515,773	649,925
Iowa	717,616	565,146	11,333	6,957	34,105	19,826	70,847	534	8,868	265,906	323,388
Kansas	612,962	476,959	11,307	6,451	30,170	19,392	59,707	531	8,445	224,780	276,327
Kentucky	1,059,779	719,046	30,486	10,586	70,752	40,712	163,589	2,903	21,705	350,052	437,669
Louisiana	992,482	661,928	46,087	10,510	81,561	43,428	127,416	2,506	19,046	336,138	422,234
Maine	388,279	294,438	9,640	3,758	18,506	9,920	45,046	461	6,510	143,157	170,501
Maryland	1,133,360	892,917	25,591	11,028	53,588	33,995	102,841	647	12,753	408,975	531,995
Massachusetts	1,409,032	1,076,890	43,542	15,909	64,737	35,001	151,027	1,247	20,679	518,772	648,759
Michigan	2,381,255	1,786,475	52,935	24,249	122,832	71,665	280,455	3,616	39,028	846,801	1,042,667
Minnesota	1,187,480	954,855	19,222	11,799	47,304	29,288	109,011	676	15,325	452,165	538,413
Mississippi	710,023	493,663	12,724	9,050	42,060	32,560	103,115	1,370	15,481	228,386	292,343
Missouri	1,415,977	1,049,942	27,409	13,191	74,393	48,767	177,564	1,887	22,824	492,668	616,365
Montana	270,750	217,470	5,443	2,654	12,824	7,161	22,250	252	2,696	106,661	119,632
Nebraska	388,626	306,643	6,209	3,861	17,926	11,587	36,838	244	5,318	143,890	178,189
Nevada	629,413	497,960	16,759	5,890	31,045	15,788	54,871	638	6,462	243,094	277,500
New Hampshire	353,828	277,320	5,938	3,016	13,906	7,737	39,030	272	6,609	133,209	156,694
New Jersey	1,780,433	1,406,793	45,287	20,310	84,413	44,205	156,810	1,797	20,818	652,863	841,274
New Mexico	486,067	366,403	13,079	4,369	25,384	17,362	52,376	638	6,456	176,300	212,213
New York	3,924,458	3,000,986	117,930	48,804	186,832	97,205	411,652	5,096	55,953	1,412,877	1,788,899
North Carolina	2,385,531	1,827,895	38,612	21,432	110,681	72,873	275,659	2,671	35,708	824,999	1,069,472
North Dakota	153,839	121,375	2,790	1,341	7,886	5,007	13,431	74	1,935	59,078	68,613
Ohio	2,611,577	1,900,292	94,674	22,064	169,406	85,711	299,284	3,791	36,355	930,753	1,167,952
Oklahoma	868,591	626,946	18,253	8,783	52,128	32,601	112,710	1,397	15,773	297,840	370,218
Oregon	963,726	768,868	21,465	9,212	44,610	21,481	87,378	875	9,837	367,011	442,312
Pennsylvania	3,035,656	2,319,503	65,412	27,534	155,824	83,281	337,653	3,445	43,004	1,096,679	1,373,607
Rhode Island	248,674	190,326	4,385	2,922	10,053	5,789	30,621	222	4,356	88,537	112,220
South Carolina	1,333,647	1,021,012	22,594	11,623	65,730	41,699	149,711	1,567	19,711	465,297	593,701
South Dakota	206,052	166,111	3,225	1,783	9,178	6,248	17,132	119	2,256	80,845	91,464
Tennessee	1,592,535	1,169,095	31,907	14,905	88,378	58,159	201,124	2,214	26,753	543,147	689,143
Texas	4,996,895	3,710,457	207,044	53,826	327,139	164,872	457,400	7,202	68,955	1,819,498	2,228,061
Utah	487,611	373,883	18,174	5,899	24,270	17,489	40,948	468	6,480	183,736	216,717
Vermont	168,263	131,909	2,640	1,800	6,811	3,984	18,241	120	2,758	63,712	74,424
Virginia	1,735,496	1,339,580	39,816	16,629	87,126	48,009	178,996	1,868	23,472	622,424	792,478
Washington	1,526,417	1,216,514	39,773	15,361	69,367	35,592	132,137	1,369	16,304	584,418	701,120
West Virginia	482,115	325,414	16,858	5,826	36,206	17,808	69,526	1,498	8,979	165,368	199,664
Wisconsin	1,398,745	1,114,607	20,653	12,931	59,032	36,050	136,029	1,024	18,419	523,497	620,477
Wyoming	132,693	105,473	2,692	1,109	6,454	3,683	11,725	109	1,448	52,613	57,236

(Continued)

Table 2.

Number of beneficiaries in current-payment status, by state or other area, type of benefit, and sex of beneficiaries aged 65 or older, December 2025—Continued

State or area	Total	Retirement			Survivors		Disability			Aged 65 or older	
		Retired workers	Spouses	Children	Widow(er)s and parents	Children	Disabled workers	Spouses	Children	Men	Women
Outlying areas											
American Samoa	6,527	3,103	224	239	636	642	1,312	34	337	1,640	1,776
Guam	22,535	15,630	1,541	511	1,977	1,095	1,406	63	312	8,110	9,055
Northern Mariana Islands	4,775	3,222	228	203	371	328	325	5	93	1,626	1,604
Puerto Rico	851,795	537,482	67,957	8,869	73,053	21,952	124,379	5,320	12,783	283,833	363,778
U.S. Virgin Islands	22,695	18,419	775	381	1,154	621	1,137	28	180	8,683	10,427
Foreign countries	733,078	480,167	119,053	11,152	101,822	11,247	7,177	316	2,144	328,241	348,587
Unknown	321	234	10	1	32	8	32	0	4	139	133

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; and U.S. Postal Service geographic data.

CONTACT: statistics@ssa.gov.

Table 3.

Amount of benefits in current-payment status, by state or other area, type of benefit, and sex of beneficiaries aged 65 or older, December 2025 (in thousands of dollars)

State or area	Total	Retirement			Survivors		Disability			Aged 65 or older	
		Retired workers	Spouses	Children	Widow(er)s and parents	Children	Disabled workers	Spouses	Children	Men	Women
All areas	135,480,578	111,072,575	2,047,837	701,677	7,086,628	2,390,116	11,637,914	41,286	502,545	58,854,867	58,515,625
Alabama	2,210,579	1,691,597	26,328	12,782	127,007	51,007	287,404	921	13,534	886,832	913,240
Alaska	235,521	196,943	3,384	1,862	11,173	5,837	15,512	62	749	112,533	92,230
Arizona	3,132,487	2,650,530	41,470	15,443	149,426	50,375	215,564	752	8,928	1,396,251	1,364,983
Arkansas	1,303,884	993,029	12,183	7,100	70,362	29,472	182,733	516	8,488	518,770	531,878
California	12,977,052	10,884,270	275,801	81,089	679,746	202,299	815,621	4,274	33,952	5,836,157	5,716,647
Colorado	2,111,052	1,799,492	37,224	8,334	101,917	32,818	125,880	368	5,019	981,493	915,371
Connecticut	1,651,055	1,400,281	21,075	8,402	73,154	23,987	118,813	269	5,073	732,058	741,543
Delaware	551,165	469,943	4,674	1,883	22,863	7,727	42,410	92	1,572	237,703	247,869
District of Columbia	172,246	143,158	1,919	800	6,737	3,537	15,584	14	496	67,643	82,604
Florida	10,214,971	8,587,987	136,613	48,680	487,114	141,282	778,469	2,727	32,099	4,502,705	4,463,279
Georgia	3,901,041	3,148,277	46,270	20,789	200,988	83,001	382,966	1,089	17,661	1,600,434	1,689,478
Hawaii	613,665	536,817	7,418	3,720	25,563	7,826	30,639	129	1,553	275,153	279,518
Idaho	807,450	674,856	11,380	4,286	37,635	13,584	62,569	213	2,927	373,117	330,853
Illinois	4,826,553	3,975,722	78,436	24,774	271,329	85,815	374,051	1,170	15,255	2,114,622	2,116,744
Indiana	2,889,443	2,335,382	30,947	13,744	155,824	58,985	282,011	793	11,757	1,234,629	1,230,113
Iowa	1,397,440	1,174,365	12,284	6,485	65,914	23,718	110,144	203	4,328	621,892	600,347
Kansas	1,223,697	1,024,333	12,795	6,397	59,187	22,854	93,740	213	4,177	543,033	529,715
Kentucky	1,885,822	1,404,393	30,510	9,796	123,532	44,008	260,748	1,386	11,449	764,421	757,566
Louisiana	1,740,411	1,275,636	49,765	9,531	148,845	47,037	198,927	1,348	9,322	735,230	704,378
Maine	721,524	589,414	10,254	3,496	34,225	11,393	69,267	197	3,277	317,485	305,073
Maryland	2,389,220	2,015,771	29,130	11,569	107,282	41,965	175,821	346	7,335	1,010,278	1,095,429
Massachusetts	2,890,349	2,391,224	47,979	15,525	130,900	44,298	248,201	610	11,611	1,267,287	1,283,902
Michigan	4,738,954	3,839,498	57,628	24,746	245,971	85,989	463,843	1,520	19,758	2,042,388	2,000,787
Minnesota	2,441,477	2,092,506	21,803	10,992	95,214	36,260	176,824	264	7,615	1,100,843	1,061,795
Mississippi	1,227,181	932,883	12,590	8,083	70,893	34,080	160,460	594	7,599	482,418	501,952
Missouri	2,659,077	2,131,615	29,662	12,338	139,047	53,700	280,719	766	11,231	1,123,099	1,124,217
Montana	506,392	429,712	5,698	2,441	24,085	8,247	34,728	110	1,370	235,351	211,010
Nebraska	762,473	644,360	6,740	3,674	34,774	13,908	56,413	99	2,506	339,340	335,034
Nevada	1,202,750	1,003,749	16,542	5,501	58,960	19,266	94,894	325	3,513	539,587	507,142
New Hampshire	755,820	637,198	7,201	3,172	29,031	9,871	65,602	123	3,620	343,362	319,768
New Jersey	3,818,124	3,218,386	46,700	21,224	173,813	58,535	285,097	891	13,478	1,646,683	1,735,369
New Mexico	880,034	716,196	12,611	3,963	44,211	18,606	80,892	308	3,246	378,991	373,534
New York	7,666,849	6,300,843	106,093	47,158	354,119	121,621	702,232	2,403	32,381	3,205,463	3,419,523
North Carolina	4,599,512	3,779,972	42,208	20,538	203,495	81,457	451,948	1,086	18,807	1,908,807	2,009,901
North Dakota	291,449	244,778	2,952	1,251	14,844	5,926	20,694	33	970	135,175	121,003
Ohio	4,905,167	3,868,421	104,645	20,646	329,980	94,532	467,505	1,790	17,646	2,124,384	2,097,499
Oklahoma	1,603,236	1,259,341	19,001	8,108	95,216	36,737	176,472	582	7,780	669,095	669,239
Oregon	1,891,864	1,601,193	23,379	9,016	86,366	26,515	139,689	377	5,330	847,719	830,040
Pennsylvania	6,050,740	4,968,881	70,814	26,942	304,989	99,381	555,250	1,569	22,915	2,619,338	2,632,178
Rhode Island	495,741	410,145	4,561	2,783	19,735	6,967	49,166	94	2,292	211,554	218,337
South Carolina	2,594,883	2,128,791	25,298	11,414	120,648	46,725	250,782	642	10,583	1,095,395	1,111,846
South Dakota	389,718	333,520	3,455	1,602	16,866	6,756	26,394	43	1,082	182,544	162,226
Tennessee	2,999,407	2,391,059	34,650	14,573	160,178	63,222	321,354	907	13,464	1,245,191	1,268,968
Texas	9,384,378	7,548,292	209,848	49,854	603,819	197,232	736,383	3,484	35,467	4,159,881	3,954,592
Utah	980,475	810,684	22,190	5,954	49,879	22,169	66,047	233	3,319	462,571	397,951
Vermont	333,770	281,882	2,902	1,743	13,036	4,712	28,082	53	1,359	148,918	144,657
Virginia	3,500,390	2,904,295	44,556	16,821	167,229	57,430	296,249	882	12,929	1,505,584	1,539,254
Washington	3,147,894	2,675,323	44,429	15,605	140,049	45,457	217,447	658	8,928	1,427,715	1,374,768
West Virginia	867,301	642,466	16,470	5,407	65,432	20,125	111,663	751	4,988	363,511	345,637
Wisconsin	2,776,804	2,354,491	22,626	12,467	117,011	42,616	218,103	397	9,093	1,241,294	1,175,421
Wyoming	265,182	223,098	3,142	1,132	13,022	4,734	19,229	49	774	126,809	105,386

(Continued)

Table 3.

Amount of benefits in current-payment status, by state or other area, type of benefit, and sex of beneficiaries aged 65 or older, December 2025 (in thousands of dollars)—*Continued*

State or area	Total	Retirement			Survivors		Disability			Aged 65 or older	
		Retired workers	Spouses	Children	Widow(er)s and parents	Children	Disabled workers	Spouses	Children	Men	Women
Outlying areas											
American Samoa	6,613	3,681	112	136	650	435	1,483	11	105	2,092	1,994
Guam	30,183	22,767	1,097	357	2,579	1,029	2,195	31	129	13,043	11,436
Northern Mariana Islands	4,762	3,480	118	111	375	253	396	3	28	1,929	1,637
Puerto Rico	1,045,494	706,928	40,416	6,188	86,245	18,866	178,324	2,300	6,226	393,059	419,568
U.S. Virgin Islands	36,958	31,589	608	329	1,765	639	1,919	14	94	15,670	16,737
Foreign countries	772,332	566,692	57,244	8,919	112,321	13,283	12,318	201	1,355	386,079	322,211
Unknown	566	443	7	a	57	11	46	0	2	260	246

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; and U.S. Postal Service geographic data.

a. Less than \$500.

CONTACT: statistics@ssa.gov.

Connecticut

Table 4.
Number of beneficiaries in current-payment status, by county, type of benefit, and sex of beneficiaries aged 65 or older, December 2025

County	ANSI Code	Total	Retirement			Survivors		Disability			Aged 65 or older	
			Retired workers	Spouses	Children	Widow(er)s and parents	Children	Disabled workers	Spouses	Children	Men	Women
Total, Connecticut	09	765,437	606,612	18,390	8,074	34,750	18,405	69,825	596	8,785	284,925	359,457
Capitol	09110	208,875	164,695	4,625	2,340	9,050	5,700	19,840	155	2,470	76,550	97,795
Greater Bridgeport	09120	57,015	44,380	1,575	690	2,795	1,555	5,305	45	670	20,725	26,905
Lower Connecticut												
River Valley	09130	45,685	37,960	930	395	1,900	785	3,315	25	375	17,970	21,870
Naugatuck Valley	09140	101,960	79,285	2,245	985	4,815	2,645	10,490	105	1,390	36,960	47,160
Northeastern												
Connecticut	09150	24,455	18,740	420	205	1,210	600	2,875	25	380	8,940	10,705
Northwest Hills	09160	31,150	25,445	675	315	1,265	560	2,560	20	310	12,470	14,265
South Central												
Connecticut	09170	120,085	94,490	2,670	1,205	5,310	2,955	11,950	85	1,420	43,705	56,870
Southeastern												
Connecticut	09180	66,300	50,935	1,510	685	3,140	1,710	7,290	75	955	24,470	29,485
Western Connecticut	09190	109,915	90,685	3,740	1,255	5,265	1,895	6,200	60	815	43,135	54,400

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; and U.S. Postal Service geographic data.

NOTE: ANSI = American National Standards Institute

CONTACT: statistics@ssa.gov.

Connecticut

Table 5.

Amount of benefits in current-payment status, by county, type of benefit, and sex of beneficiaries aged 65 or older, December 2025 (in thousands of dollars)

County	ANSI Code	Total	Retirement			Survivors		Disability			Aged 65 or older	
			Retired workers	Spouses	Children	Widow(er)s and parents	Children	Disabled workers	Spouses	Children	Men	Women
Total, Connecticut	09	1,651,055	1,400,281	21,075	8,402	73,154	23,987	118,813	269	5,073	732,058	741,543
Capitol	09110	441,110	373,531	5,089	2,332	18,492	7,229	32,968	75	1,396	192,017	199,398
Greater Bridgeport	09120	118,988	99,896	1,730	665	5,605	1,969	8,705	20	399	51,665	54,237
Lower Connecticut												
River Valley	09130	104,462	91,172	1,198	442	4,304	1,078	6,033	9	226	48,278	46,907
Naugatuck Valley	09140	212,361	176,971	2,399	972	9,930	3,265	17,999	45	779	92,037	94,440
Northeastern												
Connecticut	09150	49,359	40,244	463	216	2,400	796	5,014	10	216	21,569	20,532
Northwest Hills	09160	68,394	59,105	812	329	2,763	738	4,452	9	186	32,261	29,503
South Central												
Connecticut	09170	256,300	216,627	3,026	1,235	11,009	3,754	19,804	38	807	110,691	117,538
Southeastern												
Connecticut	09180	136,372	112,823	1,663	704	6,346	2,114	12,194	32	496	60,982	57,635
Western Connecticut	09190	263,710	229,912	4,696	1,507	12,305	3,045	11,646	31	568	122,557	121,353

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; and U.S. Postal Service geographic data.

NOTE: ANSI = American National Standards Institute

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