

Table 1.**Beneficiaries as a percentage of the total resident population and of the population aged 65 or older, by state, December 2025**

State	Total population		Population aged 65 or older	
	Number ^a	Percentage receiving benefits	Number ^a	Percentage receiving benefits
United States	341,784,857	20.1	64,617,088	86.6
Alabama	5,193,088	23.3	1,009,814	89.4
Alaska	737,270	16.7	116,192	86.1
Arizona	7,623,818	20.7	1,571,773	83.6
Arkansas	3,114,791	23.7	591,966	92.1
California	39,355,309	17.3	6,901,168	83.7
Colorado	6,012,561	17.2	1,029,188	86.0
Connecticut	3,688,496	20.8	751,845	85.7
Delaware	1,059,952	24.2	241,321	88.7
District of Columbia	693,645	12.7	94,423	75.2
Florida	23,462,518	22.6	5,346,788	82.3
Georgia	11,302,748	18.4	1,884,140	86.6
Hawaii	1,432,820	21.7	324,150	82.9
Idaho	2,029,733	20.7	379,157	91.3
Illinois	12,719,141	19.3	2,379,145	85.2
Indiana	6,973,333	21.1	1,284,435	90.8
Iowa	3,238,387	22.2	649,656	90.7
Kansas	2,977,220	20.6	561,319	89.3
Kentucky	4,606,864	23.0	868,019	90.7
Louisiana	4,618,189	21.5	868,225	87.3
Maine	1,414,874	27.4	347,617	90.2
Maryland	6,265,347	18.1	1,149,859	81.8
Massachusetts	7,154,084	19.7	1,421,793	82.1
Michigan	10,127,884	23.5	2,076,467	91.0
Minnesota	5,830,405	20.4	1,113,573	89.0
Mississippi	2,954,160	24.0	571,344	91.1
Missouri	6,270,541	22.6	1,230,134	90.2
Montana	1,144,694	23.7	253,772	89.2
Nebraska	2,018,006	19.3	368,331	87.4
Nevada	3,282,188	19.2	599,211	86.9
New Hampshire	1,415,342	25.0	325,383	89.1
New Jersey	9,548,215	18.6	1,767,250	84.5
New Mexico	2,125,498	22.9	448,253	86.7
New York	20,002,427	19.6	3,860,551	82.9
North Carolina	11,197,968	21.3	2,119,438	89.4
North Dakota	799,358	19.2	143,139	89.2
Ohio	11,900,510	21.9	2,398,129	87.5
Oklahoma	4,123,288	21.1	741,085	90.1
Oregon	4,273,586	22.6	898,568	90.1
Pennsylvania	13,059,432	23.2	2,799,790	88.2
Rhode Island	1,114,521	22.3	233,061	86.1
South Carolina	5,570,274	23.9	1,173,259	90.3
South Dakota	935,094	22.0	181,082	95.2
Tennessee	7,315,076	21.8	1,360,588	90.6
Texas	31,709,821	15.8	4,711,381	85.9
Utah	3,538,904	13.8	460,179	87.0
Vermont	644,663	26.1	155,289	89.0
Virginia	8,880,107	19.5	1,633,891	86.6
Washington	8,001,020	19.1	1,460,563	88.0
West Virginia	1,766,147	27.3	398,189	91.7
Wisconsin	5,972,787	23.4	1,241,547	92.1
Wyoming	588,753	22.5	121,648	90.3

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; U.S. Postal Service geographic data; and Census Bureau, Population Division, 2025 estimates of resident population.

a. Population estimates for the United States as of July 1, 2025, as reported by the Census Bureau.

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