Online Services from www.ssa.gov

Apply for—Retirement, Disability, Medicare and So Much More!
Why use Social Security’s online services?

Our convenient online services allow you to do business with us from your preferred location and on any device.

What can I do online?

You can:

• Apply for Social Security retirement benefits.
• Apply for spouse’s benefits.
• Apply for Social Security disability benefits, and in certain circumstances, Supplemental Security Income (SSI) payments at the same time.
• Apply for Medicare.
• Apply for *Extra Help* with your Medicare prescription drug costs.
• Find answers to frequently asked questions (FAQ).
• Request an appointment to apply for SSI.

By creating a personal *my* Social Security account, you can also:

• Verify your earnings.
• Get an estimate of your future benefits.
• Get a letter with proof of your benefits or proof that you don’t receive benefits.
• Request a replacement Social Security card (in most areas in the U.S. only).
• Request a replacement Medicare card.
• Choose to receive important messages and certain notices online.
• Check the status of your benefit application or appeal.
• Manage your benefits:
  — Change your address or telephone number (Social Security beneficiaries in the U.S. only).
  — Start or change your direct deposit (Social Security beneficiaries in the U.S. only).
  — Get a replacement SSA-1099 or SSA-1042S for your taxes.

If you are a representative payee, you can also use your personal my Social Security account to access the Representative Payee Portal. You can use this tool to conduct business for the beneficiaries you serve. As a payee, you can:
• Complete annual representative payee accounting.
• Print benefit verification letters.
• View benefit and payment details.
• Update or enroll in direct deposit (Social Security beneficiaries in the U.S. only).
• Report beneficiary wages.
• Request a replacement SSA-1099 or SSA-1042S for tax season.
• Request a replacement Medicare card (Social Security beneficiaries in the U.S. only).
Create your personal *my* Social Security account

New *my* Social Security customers will create a credential with one of our two credential service providers: Login.gov or ID.me.

To create a personal *my* Social Security account, you must be a U.S. citizen, at least 18 years old, and have a valid email address and Social Security number.

Customers who have a foreign address can register and sign in with ID.me to access *my* Social Security. Please see “If you live outside of the U.S.”

If you have a valid email address, you are ready to create your personal *my* Social Security account. Please note:

- If you already have a Login.gov or ID.me account, you can select the appropriate button to sign in and access your personal *my* Social Security account. If you have previously verified your identity with Login.gov or ID.me, you do not need to verify your identity again with us.

- If you don’t have a Login.gov or ID.me account, select either the “Create an Account” link to create a Login.gov account or the “Sign In with ID.me” button to create an ID.me account to start this one-time registration process. If you create a new Login.gov credential, we will still complete the identity verification.
part, so you will need to provide some personal information to us. You will also receive an activation code from us to complete the process. ID.me conducts their own identity verification process.

If you live outside of the U.S.

Customers who have a foreign address can register and sign in with ID.me to access my Social Security. To create a personal my Social Security account or an ID.me account, visit www.ssa.gov/myaccount. Select the “Create an Account” button and then select “Sign in with ID.me.” If you don’t already have an ID.me account, select the “Create an ID.me account” and follow the instructions. On the “Verify Your Identity” screen, select the “I don’t live in the United States” link at the bottom of the page. Once you create the credential, you will return to the my Social Security webpage for next steps.
If you’re an employer

You can use Business Services Online to:

• Upload a wage report file.
• Manually enter up to 50 W-2s directly into a W-2 template, submit them all to us electronically, and print copies to give to your employees.
• View the status of previously submitted wage reports.
• Verify the names and Social Security numbers of your employees.

Contacting Us

The most convenient way to do business with us is to visit www.ssa.gov to get information and use our online services. There are several things you can do online: apply for most types of benefits; start or complete your request for an original or replacement Social Security card; find publications; and get answers to frequently asked questions.

When you open a personal my Social Security account, you have more capabilities. You can review your Social Security Statement, verify your earnings, and get estimates of future benefits. You can also print a benefit verification letter and get a replacement SSA-1099/1042S. Access to your personal my Social Security account may be limited for users outside the United States.
If you don’t have access to the internet, we offer many automated services by telephone, 24 hours a day, 7 days a week, so you may not need to speak with a representative.

If you need to speak with someone, call us toll-free at 1-800-772-1213 or at our TTY number, 1-800-325-0778, if you’re deaf or hard of hearing. A member of our staff can answer your call from 8 a.m. to 7 p.m., Monday through Friday. We provide free interpreter services upon request. For quicker access to a representative, try calling early in the day (between 8 a.m. and 10 a.m. local time) or later in the day. **We are less busy later in the week (Wednesday to Friday) and later in the month.**

If you live outside of the United States, visit the Social Security Office of Earnings & International Operations page to find the office that serves your country of residence.