You can create a personal my Social Security account to access your Social Security Statement, check your earnings, and get your benefit estimates.

If you receive benefits, you can also:
- Get your benefit verification letter.
- Get a replacement SSA-1099 or SSA-1042S for tax season.
- Request a replacement Medicare card.

Social Security beneficiaries in the U.S. only:
- Change your address and phone number.
- Start or change your direct deposit.

Even if you do not currently receive benefits, you can:
- Check the status of your application or appeal.
- Get a benefit verification letter stating that you:
  — Never received Social Security benefits, Supplemental Security Income, or Medicare.
  — Received benefits in the past, but do not currently receive them. (The letter includes the date your benefits stopped and how much you received that year.)
  — Applied for benefits but haven’t received a decision yet.

You can also opt out of receiving notices in the mail that are available online. In most states, you can request a replacement Social Security card using your personal my Social Security account if you meet certain requirements (in the U.S. only).

Create your personal my Social Security account

We have modernized how you sign up for a personal my Social Security account. Instead of creating a username and password that can only be used with us, all new my Social Security customers will now create a credential with our credential service providers Login.gov or ID.me. This provides an alternative method for people to access my Social Security.

To create a personal my Social Security account, you must be a U.S. citizen, at least 18 years old, and have a valid email address and Social Security number.

Once you have a valid email address, you are ready to create your personal my Social Security account. Go to www.ssa.gov/myaccount and select the “Create an Account” button.

If you already have a Login.gov or ID.me account, you can select the appropriate button to sign in and access your personal my Social Security account. If you have previously verified your identity with Login.gov or ID.me, you do not need to verify your identity again with us. Customers who have a foreign mailing address must register and sign in with ID.me to access my Social Security.

If you don’t have a Login.gov or ID.me account, select either the “Create an Account with Login.gov” link to create a Login.gov account or the “Sign In with ID.me” button to create an ID.me account. This will start your one-time registration process. If you create a new Login.gov credential, we will still complete the identity verification part, so you will need to provide some personal information to us. You will also receive an activation code from us to complete the process. ID.me conducts their own identity verification process.

Using your activation code to finish creating your personal my Social Security account

If you created a Login.gov credential, you will receive an activation code to finish setting up your personal my Social Security account. You only have to do this part once. You are given the option to receive your activation code by postal mail, text message, or automated voice phone call.
If you receive your activation code via text message or phone call, you can finish creating your account right away. If you receive your code by mail, you will need to go to www.ssa.gov/myaccount and select “Finish Setting Up Your Account” after receiving the code.

After successfully creating your account, you will be redirected to the my Social Security Terms of Service screen prior to accessing your account.