



Social Security

Apply Online For Disability Benefits



The most
convenient way to
apply for disability

www.socialsecurity.gov

Apply Online For Disability Benefits

Why should I apply online for Social Security disability benefits?

Applying online for disability benefits offers several advantages:

- You can start your disability claim immediately. There is no need to wait for an appointment;
- You can apply from the convenience of your home, or on any computer; and
- You can avoid trips to a Social Security office, saving you time and money.

How secure is my personal information?

We use the most secure technology on the Internet to keep your information private.

How do I apply online?

Follow these simple steps:

Step 1 — Go to www.socialsecurity.gov and select “Apply online for disability benefits.”

Step 2 — Fill out the *Disability Benefit Application*.

Step 3 — Answer the disability questions.

Step 4 — Mail or take the documents we ask for to your Social Security office.

Is the process easy to follow?

Yes. We ask only the questions that pertain to your situation, and we provide links to more information. Also, there are examples to help you. You can print or save a copy of the information you enter.

What information should I gather before I get started?

For the *Online Adult Disability Benefit Application*, you should have:

- Your Social Security number;
- If you were born outside the United States or its territories, the name of your birth country at the time of your birth (it may have a different name now), Permanent Resident Card number (if you are not a U.S. citizen);
- If you were in the military service, the type of duty and branch, and also your service period;
- Your W-2 Form from last year or, if you were self-employed, your federal income tax return (IRS 1040 and Schedules C and SE);
- Direct deposit numbers (from a check, or ask your financial institution for the numbers) to have your monthly benefits deposited automatically;

- Information about any workers' compensation claim you have filed, including date of injury, claim number, and proof of any payments made to you;
- The name, address, and phone number of someone who knows about your condition and can help with your claim;
- Information about your illnesses, injuries, and conditions, including dates of treatment, and patient ID numbers; and the names, addresses, and phone numbers of the medical providers who treated you;
- Names and dates of medical tests you have had and who requested the tests;
- Names of medicines you are taking and who prescribed them;
- Medical records that you already have; and
- A list of up to five jobs and dates you worked during the last 15 years.

Do I have to finish all the questions in one session?

No. If you need more time, you can save the information you entered and then stop. We will give you a re-entry number that you can enter when you want to return to answer the rest of the questions.

What if I can't answer everything?

Even if you are unable to answer all of the Disability questions, you may still submit it to us. We will help you get the missing information.

However, make sure you select the “Submit Now” button.

What happens next?

We will ask you to sign a medical release form (SSA-827) that allows us to get information from your doctors. You can do this electronically as part of the online Disability application, or you can print, sign, and send the form to your Social Security office.

You will be able to print a cover sheet that you can use to send us the signed medical release and any medical records you already have in your possession.

We will contact you if we need more information about your claim.

Once we have all the information we need to make a decision about your disability claim, we will send you a letter.

Availability

The online forms are available to you seven days a week during the following hours (Eastern time):

Monday – Friday: 5 a.m. until 1 a.m.

Saturday: 5 a.m. until 11 p.m.

Sunday: 8 a.m. until 11:30 p.m.

Holidays: 5 a.m. until 1 a.m.

Contacting Social Security

Visit www.socialsecurity.gov anytime to apply for benefits, open a **my Social Security** account, find publications, and get answers to frequently asked questions. Or, call us toll-free at **1-800-772-1213** (for the deaf or hard of hearing, call our TTY number, **1-800-325-0778**). We can answer case-specific questions from 7 a.m. to 7 p.m., Monday through Friday. Generally, you'll have a shorter wait time if you call after Tuesday. We treat all calls confidentially. We also want to make sure you receive accurate and courteous service, so a second Social Security representative monitors some telephone calls. We can provide general information by automated phone service 24 hours a day. And, remember, our website, www.socialsecurity.gov, is available to you anytime and anywhere!



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